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The Constituent College

SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA



**Report on “B-STAR: BLDE - Student Training in Academic Research ICMR STS Workshop”
For Phase II MBBS Students**



BLDE (DEEMED TO BE UNIVERSITY)
SHRI B.M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

Research and Development Cell

In association with

Department of Community Medicine



B-STAR

BLDE – Student Training in Academic Research

ICMR STS WORKSHOP

From Blank Page to Funded Proposal

For Phase II MBBS Students



18th May 2026



03:00 to 05:00 p.m.



Anatomy Gallery Hall

Sl. No	Time	Topic	Resource person
1	03:00 to 3:15 P.M.	Introduction to ICMR STS & Undergraduate Research	Dr. Chandrika R Doddihal Dy. Director, R & D Cell, BLDE (DU)
2	03:15 to 03:30 P.M.	How to Identify a Research Problem	Dr. Jyoti Khodnapur Addn. Prof. Dept. of Physiology SBMPMC & RC, BLDE (DU)
3	03:30 to 03:45 P.M.	Framing a Research Question & Writing Objectives	Dr. Shrilaxmi Bagali Addn. Prof. Dept. of Physiology SBMPMC & RC, BLDE (DU)
4	03:45 to 04:00 P.M.	Study Designs & Methodology	Dr. Shailaja Patil Prof. Dept. of Community Medicine SBMPMC & RC, BLDE (DU)
5	04:00 to 04:15 P.M.	Turning Your Research Idea into an ICMR Grant	Dr. Sudarshan Reddy Prof. of Pharmacology SBMPMC & RC, BLDE (DU)
6	04:15 to 04:30 P.M.	Using AI Tools for Research & Literature Review	Dr. Surekha Hippargi Prof. & HoD of Pathology SBMPMC & RC, BLDE (DU)
7	04:30 to 04:45 P.M.	Research Ethics & Plagiarism Awareness	Dr. Tanuja Pattankar Asso. Prof. Dept. of Com. Medicine SBMPMC & RC, BLDE (DU)
8	04:45 to 05:00 P.M.	Common Challenges in STS Proposal Writing	Yashwanth Chowdary MBBS Student

Dr. Sudarshan Reddy, Coordinator

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

BLDE (DU): Phone: +918352-262770, Fax: +918352-263303, Website: www.bldedu.ac.in, E-mail: office@bldedu.ac.in

College: Phone: +918352-262770, Fax: +918352-263019, E-mail: bmpmc.principal@bldedu.ac.in



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The “**B-STAR: BLDE - Student Training in Academic Research ICMR STS Workshop**” on the theme “*From Blank Page to Funded Proposal*” was organized for Phase II MBBS students with the objective of encouraging undergraduate research and guiding students in preparing quality ICMR STS proposals. The workshop brought together experienced faculty members from various departments of BLDE (DU), who shared valuable insights into different aspects of medical research.

The program commenced at 3:00 PM with an introductory session on *ICMR STS and Undergraduate Research* by **Dr. Nirmala G Co-ordinator (R & A), BLDE (DU)**. She highlighted the importance of research exposure during undergraduate medical education and explained the opportunities available through the ICMR Short Term Studentship (STS) program.

This was followed by a session on *How to Identify a Research Problem* by **Dr. Jyoti Khodnapur, Additional Professor, Department of Physiology**. The session emphasized identifying clinically relevant and feasible research problems.

Dr. Shrilaxmi Bagali, Additional Professor, Department of Physiology, then delivered an informative talk on *Framing a Research Question and Writing Objectives*. She explained the importance of developing clear, focused, and measurable research objectives.

Dr. Shailaja Patil, Professor, Department of Community Medicine, discussed *Study Designs and Methodology*. The session covered various research methodologies, study designs, and the significance of proper planning in research execution.

The workshop further included a session by **Dr. Sudarshan Reddy, Professor of Pharmacology**, on *Turning Your Research Idea into an ICMR Grant*. He guided students on preparing competitive proposals and highlighted key points necessary for successful grant applications.

A highly engaging session on *Using AI Tools for Research and Literature Review* was conducted by **Dr. Surekha Hippargi, Professor and Head of Pathology**. She demonstrated how artificial intelligence tools can support literature search, data organization, and academic writing.

Subsequently, **Dr. Tanuja Pattankar, Associate Professor, Department of Community Medicine**, addressed the topic *Research Ethics and Plagiarism Awareness*. The session stressed the importance of ethical conduct, originality, and responsible research practices.



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The final session on *Common Challenges in STS Proposal Writing* was delivered by MBBS student **Yashwanth Chowdary** along with Dr. Sudarshan Reddy, Coordinator. They discussed practical difficulties faced by students while writing proposals and provided useful tips to overcome them.

Overall, the workshop was highly informative and beneficial for Phase II MBBS students. It enhanced students' understanding of research methodology, proposal writing, ethics, and the application process for ICMR STS projects. The program successfully motivated students to actively participate in undergraduate research activities and develop scientifically sound research proposals.

DIRECTOR
RESEARCH AND DEVELOPMENT CELL
BLDE (Deemed to be University)
Vijayapura-586103, Karnataka



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Attendance Sheet

Event: B-Star ICMR STS Workshop (Phase II MBBS)

Date: 18th May 2026

Venue: Anatomy Gallery Hall

Timing: 03:00 PM to 05:00 PM

Sl. No	Name of the Student	Registration No.	Email ID	Contact No	Sign
1.	Sanjana. S. Halagatti	24BM0141	sanjana5930halagatti@gmail.com	9901919254	
2.	Priyanka B. Kaluti	24BM0120	kalutipriyanka39@gmail.com	8660691436	
3.	Aditi. S. Kamati	24BM0009	aditiskamati011@gmail.com	9741729698	
4.	Sahana. V. Ningasani	24BM0133	g05601964@gmail.com	7019241414	
5.	Gouri Tungal	24BM0048	gouritungal123@gmail.com	9019987541	
6.	Vivek Gangthade	24BM0044	mr.vivek.3977@gmail.com	8766648672	
7.	Chinmay Sinalkar	24BM0160	ChinmaySinalkar2112@gmail.com	7058252112	
8.	Hrithika Gupta	24BM0056	hrithika2105@gmail.com	9826082005	
9.	Vijay lande	24BM00188	vijayland26@gmail.com	7020908783	
10.	Durlabha Maken	24BM0039	durlabhaken0501@gmail.com	9156744408	
11.	Jiya Verma	24BM0061	jiya.nhss2412@gmail.com	8654370091	
12.	Atharva Prakash Edge	24BM0040	Atharvaedge6990@gmail.com	7709217540	
13.	Sanket Malwade	24BM0084	Sanket1Malwade@gmail.com	8446866163	
14.	Garima Mishraikotkar	24BM0046	garima.dms5@gmail.com	9765032701	
15.	Pari Kandakure	24BM0066	parikandakure@gmail.com	9856631162	
16.	Gautam. C. Hongal	24BM0047	gchongal7@gmail.com	8351171292	

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.



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Sl. No	Name of the Student	Registration No.	Email ID	Contact No	Sign
16.	Abir Bakshi	24BM0006	abirbakshi@gmail.com	9498479582	Abir Bakshi
17.	Purab Kalthans	24BM0122	purabkalthans@gmail.com	7738565533	Purab
18.	Nishita Ramagonda	24BM0101	nishita@gmail.com	982025546	Nishi
19.	Sudhanva Vadeyar	24BM0170	sudhanvavadeyar123@gmail.com	7975752979	Sudhanva
20.	Shivam. Meshette	24BM0151	shivammeshette2004@gmail.com	8485885301	Shivam
21.	Pooja Kamalapur	24BM0115	poojakamalapur2@gmail.com	7019535032	Pooja
22.	Sakshi S. Nikam	24BM0099	sakshinikam1718@gmail.com	7666082886	Sakshi
23.	Smriti Gaikwad.	24BM0169	smritigaikwad531@gmail.com	7020822690	Smriti
24.	Neha Das	24BM0096	nehadas2577@gmail.com	9834496366	Neha
25.	Samikshya Suar	24BM0138	samikshyasuar2004@gmail.com	9958644877	Samikshya
26.	Vaishnavi Kandurkar	24BM0058	vaishnavikandurkar@gmail.com	8459787249	Vaishnavi
27.	Vedang Karkade	24BM0186	vedangkarkade@gmail.com	9356651811	Vedang
28.	Nishchal. S. Kulkarni	24BM0100	nishchalkulkarni4@gmail.com	8073749065	Nishchal
29.	Vivek Matlakute	24BM0088	vivekmatlakute@gmail.com	9075153799	Vivek
30.	Divya	24BM0037	radhaalagesan789@gmail.com	819724382	Divya
31.	Sakshi Phedbare	24BM0108	sakshiphedbare70@gmail.com	8446304998	Sakshi
32.	Pritam Singh M Jadhav	24BM0119	pritamsinghmj983@gmail.com	8310004620	Pritam
33.	Chirag. S. Javali	24BM0028	chiragsjavali@gmail.com	8431377189	Chirag
112.	HARSHATH KUMAR S	24BM0055	sharsh2022@gmail.com	7200439429	Harshath

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

115 Pranav Siddha .

24BM0158.

Pranav Siddha 012@gmail.com 9426324321

Pranav



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Sl. No	Name of the Student	Registration No.	Email ID	Contact No	Sign
34.	Prajwal R Udegutti	24BM0113	prajwalr12004@gmail.com	9538850231	
35.	Gowri Chandel	24BM0026	gowrichandel@gmail.com	8421310291	
36.	Rachith veeranna	24BM0123	rachithveeranna@gmail.com	96361940422	
37.	Shaurya Singh	24BM0150	shaurya.singh@gmail.com	8757839476	
38.	Siya Shetty	24BM0161	siyashetty@gmail.com	9870592331	
39.	Chalawathi N	24BM0024	nchalawathi06@gmail.com	9900995505	
40.	Rashmi Joshi	24BM0127	rashmi21joshi12@gmail.com	9156960299	
41.	Harsha HS	24BM0054	harshahs9860@gmail.com	6363522532	
42.	Anish Nair	24BM0017	anishnair@gmail.com	7962726363	
43.	Priyanka Chavan	24BM0121	pc0354525@gmail.com	8983642306	
44.	Rajnardinee Karande	24BM0124	rajnardineekarande@gmail.com	7620398141	
45.	Shivani Hosmani	24BM0152	shivanihosmani5@gmail.com	8983286511	
46.	Sharvani Basidoni	24BM0149	sgbasidoni@gmail.com	7676173529	
47.	Vassha Shankar Athani	24BM0184	athanivassha3@gmail.com	6360228417	
48.	Vaishnavi P	24BM0183	vaishnavi.p1624@gmail.com	8660515553	
49.	Keerthi Patil	24BM0070	keerthipatil30@gmail.com	7483598577	
50.	Sneha Ramaraguda patil	24BM0164	snehapatil1166@gmail.com	8123795727	
51.	Ananya Baskal	24BM0016	AnanyaBas15@gmail.com	9004882755	
113.	Haripriya Deshpande	24BM0051	Haripriyapd29@gmail.com	7795543464	

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

BLDE (DU): Phone: +918352-262770, Fax: +918352-263303, Website: www.bldeu.ac.in, E-mail: office@bldeu.ac.in | College: Phone: +918352-262770, Fax: +918352-263019, E-mail: bmpmc.principal@bldeu.ac.in

114. Nerella Satvik

24BM0097

nerella.satvik007@gmail.com

8977591333

nsatvik

120 Malavika U 24BM0083 malavikaupv@gmail.com 8088030841 MU
 121 Anandita Sujesh 24BM0014 ananditasujesh@gmail.com 9740306292 AS
 122 Ananya Khembre 24BM0015 ananyakhembre@gmail.com 9834019732 Ananya
 123 Atharva Naghmare 24BM0191 atharvanaghmare@gmail.com 7498047714
 124 Yash Rameshwar Kande 24BM0067 yashkandey@gmail.com 9823327440



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Sl. No	Name of the Student	Registration No.	Email ID	Contact No	Sign
52.	Piyush Gadiya	24BM0109	piyushgadiya1406@gmail.com	8177888408	<u>Piyush</u>
53.	Prasad Kulkarni	24BM0116	prasadkulkarni1516@gmail.com	8177888016	<u>Prasad</u>
54.	Tanvi Watharkar	24BM0192	tanviw13@gmail.com tanviwatharkar20@gmail.com	7058617479	<u>Tanvi</u>
55.	Prisha Mandalia	24BM0118	prishanimesh1006@gmail.com	8920741563	<u>Prisha</u>
56.	Nidhi Rao	24BM0098	nidhi.rao233@gmail.com	9579086695	<u>Nidhi</u>
57.	Mariyam Khueja	24BM0086	mariyamfk65@gmail.com	9075866092	<u>Mariyam</u>
58.	Laiba Jameel Ahmed Khan	24BM0080	laibajameel194@gmail.com	7559326104	<u>Laiba</u>
59.	Poorva Kuthade	24BM0079	poorvakuthade17@gmail.com	9307548813	<u>Poorva</u>
60.	Bwarali Vinod Umode	24BM0174	owaralivrmode@gmail.com	8767021813	<u>Bwarali</u>
61.	Mohammad Huzairah Wasi	24BM0090	Huzairahwasi777@gmail.com	8296448287	<u>Mohammad</u>
62.	Snehith Sankar	24BM0166	Snehithsankar06@gmail.com	7200071827	<u>Snehith</u>
63.	Shubham Achare	24BM0007	Shubhamachare74@gmail.com	8472169891	<u>Shubham</u>
64.	Anish Nair	24BM0017	Anish6969@gmail.com	7125166783	<u>Anish</u>
65.	Joshua Pinto	24BM0062	joshvapinto2005@gmail.com	9156880952	<u>Joshua</u>
66.	Tannay Kodu	24BM0062	tannaykodu27@gmail.com	9156808589	<u>Tannay</u>
67.	Omkar Tode	24BM0179	omkarpatilomkarpatil019@gmail.com	9025134752	<u>Omkar</u>
68.	Chandaram Sutar	24BM0025	chandansutar03@gmail.com	9022238996	<u>Chandaram</u>
69.	Arpit Shrivastav	24BM0019	arpittt426@gmail.com	8779678323	<u>Arpit</u>

114. H.S. Jnanavi 24BM0050 jnanavi8757@gmail.com 9740228129
 119. Taslim 24BM0023 taslim26@gmail.com 7009623891

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

120. Vikas Kalidas Kawade 24BM0069 vikaskawade1819@gmail.com 9322854312 Kawade

★ 117 Rakshita .M.H
118 sneha .M.

24BM0126
24BM0163

rakshita5@gmail.com 8861894837
sneha.mathapati71@gmail.com 9108636508 sneha



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Sl. No	Name of the Student	Registration No.	Email ID	Contact No	Sign
70.	Tushar Agrawalla	24BM0182	Tusharagrawalla@gmail.com	90423486128	
71.	Rohan Patil	24BM0130	patilrohan4321008@gmail.com	7447544728	
72.	Rutu .K	24BM0131	rutu.k2911@gmail.com	7338547647	
73.	Samanyu Singh	24BM0137	samanyusingh@gmail.com	8957656584	
74.	Reshwin Wilfer Mendonca	24BM0129	reshwinwilfer@gmail.com	9188469535	
75.	Satyam Sharma	24BM0143	Satyamsharma63161@gmail.com	9905322353	
76.	Gardade Shreya Sunil	24BM0045	shreyagardade.07@gmail.com	8600885439	
77.	Diya Mujafar sayyad	24BM0038	sayyaddiyan207@gmail.com	8888090454	
78.	Vaishnavi Gaikwad	24BM0043	vaishnavigaikwad@gmail.com	8237044047	
79.	Deepansha Gaikwad	24BM0041	deepanshagaikwad2023@gmail.com	2219095297	
80.	Suhasisi P	24BM0172	-	9019712015	
81.	Hasti sahaj Mehta	24BM0089	hasti2007mehta@gmail.com	8999250110	
82.	swayam Kuge	24BM0078	swayamkuge@gmail.com	7558429399	
83.	Sumit Choudhary	24BM0029	Sumit choudhary416@gmail.com	9356701299	
84.	Shrawan Kumar Singh	24BM0153	Shrawan singh0826@gmail.com	8252053549	
85.	Prakhar Sharma	24BM0114	Prakhar Sharma Prakhar622@gmail.com	8000703628	
86.	Astitwa Chaturvedi	24BM0122	astitwanishra@gmail.com	9903398728	
87.	Harsh Raj	24BM0053	Harshvatsingh@gmail.com	6200858943	
115	Tina Sancheti	24BM0178	tinasancheti16@gmail.com	8484051639	
116	Saloni Nahata	24BM0135	saloninahata@gmail.com	7009697928	
115	Kiran Ghavate	24BM0075	ghavatekiran@gmail.com	7058248575	

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

BLDE (DU): Phone: +918352-262770, Fax: +918352-263303, Website: www.bldeu.ac.in, E-mail: office@bldeu.ac.in | College: Phone: +918352-262770, Fax: +918352-263019, E-mail: bmpmc.principal@bldeu.ac.in

109. Vidhi Pol
110. Gurcutanaya Manisa



24BM0187
24BM0049

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SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

Pol. vidhi@gmail.com
manisagurcutanaya@gmail.com

9348078235



W/O Gurcutanaya

Sl. No	Name of the Student	Registration No.	Email ID	Contact No	Sign
88.	Smita Rani Sabat	24BM0162	Smitasabat1667@gmail.com	9861567970	Smita
89.	Sonali Srivastava	24BM0167	SonaliSrivastava1011@gmail.com	99791728613	Sonali
90.	Krishnarajsinh D Chauhan	24BM0077	Krishchauhan1301@gmail.com	9726111082	Krishnaraj
91.	Swayambhu R Ekhande	24BM00175	Ekhandeswayambhu@gmail.com	7666554247	S
92.	Sahil Gundewar	24BM0134	sahilgundewar78@gmail.com	8177822174	Sahil
93.	SHAIKH AFIFA	24BM0147	shaikhafifa083@gmail.com	9356429394	Afifa
94.	Sayali Dhapeyankar	24BM0030	SayaliVDhapeyankar@gmail.com	9307257443	Sayali
95.	Vasundara C.K	24BM0185	vckarijoudar@gmail.com	9019501260	VK
96.	Yashika Khatri	24BM0197	yashikanilkhatri@gmail.com	9146861103	Yashika Khatri
97.	Shrinidhi B Patil	24BM0156	VKarijoudar@gmail.com	8123366591	Shrinidhi
98.	Shubham Yadav	24BM0194	ss9391454@gmail.com	8928142544	Shubham
99.	Pratham Wajkule	24BM0193	WajkulePratham@gmail.com	7756963770	Pratham
100.	Yash Jainwal	24BM0196	YashJainwal@gmail.com	8240023382	Yash
101.	Prakhar Sharma	24BM0114	PrakharSharma@gmail.com	8000703628	Prakhar
102.	Chandrasen Sutar	24BM0025	ChandrasenSutar@gmail.com	9622230906	Chandrasen
103.	Satvik Mesella	24BM0057	SatvikMesella@gmail.com	8977591333	Satvik
104.	Somyu Singh	24BM0137	Somyusingh@gmail.com	82567892	Somyu
105.	Ganesh Jagtap.	24BM0057	Jagtapganesh580@gmail.com	9970949104	Ganesh

106. Digvijay Devapure

24BM0032
24BM0020

devapuredigvijay96@gmail.com
digvijaydevapure20@gmail.com

7447309599
9309901272

107. Anya Bhayekar Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura 586103, Karnataka, India.

108. Mannat Ashai

24BM0085

mnashai111205@gmail.com

9987555848