



BLDE
(DEEMED TO BE UNIVERSITY)
Smt. Bangaramma Sajjan Campus, B. M. Patil Road,
Vijayapura – 586103

Placement Cell

Report of the Short Term Training Program (STTP) on Personality Development:

As a part of the Pre-Placement activity, the placement cell of BLDE(DU) organized Short Term Training Program (STTP) on Personality Development for students of Physiotherapy Course (2021 batch) from 13th to 18th October 2025 at Lecture hall no1, School of Physiotherapy. The program aimed to enhance the personal, social, and professional competencies of students by focusing on self-awareness, communication skills, emotional intelligence, and leadership qualities essential for holistic growth and career success. The STTP consisted of lectures, workshops, group discussions, role plays, and self-assessment activities. Dr. Siddaling Talikoti was the resource person for STTP and he incorporated the following

- Interactive sessions on self-motivation and goal setting.
- Practical exercises on communication and presentation skills.
- Group activities promoting leadership, cooperation, and empathy.
- Mindfulness and relaxation techniques for stress reduction.

The Short Term Training Program on Personality Development proved to be a valuable learning experience for all the students as there were many activity based learning. It successfully met its objectives by equipping learners with essential life skills that complement academic and professional excellence.