



BLDE
(DEEMED TO BE UNIVERSITY)
Smt. Bangaramma Sajjan Campus, B. M. Patil Road,
Vijayapura – 586103

Placement Cell

Report of the Workshop on Mind Controlling:

As a part of the Pre-Placement activity, the placement cell of BLDE(DU) organized a workshop on Mind Controlling for students of Physiotherapy Course (2021 batch) on Monday 27th October 2025 at Devid Bruce Lecture Hall, Department of Microbiology, Shri. B. M. Patil Medical College, Hospital & Research Centre. The workshop aimed to provide participants with insights into techniques and concepts related to controlling and channeling the power of the mind to improve personal and professional outcomes. Dr. Siddaling Talikoti was the resource person for the workshop and he conducted candlelight exercises to enhance concentration and mind controlling.

The workshop on Mind Controlling successfully highlighted the immense potential of the human mind when trained effectively. It encouraged the students to develop consistent mental discipline and use learned techniques for personal growth and well-being. The students found the workshop engaging and informative. They appreciated the balance between theory and hands-on practice. Many reported gaining new insights into managing emotions and improving concentration.