



**BLDE**

(DEEMED TO BE UNIVERSITY)

Declared as Deemed to be University u/s 3 of UGC Act, 1956

Accredited with 'A' Grade by NAAC (Cycle-2)

The Constituent College

SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

**BLDE(DU)/AHS-PC/2022-23/**

**Date: 05<sup>th</sup> December 2023**

**Report of the Workshop on the topic “Time Management” as a part of the Pre-Placement activity for the outgoing students of AHS, BLDE(DU), Vijayapura.**

As a part of the Pre-Placement activity for the outgoing students of AHS, the workshop on “**Time Management**” was conducted on 4<sup>th</sup> December 2023 (Monday). The program was conducted in the Anatomy Gallery hall from 3.00 pm onwards and was coordinated by Dr. Siddaling Talikoti, Placement Officer BLDE(DU), Vijayapura.

In the session, the following contents were emphasized,

1. What is Time Management?
2. Overview.
3. Why do we need Time management?
4. Inclusion of Time management.
5. Characteristics of Good Time Manager.
6. Benefits of Stress management.
7. Q & A session.

The workshop concluded on a positive note, and the students were happy and gave positive feedback for the initiative taken by the Placement Cell. The students are convinced in all aspects of the workshop.