

BLDE

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RESEARCH & DEVELOPMENT CELL



3MT 2023 THREE MINUTE THESIS COMPETITION



07TH MAR, 2023 | 3.00 PM



MEDICAL EDUCATION HALL,
BLDE(DU)



LAST DATE FOR ENTRIES: 15TH FEB, 2023

Contact for more info

Email: deanrd@bldedu.ac.in

Phone: +91-8861040778/8310089978



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The Constituent College

SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

RESEARCH AND DEVELOPMENT CELL

06-02-2023

CIRCULAR

BLDE (Deemed to be University) Research and Development Cell is organizing a unique 3MT (3 Minutes Thesis) presentation for Postgraduates and Ph.D. Scholars on 25th February 2023, 3 PM onwards at Academic Council Hall.

All the HoD's/PG Guides and Ph.D. Guides are informed to encourage their PGs/PhDs to participate in the same.

The entries should be emailed in the format given below before 15th February 2023, 5.00 PM to deanrd@bldedu.ac.in.

Please find the instructions for the competition attached for your information.

PRINCIPAL.

PRINCIPAL

BLDE (Deemed to be University)

Shri B. M. Patil Medical College

Hospital & Research Centre,

VIJAYAPUR-586103

3MT (3 Minute Thesis) presentation

The three-minute thesis (3MT) is a new format of research presentation wherein the challenge is to explain your research to an intelligent non-specialist audience in under 3 minutes with limited visual aids.

Eligibility:

- PG Students who have successfully submitted their dissertation
- PhD scholars who have not yet completed their viva are eligible to participate.

Rules:

- One single static PowerPoint slide is permitted
- No slide transitions, animations or 'movement' of any description are permitted;
- Slide is to be presented from the beginning of oration;
- No additional electronic media (e.g. sound and video files) are permitted.
- No additional props (e.g. costumes, musical instruments, laboratory equipment) are permitted
- Presentations are limited to 3 minutes maximum and competitors exceeding 3 minutes are disqualified.
- Presentations are to be spoken word (eg. no poems, raps or songs).
- Presentations are to commence from the stage.
- Presentations are considered to have commenced when a presenter starts their presentation through either movement or speech.
- The decision of the adjudicating panel is final.

Judging Criteria:

The following criteria will guide the judges' decisions. Each criterion is equally weighted and has an emphasis on audience.

A. Comprehension and content

- Presentation provided clear background and significance to the research question
- Presentation clearly described the research strategy/design and the results/findings of the research
- Presentation clearly described the conclusions, outcomes and impact of the research

B. Engagement and communication

- The oration was delivered clearly, and the language was appropriate for a non-specialist audience
- The PowerPoint slide was well-defined and enhanced the presentation
- The presenter conveyed enthusiasm for their research and captured and maintained the audience's attention

Tips for preparing your 3MT presentation:

1. Introduction

- a. Capture the audience's attention at the start with a hook (e.g. ask a question, tell a story, and give a contemporary example).
- b. Introduce yourself briefly after your hook.

2. Body (your research)

- a. Provide context/background of your research.
- b. Keep the messages simple.
- c. Articulate the significance of your research for society.
- d. Use examples that the audience will relate to.

3. Conclusion

- a. Return to your introduction to close your talk.
- b. End on a high note.
- c. Thank the audience!
- d. Remember to keep it under 3 minutes or you will be eliminated from the competition – practice

4. Revise

- a. Proof your 3MT presentation by reading it aloud, firstly to yourself and then to an audience of friends and family.
- b. Ask for feedback.

Suggestions

You may like to consider some of the following suggestions:

- **Less is more:** text and complicated graphics can distract your audience – you don't want them to read your slide instead of listening to your 3MT.
- **Personal touches:** personal touches can allow your audience to understand the impact of your research.
- **Creativity drives interest:** do not rely on your slide to convey your message – it should simply complement your oration.

- **Work your message:** think about how your slide might be able to assist with the format and delivery of your presentation – is there a metaphor that helps explain your research?
- An engaging visual presentation can make or break any oration, so make sure your slide is **legible, clear and concise**.

Further resources

There are many resources available online for further help. Useful ones might include:

[Presenting your research effectively and with confidence](#) - By previous 3MT finalists (Taylor & Francis resource)

[How a competition changed my academic life](#) - By Jamie Khoo, 2018 UK People's Choice winner

[Is it worth doing the three minute thesis?](#) - By Mary Woessner, Victoria University

[How to win the 3 minute thesis](#) - By Dr Inger Mewburn (aka @thesiswhisperer)

[Making the most of your 3 minutes](#) - Simon Clews, University of Melbourne

[Talk nerdy to me](#) - Melissa Marshall's TED talk

[Vitae's 3MT webpages](#)



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RESEARCH AND DEVELOPMENT CELL

REGISTRATION FORM

S.NO	Particulars	Details
1	Name of Student/Scholar	
2	Name of Guide	
3	Department	
4	Title of the Thesis	
5	Abstract	<input type="radio"/> Attached <input type="radio"/> Not Attached

Note: Please attach abstract of your thesis (Max 300 words)

ABSTRACT

Introduction: Cilnidipine is a 4th generation calcium channel blocker (CCB). It inhibits both L/N type calcium channels. Vascular smooth muscle contains L-type CC, while presynaptic nerve terminals contain N-type CC. Very few research studies have been done to clarify how N-type CCB affect nitric oxide suppressed hypertensive rats.

Aim and objectives: The purpose of our study was to show protective effect of cilnidipine on L-NAME (N^{G} -nitro-L-arginine methyl ester hydrochloride) and L-NAME plus salt (4% NaCl) induced hypertension rats. Objectives of our study are to develop experimental hypertensive rat model, to assess the cardiovascular electrophysiology parameters (BP, HRV), Serum and kidney tissue molecular biology parameters (eNOS, ACE, VEGF), Renal injury parameters (24hr protein, creatine clearance).

Material and methods: Six sets of 36 male Albino Wister rats were collected from an institutional animal house (six rats in each group). Group1(control), group2 cil (cilnidipine-2mg/kg body weight/day), group3 L-NAME (40 mg/kg body weight/day), group4 treated with L-NAME and cil, group 5 treated with L-NAME and 4% NaCl, group 6 L-NAME, cil and salt treated. All experimental animals underwent gravimetry before and after intervention. Blood pressure (BP) were monitored weekly for 28 days by non invasive method. Serum and kidney tissue MDA levels were estimated as oxidative stress markers. Serum and kidney tissue nitric oxide levels were measured. Proteinuria and creatinine clearance were measured. Serum eNOS, Ang II and urinary Ang II levels were quantitatively measured by ELISA technique. Relative expression of serum and kidney tissue NOS3, ACE and VEGF protein levels were done by Western Blotting. Histopathological examination of the Aorta and kidney tissue was done.

Results: Cilnidipine treatment was able to 1) reduce MAP and HR) reduce sympathetic activity 3) decrease serum and kidney tissue MDA levels 4) increase the bioavailability of NO 5) decreased proteinuria and improvement in creatinine clearance value 6) increase in

eNOS/NOS3 protein expression in serum and kidney tissue 7) decreased in ACE and VEGF protein expression 8) decreased in serum and urinary angiotensin II levels 9) reduced renal glomerulosclerosis and tubular degeneration 10) ameliorate vascular and kidney remodelling resulting from L-NAME induced hypertension.

Conclusion: The present study demonstrates that L-NAME induced hypertension in rats, cause systemic and kidney tissue oxidative stress and increased sympathetic activity causing alteration in the sympathovagal balance. These alterations further proceed to activation of renin angiotensin system (RAS) and further enhances oxidative stress in kidney tissue leading to renal injury. As a dual L/N type calcium channel blocker with added antioxidant capacity, cilnidipine presumably has a helpful function in reducing the pathophysiology of the vascular and renal systems in hypertensive rats. These findings suggest that cilnidipine may act as renal protective agent and reduces glomerular injury in NO deficient hypertensive rats.



Predictive Power Of CRIB-II And SNAPPE-II In Mortality Risk Of Preterm And/Or Low Birth Weight Neonate

Dr Anju T

Department of Paediatrics ,BLDE Deemed to be University Shri.B.M.Patil Medical College and research center

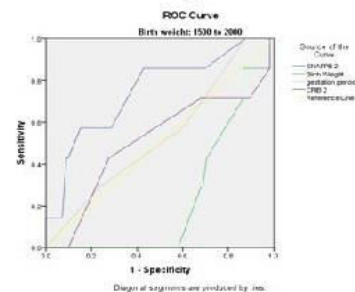
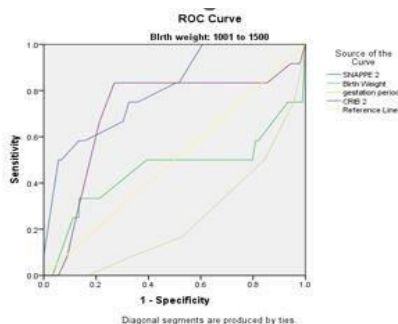
Background

In the recent of era of high risk pregnancy ,preterm & LBW neonates have increased. Improved NICU care has high outcome of these neonates.

Scoring systems have helped in intensification of treatment and counselling

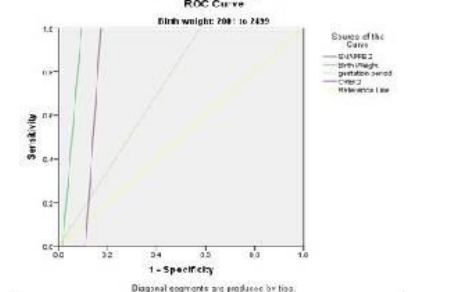
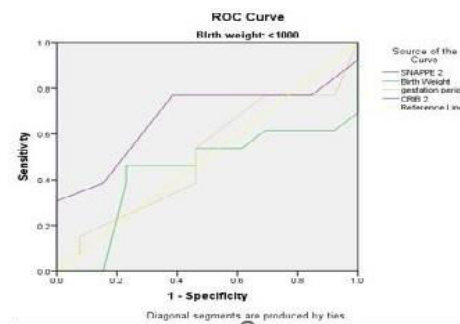
Objective

- Predictive power of CRIB-II & SNAPPE-II neonates in preterm and LBW



STUDY DESIGN: Prospective cohort study. 324 neonates enrolled for a period of 18months. IEC clearance taken.

CRIB II and SNAPPE II parameters like birth weight, gestational age, gender, temperature, APGAR @ 5min, seizures, and urine output were documented.



Methodology

Results

Comparison on birth weight between CRIB II and SNAPPE II

Weight	CRIB II			SNAPPE II		
	AUC	Sensitivity	Specificity	AUC	Sensitivity	Specificity
ELBW	0.672	76%	62%	0.95	84%	95%
VLBW	0.708	66%	79%	0.805	75%	68%
LBW	0.509	72%	34%	0.745	85%	58%

Comparison of Gestational age between CRIB II and SNAPPE II

POG Weeks	CRIB II			SNAPPE II		
	AUC	Sensitivity	Specificity	AUC	Sensitivity	Specificity
26 – 28	0.540	44%	64%	0.798	66%	95%
28 – 32	0.737	61%	80%	0.854	78%	79%
32 – 34	0.679	80%	40%	0.894	66%	90%

Discussion

- The SNAPPE II results of our study similar to Vardhelli *et al.*, with gestational age of ≤ 32 weeks and found good predictive ability for in-hospital mortality with SNAPPE-II (AUC: 0.78)
- Our observations are in agreement with Eldin *et al.*, dCRIB II score had the best extremely low birth neonates (86.7%).

Conclusion

- SNAPPE II score has better predictivity in all LBW neonates CRIB II has a good predictive ability in ELBW neonates and <32 weeks gestation neonates.
- CRIB-II and SNAPPE II, both individually, are superior predictors of neonatal mortality, compared to birth weight and gestational age taken independently

Novelties

- Application of scoring system to LBW neonates universally.
- SNAPPE II is more apt to predict and prognosticate morbidity and mortality in LBW neonates.

Utility for health care system

- Training of HCPs to score LBW neonates at birth/arrival for early referral and intact neurodevelopmental outcome.
- Transport services can be better utilized with this scoring systems.

ASSESSMENT OF COGNITIVE FUNCTIONS IN COVID 19 RECOVERED PATIENTS-AN ICMR FUNDED STUDY.

Dr.M.BHARGAVA SWARAJ
DEPT OF PSYCHIATRY

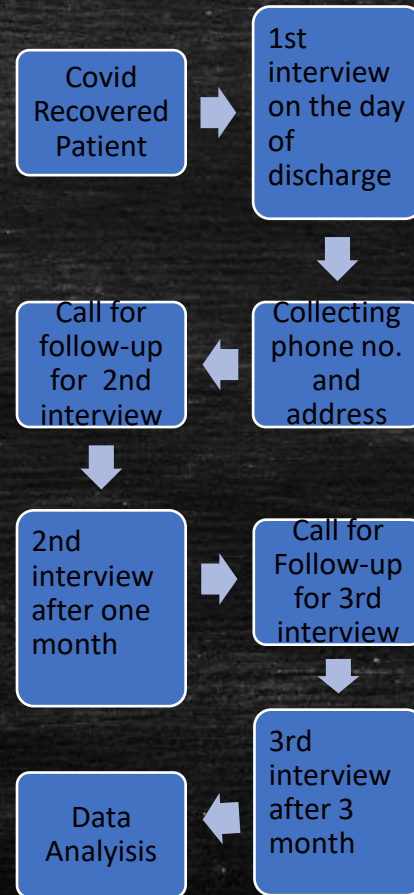
- This SARS COV -2 is known to cause Microvascular and Macrovascular thrombotic phenomena in the vascular system.
- Microvascular subclinical thrombotic phenomena, which occur because of this COVID19 leads to impairment, in cognitive functions, has not been studied much so far in this pandemic.

OBJECTIVES:

1. To assess the cognitive functions in covid-19 recovered patients.
2. To assess the progress of the cognitive changes over a period of three months.

METHODOLOGY:

- This is a Prospective Longitudinal Study.
- **Data collected** :Subjects who have been tested positive for covid-19 and got admitted at Shri B.M. Patil Medical College, Hospital and Research Centre between November 2020 to November 2022.
- **Inclusion criteria** : People in the age group of 18 to 60 years and who are diagnosed as Covid-19 Positive , is interviewed at the time of discharge, after one month and after 3 months.
- **Exclusion criteria** : Any patients with a Pre-existing mental illness or cognitive impairment or patient with mental retardation.
- Previous history of Stroke.



RESULTS:

- ❖ The main findings in this study were that COVID-19 patients exhibited cognitive dysfunction in sustained attention domain .
- ❖ The present results are consistent with currently available data on patients with viral infection.
- ❖ Cognitive dysfunction in patients with viral infection has been commonly reported in prior studies.

CONCLUSION:

- ❖ In the long-term period, there is going to be an influx of patients with psychiatric and cognitive problems who were otherwise healthy prior to COVID-19 infection.

LIMITATION:

- ❖ In this study we have evaluated the immediate effects of SARS-CoV-2 infection on cognitive function , since the certain neuropsychological assessments were done only for a short period after the COVID-19 patients recovered.
- ❖ we did not assess the influence of antiviral therapy and steroidal therapy on cognitive functions.

BACKGROUND

Prediction of outcome of asphyxiated neonates is imperative. Timely intervention and effective resuscitation is beneficial for intact neurodevelopmental outcome. In this study we assess the **oxidative stress levels in neonates and impact of maternal complications on the resuscitation level required at birth.**

OBJECTIVES

- ❑ Assess the MDA level in all newborns and correlation with resuscitation levels and outcome.
- ❑ To assess the level of resuscitation in correlation with maternal risk factors.

STUDY DESIGN

- ❑ Prospective Cohort Study .
- Duration** 18 months (JAN2021- MAY2022)
- ❑ All neonates requiring resuscitation at birth are taken as cases and normal newborns as controls and Malondialdehyde(MDA) level assessed in all the neonates in cord blood. Institutional ethical committee clearance taken.

RESULTS

Pregnancy related Complications	Newborns with Birth Asphyxia(N=29)	Newborns without Birth Asphyxia(N=73)	p-value
Pre-eclampsia	6 (54.5%)	5 (45.5%)	0.042
Placenta Previa	7 (77.8%)	2 (22.2%)	0.001
Prolonged II stage	9 (64.3%)	5 (35.7%)	0.001



Type of Resuscitation/MDA level	MDA level
	Mean (SD)
No resuscitation	3.18 (1.04)
Physical stimulation	7.79 (1.13)
Bag and mask	8.21 (1.19)
CPR	9.18 (1.33)
Intubation	12.90 (2.56)
p-value	<0.001

CONCLUSION

Neonates with high oxidative stress due to maternal risk factors and low APGAR scores required advanced resuscitation. **MDA levels above 7.64 mm/L have 100% sensitivity and 81.4% specificity with respect to severity and mortality in asphyxiated newborns.** Hence cord blood MDA can be a marker of oxidative stress to predict outcomes in asphyxiated newborns.

NOVELTIES

- ❑ Quantification of Oxidative stress is novel by measurement of MDA levels.
- ❑ Significance of association of Maternal Risk Factors requiring advanced resuscitation.

UTILITY FOR HEALTH CARE SYSTEM

- ❑ Training of HCPs in predicting the need of advanced resuscitation.
- ❑ Cord blood MDA can be a marker of oxidative stress to predict outcomes in asphyxiated newborns.

Assessment of mental health & conjugal satisfaction, among spouses of men with alcohol dependence syndrome: A cross sectional study - Dr. Karan Lalwani

❑ Introduction

- Alcohol dependence syndrome is a disorder affecting not only the individual but also its immediate family and most importantly, spouse given their nature of the intimate relationship.
- Alcohol use disorder present in the male partner is associated with poor mental health and marital discord among spouses with them being at greater risk of suffering from psychiatric morbidities

❑ Need for the study

- Till date many Western studies have been conducted on the harmful impact of the consumption of the alcohol on the spouse but not many Indian studies have focused upon the functioning (in terms of coping strategies and resilience) of spouses of alcohol-dependent men in context to their local cultural life

❑ Objectives

- To assess the severity of alcohol dependence
- To assess the mental health and the degree of conjugal satisfaction among the spouses of men diagnosed with alcohol dependent syndrome
- To investigate the association between mental health, conjugal satisfaction in spouses with the severity of alcohol dependence in patients
- To assess the resilience factor and identify the coping strategies adopted by the spouse

❑ Methods

- It was a cross sectional non-interventional study conducted in 71 spouses of alcohol dependent men

❑ Results

- Our study found that 18% of men suffered from mild dependence, 38% had moderate dependence, 44% had severe Dependence.
- Majority of the women were suffering from anxiety and mood disorders
- There was statistically significant association between psychiatric morbidity and severity of alcohol dependence
- Marital satisfaction was found to be inversely proportional to severity of alcohol dependence
- Most common coping strategies employed by majority of the spouses was problem focused and emotion focused engagement strategies
- While assessing resilience we found that majority of spouses in our study scored in lowest quartile range followed by (16%) of women scored in second quartile range, 27% of women scored in third quartile range, and very few (8%) of women scored in top quartile range
- Inverse relationship between the resilience and severity of alcohol dependence

❑ Conclusion

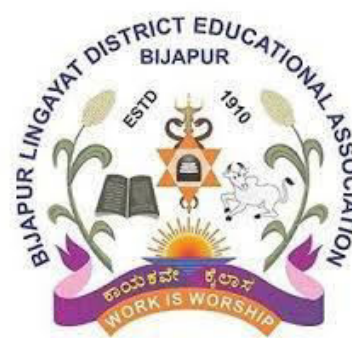
- This study shows us the myriads of psychological problems that spouses of alcohol dependent individuals are going through along with poor marital satisfaction and low resilience. Many a times, due to time constraints clinicians fail to assess the spouses.
- Hence using a holistic approach while treating alcohol dependent individuals will also comprise of looking for psychiatric morbidities along with marital satisfaction, coping skills and resilience in spouses



GENETIC STUDY OF CHEMOKINE RECEPTOR GENE (CCR5) POLYMORPHISM IN ACUTE CORONARY SYNDROME IN VIJAYAPURA POPULATION

SHARAN BADIGER PRASHANTH M.R

Department of General Medicine



BACKGROUND

Acute coronary syndrome is a multifactorial disease with complex pathogenesis, involving regulation of thrombosis, inflammation, cholesterol, and lipid metabolism, but there is a lack of study for the identification of novel genetic markers. Chemokines and its receptor play crucial role in initiation and progression of atherosclerosis. Chemokine receptor 5 (CCR5) is an important mediator of leucocyte recruitment and leukopenesis. Most of the studies conducted on association of CCR5 gene polymorphism and coronary artery disease in different part of world on different population show conflicting results. This influenced us to take up this study in Indian population and observe for polymorphism.

AIM:

To study genetic polymorphism of chemokine receptor (CCR5) genes associated with patient of acute coronary syndrome in Vijayapura population.

MATERIALS AND METHODS:

A prospective cross-sectional study was conducted in Shri B M Patil Medical College Hospital and Research Centre, Vijayapura in patients admitted for acute coronary syndrome. Clinical history and examination, electrocardiographic, laboratory profile and blood samples taken for analysis of CCR5 gene polymorphism as a part of work up. **INCLUSION CRITERIA** : Patients admitted with STEMI, NSTEMI and Unstable angina.

EXCLUSION CRITERIA : Patients with Diabetes mellitus.

RESULTS:

Total of 100 patients admitted with acute coronary syndrome was taken for study out of which 6 patients with diabetes mellitus were excluded from the study based on exclusion criteria. The most common risk factors were smoking and tobacco chewing. On gene sequencing, out of 81 samples 6 patients had CCR5 gene polymorphism with an incidence of 7.5% ($p < 0.001$). Out of 6 positive patients in group A had 3 males and 3 females, 1 patient of age 45 year and remaining 5 above 60 years.



DISCUSSION:

Similar studies conducted out of India in Spain, Czech-republic, Germany and Hungary show CCR5 polymorphism has protective role CAD. The two Indian studies done in North Indian population show significant positive association of CCR5 polymorphism and coronary artery disease with no protective role. Our study is the first to be conducted in South Indian population showing causation of CCR5 polymorphism in acute coronary syndrome patients. Maraviroc drug which is anti-CCR5 studied only in HIV population could be studied in coronary artery disease. **Thus, CCR5 polymorphism serves as screening tool for two major diseases of India.**

CONCLUSION:

CCR5 polymorphism could be considered as one of the etiology and genetic marker for acute coronary syndrome. By screening for CCR5 polymorphism in high-risk individuals, we can provide a better and effective early intervention to the individuals and thereby reduce the social burden, morbidity, and mortality of disease. **IT IS THE ERA OF PREVENTIVE MEDICINE RATHER THAN CURATIVE MEDICINE.**

"Serum ferritin level as a severity marker in patients with ischemic stroke using modified Rankin Scale"

❑ INTRODUCTION

- Stroke is considered as an important health issue for every individual and society. Ischemic stroke is the third leading cause of death after Acute Myocardial Infarction and malignancy, and it is also one of the leading causes of disability.
- Iron overload load in stroke is poorly documented. However, high serum ferritin on the admission of acute stroke patients (within 24 to 48 h after stroke onset) was reported to predict a bad prognosis suggesting that increased body iron stores before stroke onset can aggravate the cytotoxicity of brain ischemia. (**FENTON'S REACTION**).
- New type of cell death is described based on this **FERROPTOSIS**.
- modified Rankin Scale(mRS) is used to grade severity
- Our study was a hospital-based cross-sectional study conducted on **68 patients** admitted in our hospital.

❑ Inclusion criteria:

1. All the patients above 18 years irrespective of sex who admitted in the medicine ward due to newly diagnosed ischemic stroke confirmed by clinical findings and CT&MRI admitted within 24hrs of onset of symptoms.

❑ Exclusion criteria:

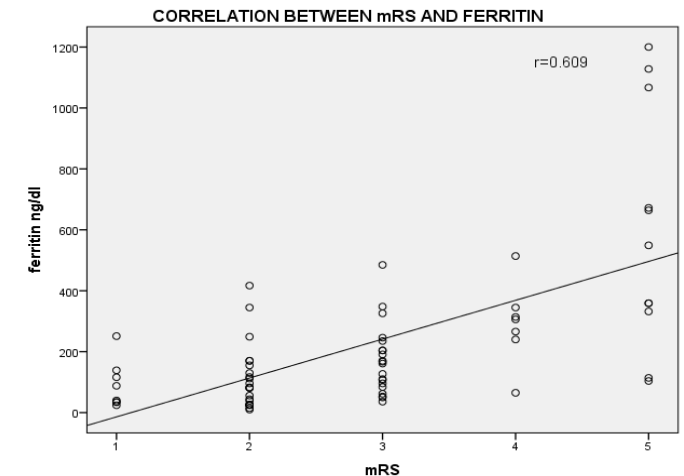
1. Patient with a history of recent infection like pneumonia, UTI , anemia, malignancy, recent parenteral iron supplementation In the previous month.

❑ RESULTS

- The study results conducted to evaluate the serum ferritin as severity maker in ischemic stroke using modified Rankin Scale (mRS) in a total 68 patients were,
 1. Majority were between 70 -79 years which was 26.5% & oldest patient was 97-year-old male.
 3. the most common territory of stroke was most common in MCA territory 85%.
 4. In our study the comorbidities in single or combinations of two or more was observed and commonest comorbidity was found to be hypertension 54.4%.
 5. Results were plotted using scatter diagram which showed ferritin was in increasing trend as the mRS grading was increasing which signifies higher the ferritin, more the severity of stroke.
- Similar findings were proven by Erdemoglu AK et al, Senthil Kumar PK et al, Maaran AT et al,Koul RK et al, Narayan M et al and Ravinder Garg et al.

❑ CONCLUSION

- Our study proves that Patients with higher levels of serum ferritin at admission tend to deteriorate more as compared to those with lower serum ferritin levels.
- Thus, serum ferritin can be used as a severity marker in patients with acute ischemic stroke and **iron chelation therapy** can be considered for a better outcome but still many studies must be conducted in a large-scale using **iron chelator** in a stroke patient.
- Hence, we conclude serum ferritin is to be evaluated in ischemic stroke patients at admission as a severity and prognostic marker.

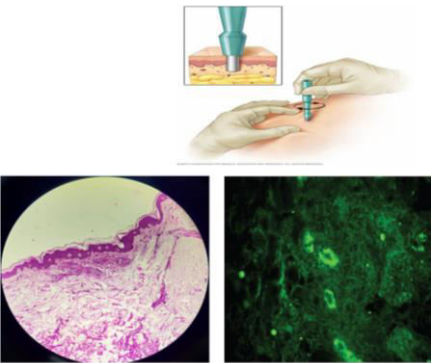


Dermoscopic assessment of Cutaneous small vessel vasculitis and correlation of NLR with clinical, histopathological and dermoscopic findings –A Cross sectional study

KavyaDeepu R M , Keshavmurthy A Adya , Arun C Inamadar



Vasculitides are characterized by inflammation of blood vessel wall.



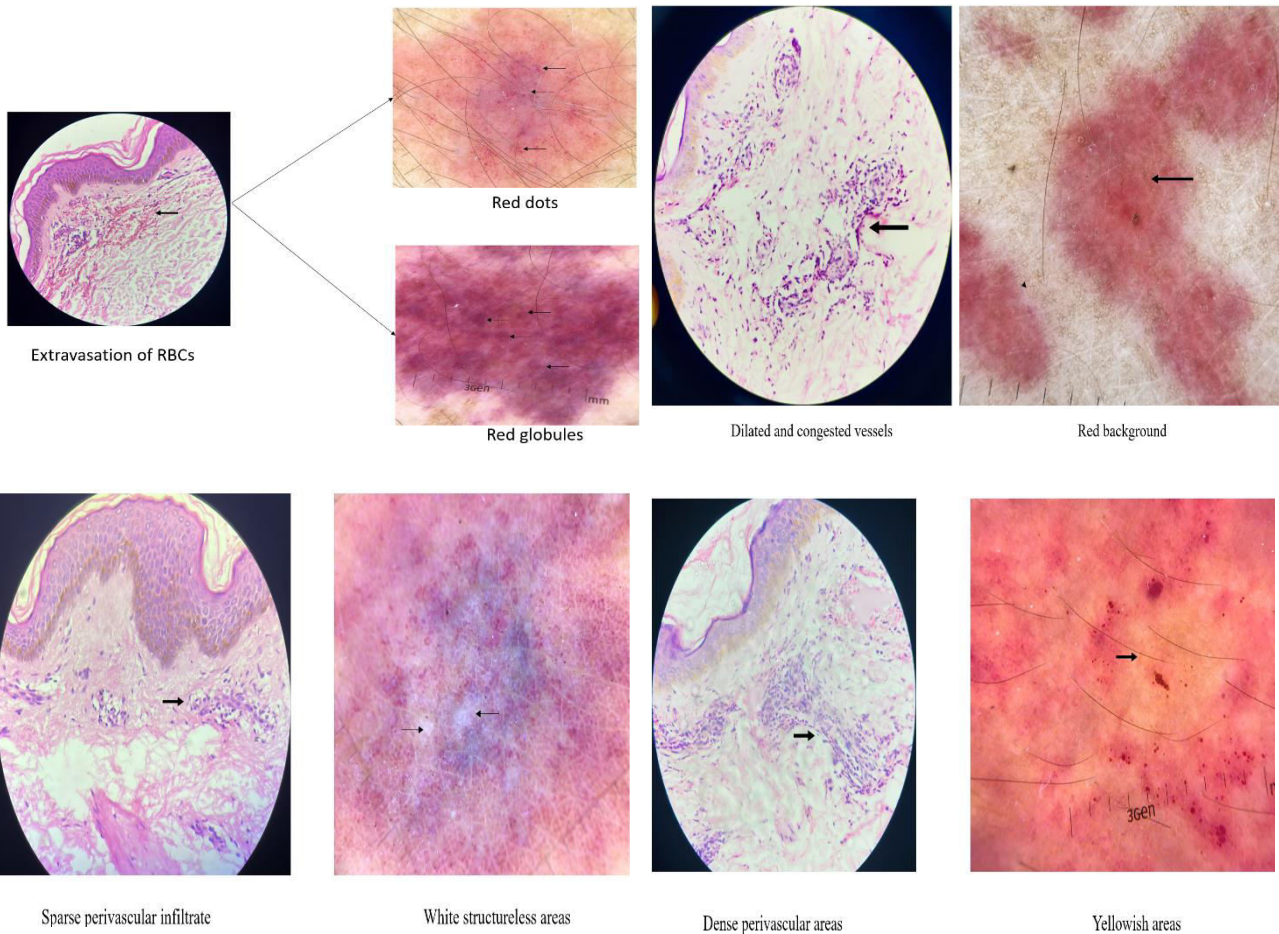
**GOLD
STANDARD →
INVASIVE
DIAGNOSIS**



**OUR STUDY →
NON-INVASIVE
DIAGNOSIS**

RESULTS

- ✓ Early/evolving lesions (< 48hours) → dull red background, red globules and red dots.
- ✓ Established lesions (> 48hours) → red background, white and yellow structureless areas, red globules and red dots.
- ✓ A statistically significant association between
Red globules and red blood cell extravasation
White structureless areas and sparse infiltrate
Yellow structureless areas and dense infiltrate
- ✓ The optimum cut-off value of NLR predicting internal organ involvement was 3.615.
- ✓ A statistically significant association between NLR and the dermoscopic finding of white structureless areas was noted



CONCLUSION

Dermoscopy of CSVV exhibits fairly reliable and reproducible features correlating well with histopathological aspects of the disease.

Positive correlation between dermoscopic findings and severity of the disease was noted

Hence, inclusion of dermoscopy in the clinical diagnostic protocol for CSVV is beneficial both to complement the clinical diagnosis and possibly to non-invasively predict the severity of the disease in terms of systemic involvement.

A HOSPITAL BASED CROSS-SECTIONAL STUDY TO ESTIMATE SERUM LEVELS OF INTERLEUKIN-6 AND HIGH SENSITIVITY C-REACTIVE PROTEIN AND THEIR CORRELATION WITH THE VITILIGO DISEASE ACTIVITY AND EXTENT

By Dr. Bhargavi Uttmani Under The Guidance Of Dr. Keshavmurthy Adya



INTRODUCTION

- Vitiligo is an autoimmune disorder resulting in destruction of melanocytes.
- Interleukin-6 (IL-6) and high sensitivity C-reactive protein (HsCRP) are sensitive markers of inflammation.

AIMS

- To measure serum IL-6 and HsCRP levels in patients with vitiligo.
- To correlate them with the activity of the disease and extent.

NEED FOR THE STUDY

- Indices like Vitiligo Disease Activity Score (VIDA) and Vitiligo Area Severity Score are easy to perform but subjective.
- Objective methods for estimation of activity and severity available but are invasive, expensive, laborious and time consuming.
- Hence, this correlation would have the advantage of being objective whilst being easy and quick to perform.

MATERIALS AND METHODS

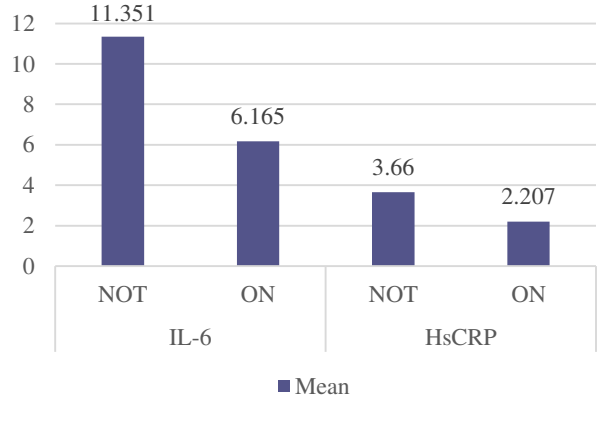
- 58 clinical cases of vitiligo enrolled.
- Treatment history of any immunosuppressive therapy was noted.
- Disease activity was estimated using VIDA ranging from -1 to +4.
- Disease severity was evaluated using VASI from 0 to 100%.
- Serum levels of IL-6 and HsCRP were calculated.

RESULTS

- VIDA correlated negatively with IL-6, in contrast to the previous studies, which shows that patients with a highly active disease had a lower value of IL-6.
- Patients who were on immunosuppressive therapy showed lower values of IL-6 compared to those who were not.

INTERPRETATION

- Patients with a high disease activity are treated with immunosuppressives while those with a low activity are managed on other modalities, hence the inverse correlation.
- Important to consider treatment status of the patient since immunosuppressives are responsible for lowering the levels of inflammatory markers.



ANALYZING THE PREDICTABILITY OF TIBOT ARTIFICIAL INTELLIGENCE APPLICATION IN THE DIAGNOSIS OF DERMATOLOGICAL CONDITIONS

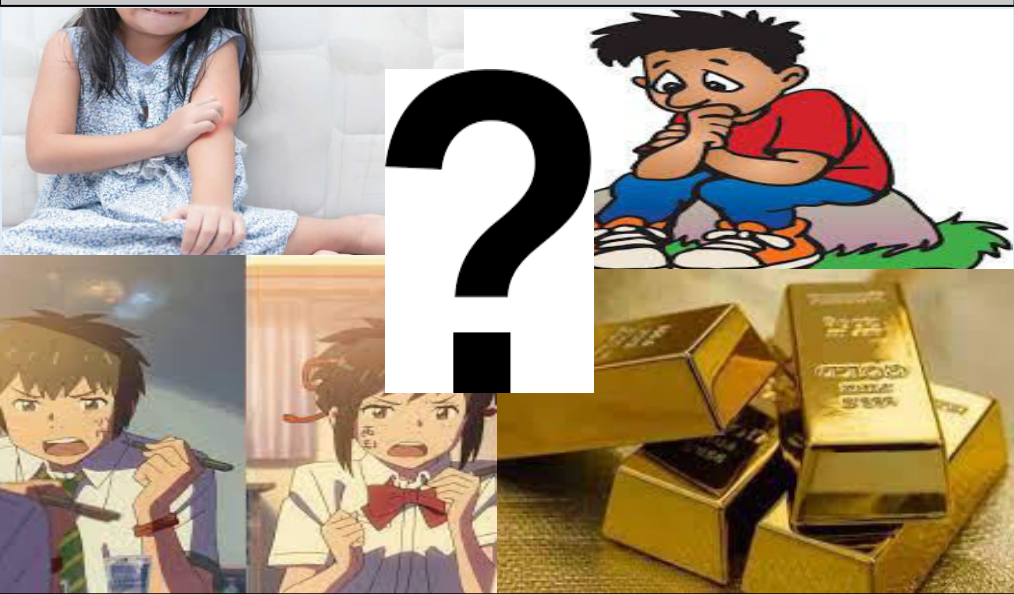
DR. MARRI SHIVA SHANKAR UNDER THE GUIDANCE OF DR. ARUN C INAMADAR



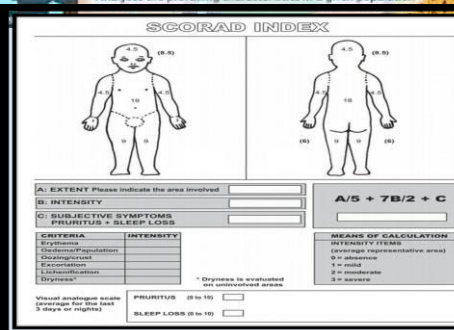
A STUDY TO CORRELATE THE LEVELS OF NLR, PLR AND MPV WITH DURATION & SEVERITY OF THE DISEASE IN PAEDIATRIC ATOPIC DERMATITIS

Mohnish Sekar, Arun C Inamadar, Ajit B Janagond

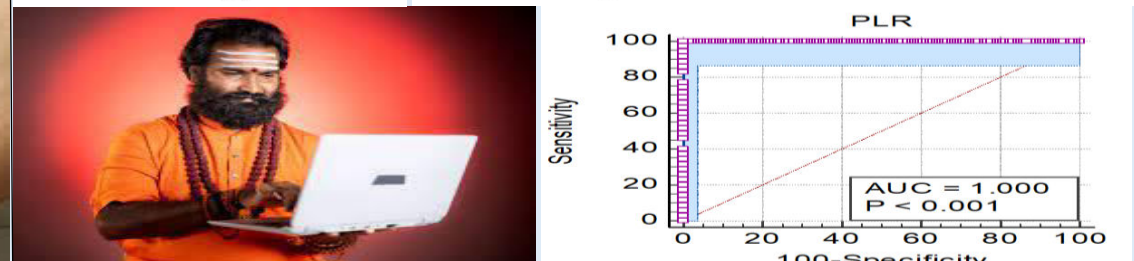
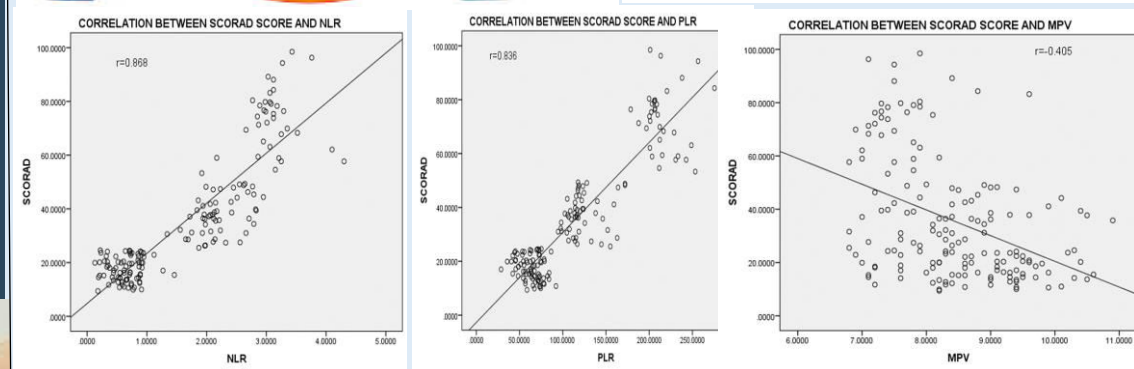
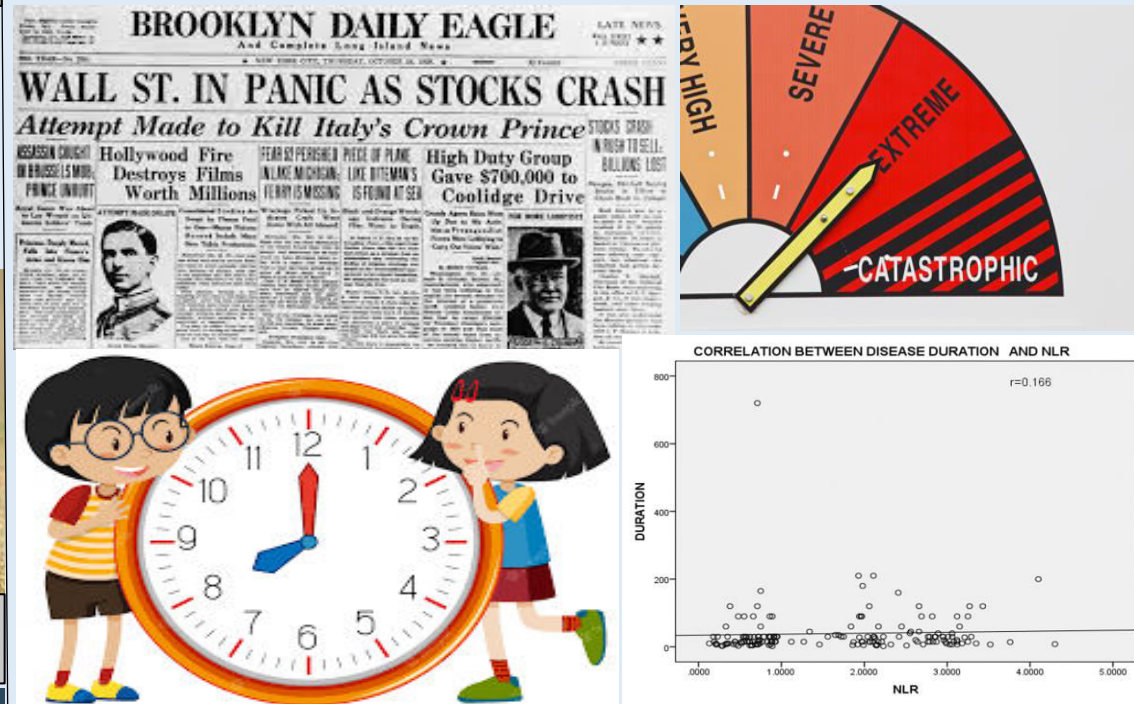
BACKGROUND:



METHODOLOGY:



RESULTS



CONCLUSION



OUTCOME





Clinical and dermoscopic nail finding from birth to preschool children

Dr. Ekalavya Bilkhiwal, Dr Arun C Inamadar, Dr. Ajit B Janagond



Correlation of Immunohistochemical Expression of Alpha-Methyl Acyl-Coenzyme A Racemase/p504s with Gleason grade and serum PSA level in Prostate Carcinoma

- Carcinoma of the prostate is the second most common cause of cancer in males. Alpha-methyl-acyl-CoA racemase (AMACR) is a diagnostic marker for prostatic carcinoma.

AMACR Expression	Prostatic carcinoma		Total	p value
	Moderately differentiated carcinoma(5-7 Gleason score)	Poorly differentiated carcinoma (8-10 Gleason score)		
0+	2 (7.1%)	1 (5.9%)	3 (13%)	0.0001
1+	8 (28.6%)	1 (5.9%)	9 (34.5%)	
2+	15 (53.6%)	1 (5.9%)	16 (59.5%)	
3+	3 (10.7%)	14 (82.4%)	17 (93.1%)	
Total	28 (62.22%)	17 (37.77%)	45 (100.0%)	

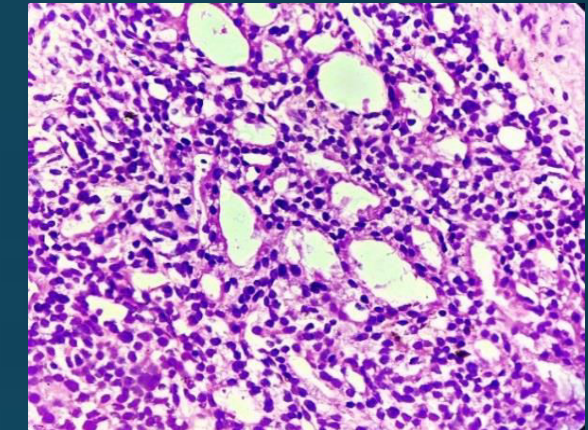


Fig 1.
Prostate cancer
In histopathology

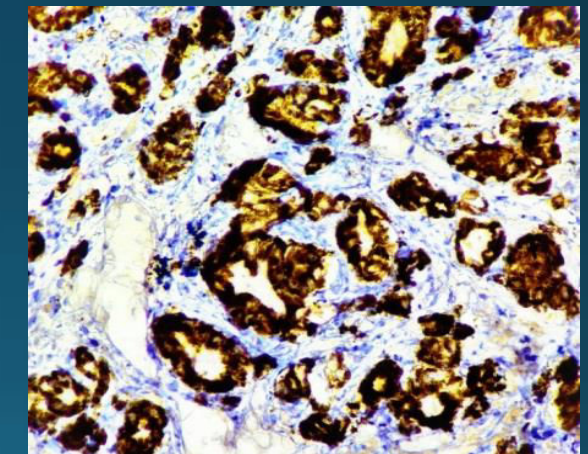


Fig 2.
AMACR expression 3+

- ❖ No significant correlation between AMACR expression and serum PSA level of carcinoma of prostate.
- ❖ **Strong immunoexpression of AMACR is a poor prognostic indicator and is associated with high Gleason grade in prostate carcinoma.**

Immunohistochemical Expression of CD10 in Breast Carcinoma and its Correlation with Clinicopathological Parameters

PARAMETERS	CD10 (n=50 cases)		CHI SQUARE TEST	P VALUE
	NEGATIVE	POSITIVE		
	NO OF CASES (%) (n=10 caess)	NO OF CASES (%) (n=40 cases)		
AGE				
<50 YEARS	5 (50%)	22 (55%)	0.081	0.777
>50 YEARS	5 (50%)	18 (45%)		
HISTOLOGIC GRADE*				
I	10 (100%)	11 (27.5%)	17.262	0.00001
II	0 (00%)	23 (57.5%)		
III	0 (00%)	06 (51%)		
LYMPH NODE STATUS				
NEGATIVE	5 (50%)	12 (30%)	1.462	0.232
POSITIVE	5 (50%)	28 (70%)		
TUMOR SIZE				
T1	1 (10%)	4 (10%)	0.895	0.827
T2	6 (60%)	26 (65%)		
T3	3 (30%)	8 (20%)		
T4	0 (00%)	2 (5%)		
STAGE				
I	0 (00%)	4 (10%)	0.640	0.726
II	6 (60%)	26 (65%)		
III	4 (40%)	8 (20%)		
IV	0 (00%)	2 (5%)		
ER STATUS*				
NEGATIVE	1 (10%)	9 (90%)	3.668	0.045
POSITIVE	17 (42.5%)	23 (57.5%)		
PR STATUS*				
NEGATIVE	2 (20%)	8 (80%)	3.926	0.048
POSITIVE	22 (55%)	18 (45%)		
HER 2 NEU				
NEGATIVE	3 (30%)	7 (70%)	2.424	0.119
POSITIVE	23 (57.5%)	17 (42.5%)		

Fig 1- Photomicrograph showing invasive breast carcinoma showing tubule formation (H&E STAIN, 200X)

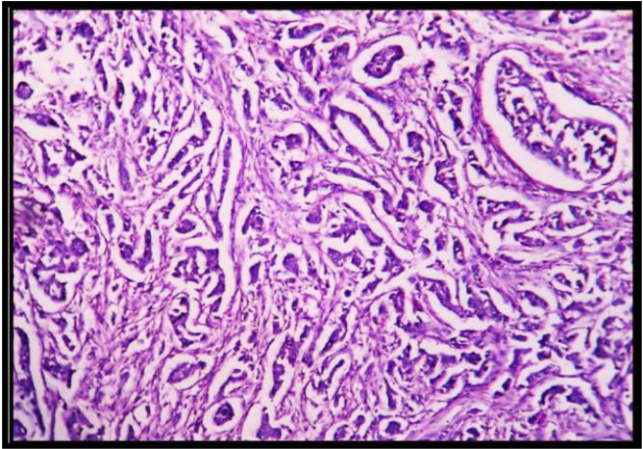
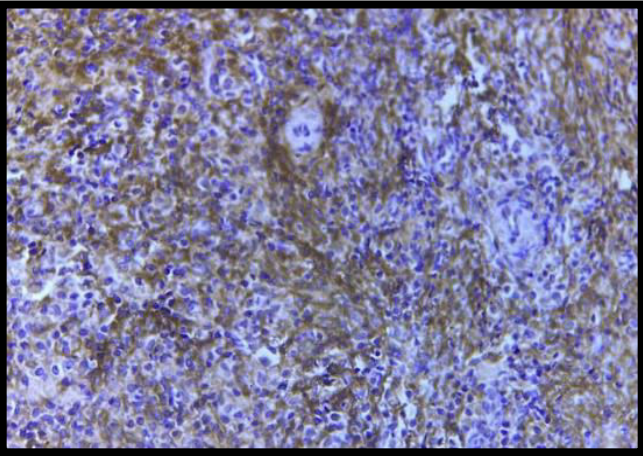


Fig 2- Photomicrograph of IHC marker CD10 showing Strong cytoplasmic expression in stromal cells



CONCLUSION:

- Expression of CD10 by stromal cells was strongly associated with negative prognostic factors like higher tumour grade, ER negativity and PR negative status.
- CD10 should be mentioned in every standard histopathological report because it can be utilised independently as a prognostic marker.

SIGNIFICANCE OF APOPTOTIC INDEX AND P16INK4A PROTEIN EXPRESSION IN CERVICAL NEOPLASMS

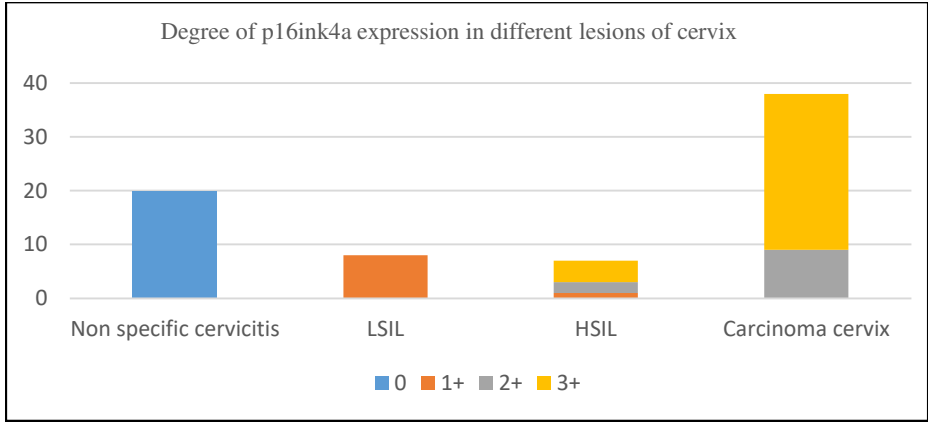
Cervical cancer is a leading cause of cancer related death among women. P16INK4A expression correlates excellently with grade of cervical intraepithelial neoplasia (CIN) and squamous cell carcinoma (SCC) & can be used for screening cervical malignancies. Apoptotic bodies aid in accurate grading of dysplasia and plays crucial role in the development and progression of malignancies. AIM was to study apoptotic index (AI) & p16INK4A expression and also to correlate the AI with p16INK4A expression in cervical neoplasms.

Diagnosis	No. of cases	Mean \pm SD
Non specific cervicitis	20	0.025 \pm 0.05
LSIL	7	0.413 \pm 0.145
HSIL	8	1.086 \pm 0.29
Poorly differentiated squamous cell carcinoma	19	1.432 \pm 0.124
moderately differentiated squamous cell carcinoma	11	1.788 \pm 0.124
well-differentiated squamous cell carcinoma	8	1.936 \pm 0.143
Total	73	0.866 \pm 0.649

Table 1: Mean apoptotic index values in different cervical lesions

HISTOLOGICAL DIAGNOSIS	P16INK4a (nuclear and cytoplasmic staining)	
	POSITIVE CASES	NEGATIVE CASES
Nonspecific cervicitis	0	20 (100%)
LSIL	8(100%)	0
HSIL	7(100%)	0
Carcinoma cervix	38(100%)	0
TOTAL	53	20

Table 2: P16INK4a expression in different cervical lesions



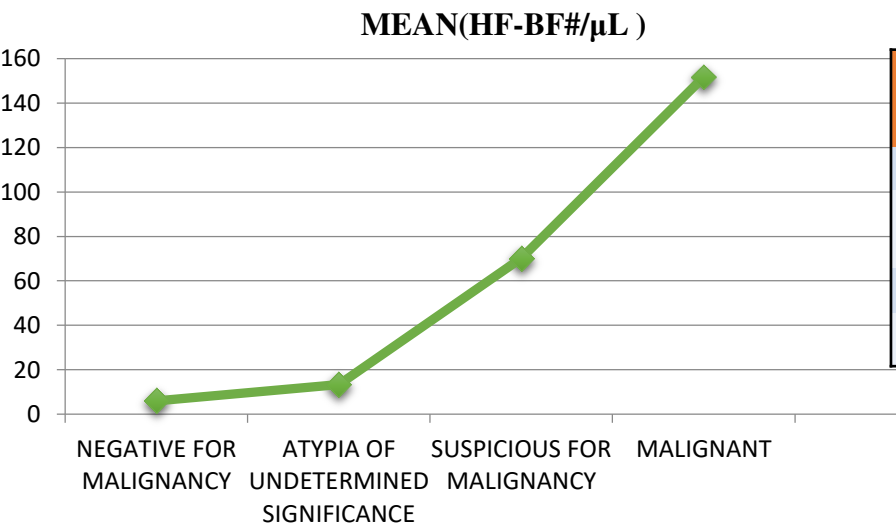
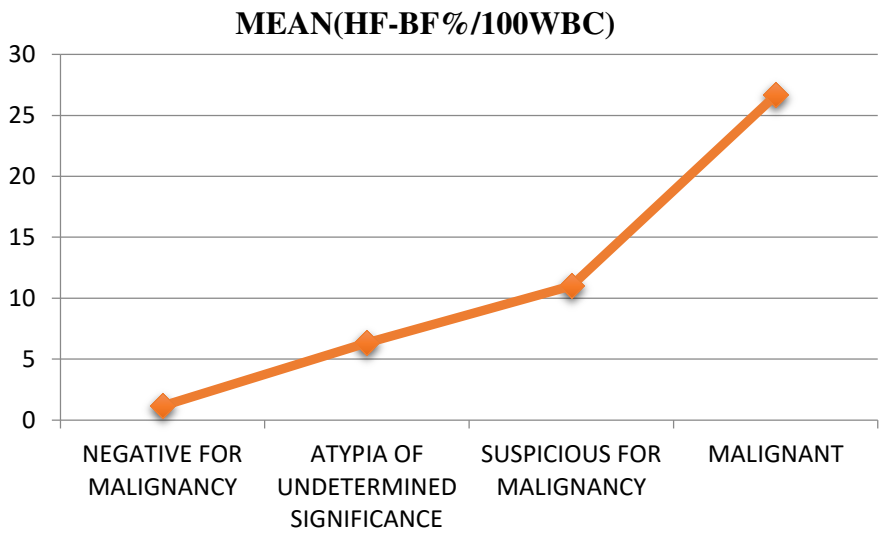
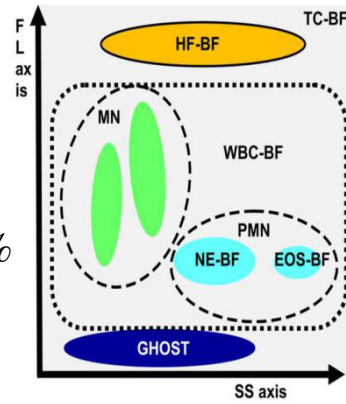
Significant correlation between AI and P16INK4A expression noted. The combination of p16INK4a positive and AI correlation thereby increases the precision of the diagnosis of cervical neoplasms

Figure 1: Correlation of degree of p16ink4a expression with histopathological diagnosis

Thus, integrating p16INK4a expression and AI improves the accuracy of diagnosing premalignant and malignant cervical lesions while also separating them from non-neoplastic cervical lesions to avoid needless surgical operations.

EVALUATION OF “HF BF- PARAMETERS” IN AUTOMATED HEMATOLOGY ANALYSER AS A DIAGNOSTIC TOOL FOR DETECTING MALIGNANCY IN BODY FLUIDS

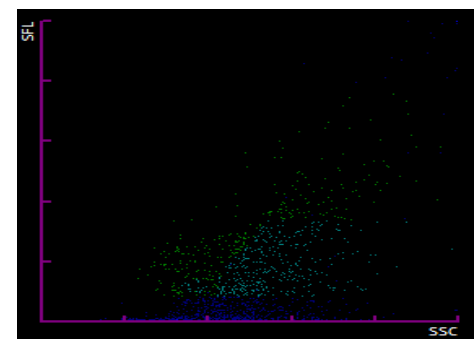
- Body fluid (BF) analysis is frequently performed in pathology laboratories for the early diagnosis of malignancy. The interest in the automated analyzers for body fluids has increased due to the existing limitations of manual techniques.
- 112 body fluid samples were precessed in BF-mode of Sysmex XN 1000 automated hematology analyzer and both HF-BF% and HF-BF# values were correlated with the conventional cytological method for the detection of malignant cells in the BFs.



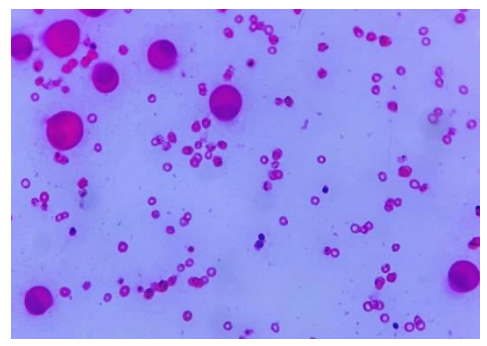
CYTOLOGICAL DIAGNOSIS	MEAN (HF-BF%)	MEAN (HF-BF#)
NEGATIVE FOR MALIGNANCY	1.17	5.99
ATYPIA OF UNDETERMINED SIGNIFICANCE	6.34	13.32
SUSPICIOUS FOR MALIGNANCY	11.02	70.18
MALIGNANT	26.65	151.78

HF-BF%/100 WBCs and HF-BF#/µL for malignant body fluids are significantly higher than that of benign body fluids. **P value is <0.0001**

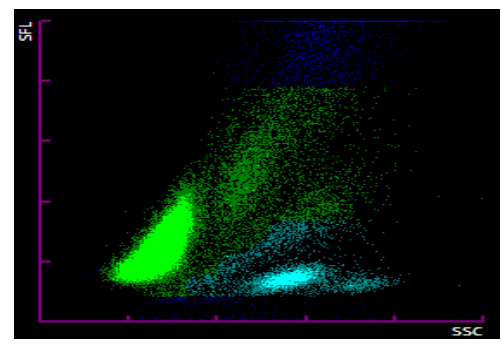
HF-BF parameters of Sysmex XN 1000 shows excellent correlation with cytological method in the detection of malignant cells in the body fluids.



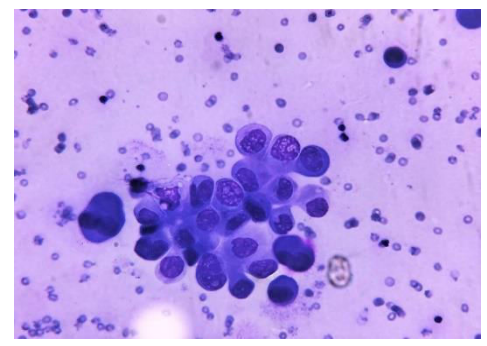
HF-BF%: 0.02, HF-BF#: 1.25



Negative for Malignancy



HF-BF%: 30.3, HF-BF#: 187.9



Malignant

STUDY OF URINE PARAMETERS AND PRESENCE OF VIRUS IN THE URINE IN COVID-19 PATIENTS

- Corona virus is found to be detected in urine, stool and blood and the significance of urine analysis for the severity prediction of disease has been described. Urine biochemical parameters measured: Protein, glucose, blood, Urobilinogen, Ketones. Viral RT-PCR positivity has been estimated using *Mylab Discovery solutions- Maverick nucleic acid extraction kit*.

C.T. SCORE	SWAB RTPCR Positivity	ABNORMAL BIOCHEMICAL PARAMETERS	URINE RTCR STATUS	CYCLE THRESH OLD (ct)	P value= <0.001* (statistically significant)
<9	9	01 (Traces of protein)	01Traces- protein)	33,34	
9-15	22	03: Patient 1- 1+(S); Pt 2,3-+(10 ery/microL),+(30mg/dl)	02: Patient 1-+(50mg/dl) Sugar, Ketones(15mg/dl) Patient2-+(30mg/dl)	30; 31 and 30	
>15	19	07: Patient1-++S,(Trace), K(16mg/dl); Patient 2-++(100mg/dl), ++(50 ery/microL); Patient 3,4- +(30 mg/dl),Patient 5-+(50mg/dl)sugar, Patient6,7-traces	02: Patient1-++(100mg/dl)Trace,Ketone(16mg/dl); Patient2-+(30 mg/dl)	30 and 29	

The covariance of urine biochemical parameters and the presence of virus in urine with different HRCT scores and varying c.t. values indicates the severity of the infection. Furthermore, the SARS-COV-2 virus in urine indicates that COVID-19 patients can shed the virus in the urine and the prevalence rate was 10%.



A STUDY OF VITAMIN D STATUS IN CHILDREN WITH FEBRILE SEIZURES

Department of Paediatrics ,BLDE Deemed to be University Shri.B.M.Patil Medical College and research center
DR CHIDVITHA SAI KURRA



Introduction

- Febrile seizures affect children between 6 months to 5 yrs which is experienced by 2-5% of the children.
- Role of vitamin D in epilepsy has been known but its role in febrile seizures is still under research .

Objective

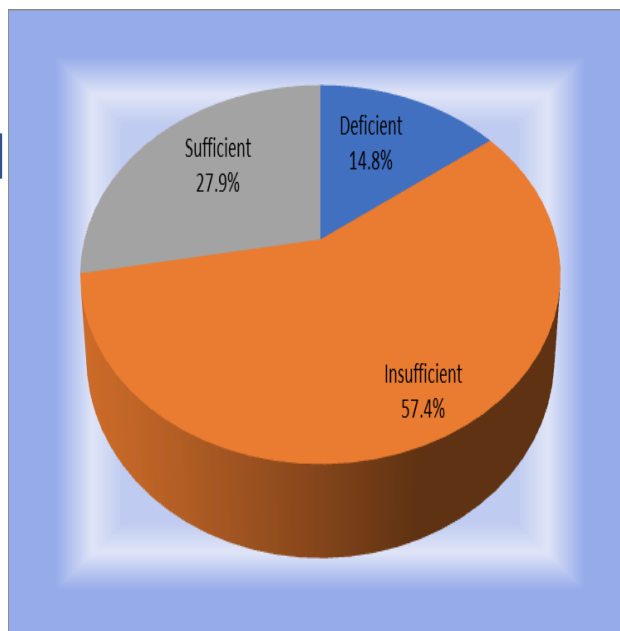
- To access vitamin D levels in febrile seizures
- To study correlation of vitamin D and recurrences of febrile seizures

Methods

- Crosssectional observation: study conducted in pediatric ward and PICU
- Duration : 18 months .
- Blood sample for vitamin D evaluation and detailed related to febrile seizures and its recurrence episodes and vitamin D levels are graded on the basis of IAP grading system

Results

- A total 61 cases were included where 35 showed insufficiency 17 showed sufficiency and 9 showed deficiency .
- Out of 61 cases 8 cases had 2nd episode of febrile seizures where 4 had insufficiency , 3 had sufficiency and 1 had deficiency



Vitamin D
level

N

%

Deficient

9

14.8%

Insufficient

35

57.4%

Sufficient

17

27.9%

Total

61

100.0%

Discussion

- Ghazal Shariatpanahi et al. have shown studies where vitamin D was insufficient in children with febrile seizures which was similar to our study . Jehangir A.Bhat et al.² in their study found a strong negative connection between 25-hydroxy vitamin D and febrile seizure recurrence. He noticed 3rd, 4th episode of recurrent FS had more of vitamin D deficiency .

Conclusion

- Levels of vitamin D showed insufficiency in children with febrile seizures
- Recurrence of febrile seizures had vitamin D insufficiency .
- Hence vitamin D levels are associated with febrile seizures and its supplementation could help in subsequent febrile seizures
- **NOVELTY OF THE STUDY**
- Prophylactic vitamin D can be given in resource limited setup to prevent further recurrence if febrile seizures

REFERENCES :1)Shariatpanahi G, Paprooschi N, Yaghmaei B, Sayarifard F, Sayarifard A. Exploring vitamin D in children with febrile seizure: a preliminary study. International Journal of Pediatrics. 2018 Sep 1;6(9):8233-9.
Bhat JA, Bhat TA, Sheikh SA, Wani ZA, Ara R. Status of 25-hydroxy vitamin D level in simple febrile seizures and its correlation with recurrence of seizures. Avicenna Journal of Medicine. 2020 Jan;10(01):.



HEATED HUMIDIFIED HIGH FLOW NASAL CANNULA VERSUS NASAL CONTINUOUS POSITIVE AIRWAY PRESSURE AS A PRIMARY MODE FOR RESPIRATORY SUPPORT OF NEWBORNS IN GESTATIONAL AGE GROUP 30-37 WEEKS- PROSPECTIVE OBSERVATIONAL STUDY.

DR GD HARSHITHA*, DEPT OF PEDIATRICS , SBMPMCH & RC



BACKGROUND

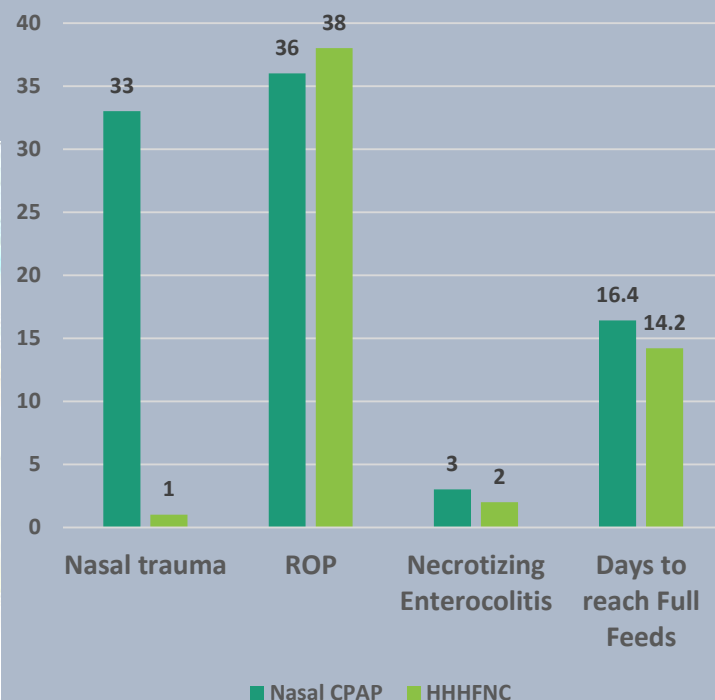
In the neonatal period, respiratory failure remains a difficult challenge and is associated with high morbidity and mortality. HFNC is being used as an alternative form of respiratory support for preterm infants with respiratory distress, apnea and chronic lung disease.

Objectives: To assess the efficacy and safety of HHHFNC as compared to Nasal CPAP in providing respiratory support



METHODOLOGY

All preterm babies between 30-37 POG requiring respiratory support were placed on HFNC or Nasal CPAP as a primary mode. The primary outcome assessed Failure of assigned means of respiratory support and Death prior to discharge.



DISCUSSION

The usage of HFNC has significantly increased in recent years due to simplicity of use and improved patient tolerance. Compared to NCPAP, benefits including minimal nasal trauma, less disruption of feeding or kangaroo mother care. Despite its widespread clinical acceptability, there is scant information about its effectiveness and safety as a primary support in preterm newborns .

CONCLUSION

HFNC was found to be noninferior compared to NCPAP. Hence, HFNC can be considered to be a safe, efficacious, and more easily acceptable mode of respiratory support as compared to NCPAP in preterm neonates as a primary mode of respiratory support.

Novelty and Utility for health care system: HHHFNC is effective as NCPAP with minimal side effects.

Nursing staff can be easily trained to use the this respiratory support.



A CLINICAL STUDY OF SERUM CYSTATIN C LEVELS IN CASES OF COPD AND ITS CORRELATION WITH SPIROMETRY AND IMPACT ON THEIR QUALITY OF LIFE

DEPARTMENT OF RESPIRATORY MEDICINE: DR. RAVI APOORVA , DR. R.S.BABAR, DR. KEERTIVARDHAN KULKARNI, DR.SHREESHAIL ANJUTAGI

INTRODUCTION

COPD is an inflammatory disorder which involves accelerated lung function loss. The main pathology is imbalance between protease and antiprotease system. Persistent inflammation in COPD may lead to the recruitment of inflammatory cells and increased protease activity in the lungs. Increased levels of Cystatin C in BAL and serum were determined in patients with emphysema especially in the smokers and inflammatory lung disease. Hence the measurement of serum Cystatin C levels might help in assessing the progression of disease. The purpose of this study is to determine whether Cystatin C levels have any correlation with the clinical severity of COPD and determine its association with lung function in those patients. This study also aims to assess the impact on the quality of life of COPD patients.

METHODOLOGY

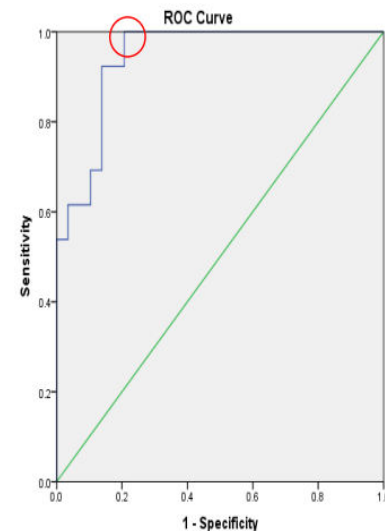
- ❑ cross sectional study.
- ❑ Perform spirometry and measure serum cystatin c levels with ELISA KIT and assess the quality of life with questionnaires

OBJECTIVES

- ❑ To determine levels of serum Cystatin C and to perform pulmonary function test in COPD patients.
- ❑ To assess quality of life in COPD patients.
- ❑ To correlate quality of life and lung function with serum cystatin c levels.

RESULTS

This point represents serum Cystatin C value of 532.3ng/ml. Has highest sensitivity of 100% and specificity of 79.3%



Area Under the Curve is 0.942
A Cystatin C level of 532.3 ng/ml has a highest sensitivity of 100% and specificity of 79.3%

PARAMETERS	SERUM CYSTATIN C LEVEL ≤532ng/ml (54.7%)	SERUM CYSTATIN C LEVEL >532ng/ml (45.3%)	P value	ODDS RATIO
Pack years				
>10	6	14	0.03	5.8
≤10	5	2		
Duration of disease				
≤4	13	17	0.01	6.5
>4	10	2		
Spirometry grading				
Mild	0	0	0.001	-
Moderate	13	0		
Severe	10	6		
Very severe	0	13		
SIX MINUTE WALK TEST				
<250	4	14	0.0001	13.3
≥250	19	5		
St. George Total score				
>50	10	15	0.001	4.87
≤50	13	4		
CCQ				
≥3	3	12	0.004	4.7
<3	20	7		
CAT SCORE				
>20	15	17	0.03	4.53
≤20	8	2		
CRP				
<10	4	0	0.04	-
>10	19	19		

CONCLUSION

- ❑ The mean serum Cystatin C level is 560.1± 285.5ng/ml in our study, which is far less than controls in other studies.
- ❑ So standardized values from our lab of serum Cystatin C has been taken with help of ROC analysis that is 532ng/ml.
- ❑ There was a negative correlation between FEV1, six-minute walk test, and Cystatin C levels and a positive correlation between Cystatin C and CRP levels, duration of disease, CCQ score, mMRC, CAT score, and St George questionnaire.

LIMITATIONS

- ❑ Further prospective studies are required with long-term follow-ups.
- ❑ This is the first Indian study, and hence many other studies from India are required to establish the standard values in the population.

RECOMMENDATIONS

- ❑ As of now, Serum Cystatin C level does not have a clinical management impact on COPD, further studies in the different populations are required as data is available only from China.



ALLERGEN SENSITIVITY PATTERN AND ITS CORRELATION WITH TOTAL IgE LEVELS AND EOSINOPHIL COUNT AMONG PATIENTS WITH ALLERGIC RHINITIS AND/OR ASTHMA IN NORTH KARNATAKA

Department of Respiratory Medicine: Dr. Pranavi. V, Dr. R. S. Babar, Dr. Keertivardhan Kulkarni, Dr. Shreesail Anjutagi

INTRODUCTION:

Respiratory allergy is common among all populations and various age groups, the types of allergens varying according to the geographic area, climate, location, economic status, ethnic identity, etc. Skin prick testing remains to be the gold standard, but several factors make the test less preferred. Hence total serum IgE levels and eosinophil counts are preferred.

OBJECTIVES:

- To determine allergen sensitivity patterns among the patients with allergic rhinitis and/or asthma
- To correlate the skin prick test reactivity with total serum IgE levels and eosinophil counts, so as to determine the possibility of their use as a screening test.

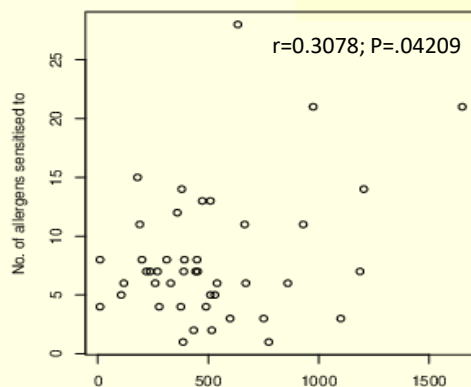
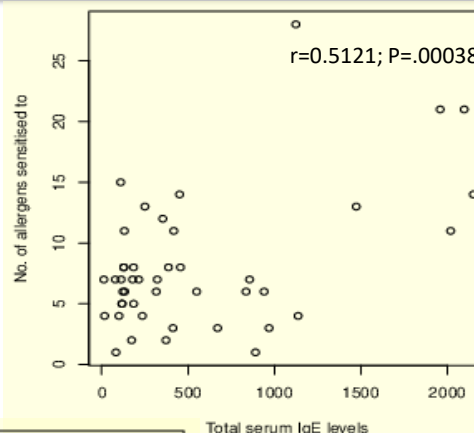
METHODOLOGY:

- Cross-sectional study on patients with the diagnosis of allergic rhinitis and/or asthma.
- Allergen skin prick test was done in each patient, and Total serum IgE levels and eosinophil counts were measured.

RESULTS:

Allergens	% of cases
House dust mites	65.9
Fungi	45.4
Pollens	43.1
Dust	47.7
Insects and epithelia	59
Foods	63.6

Positive and significant correlation between total IgE levels and number of allergens the patients are sensitised to



Positive correlation between eosinophil counts and number of allergens the patients are sensitised to

CONCLUSION:

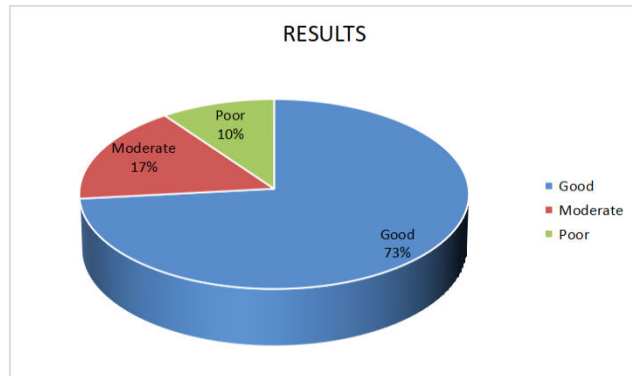
- House dust mites were the most common offending allergens, majority to *Blomia*.
- There was a positive and significant correlation of total serum IgE levels and positive correlation of eosinophil counts with the number of allergens the patients were sensitised to.
- Despite the positive correlation, they could not be used as sole screening tests, as they are elevated in several other conditions.
- Skin prick testing remains to be the gold standard.

RECOMMENDATIONS:

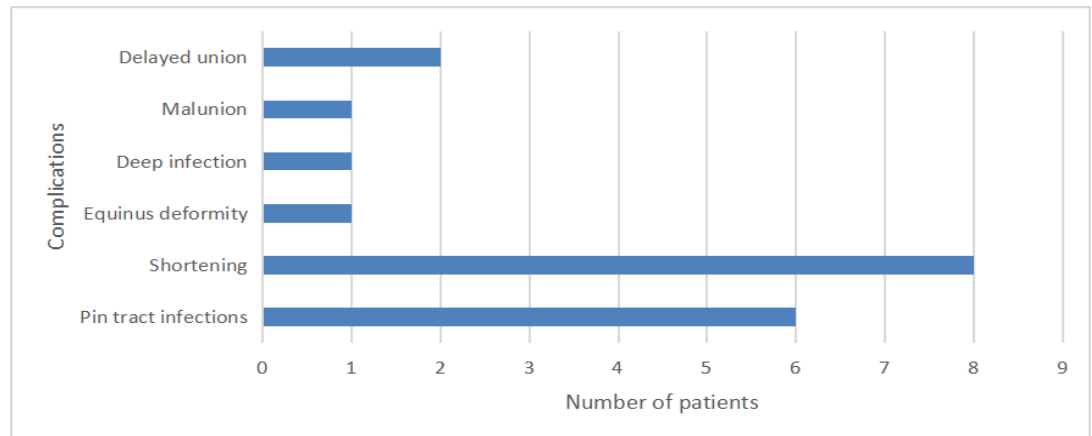
- It is recommended to conduct this type of study time to time to assess the sensitisation patterns in different parts of the country for identification of newer allergens, that aid the clinicians to streamline the treatment options and allergen avoidance measures.
- Since anti-IgE therapy is available, it is advised to measure total IgE levels also, especially in asthmatics.

FUNCTIONAL OUTCOME IN MANAGEMENT OF OPEN TIBIAL DIAPHYSEAL FRACTURES BY LIMB RECONSTRUCTION SYSTEM

INTRODUCTION : One of the most frequent long bone fractures that most orthopaedic surgeons see is a tibial diaphyseal fracture. The tibia has more open fractures than any other major long bone because it is covered by skin for the majority of its length.



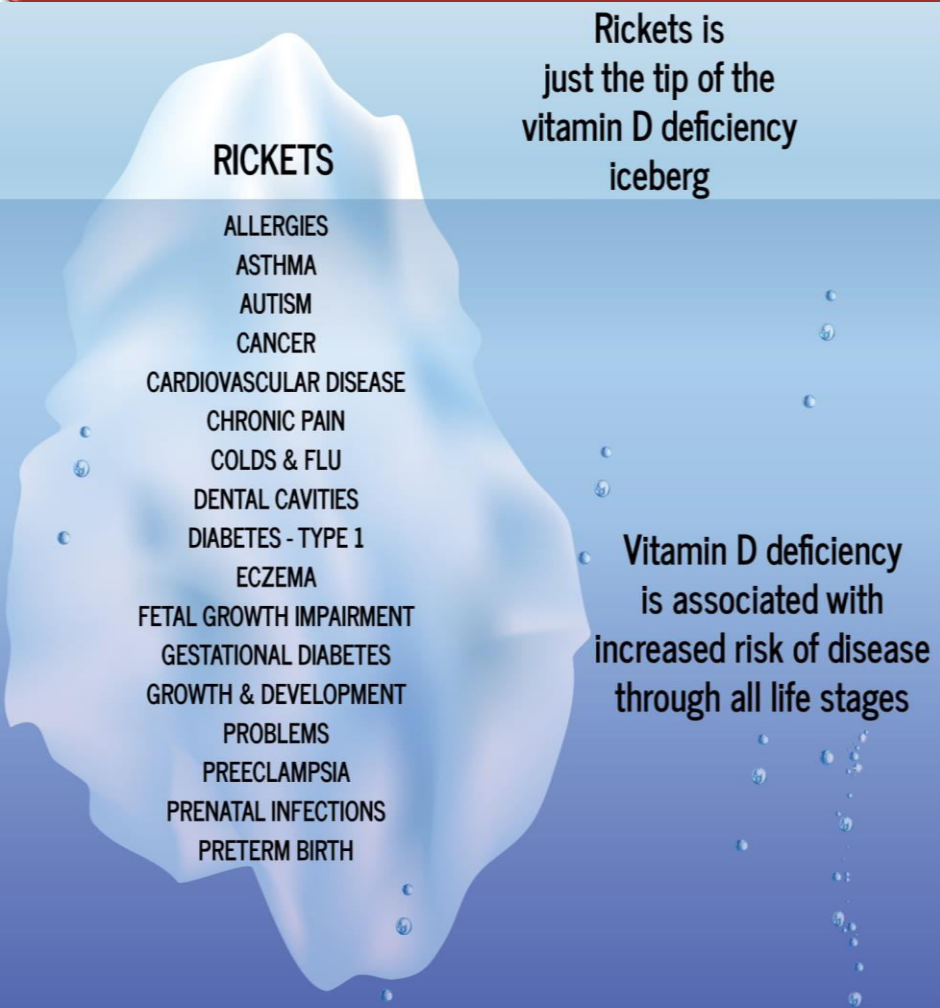
CONCLUSION : Because of its ease of use, good fracture stability, adjustable geometry, light weight, reasonable price, and patient-friendliness, the Limb Reconstruction System (LRS) provides an excellent alternative treatment option for treating compound fractures of the tibia.



“Influence of vitamin D on arterial stiffness in hypertensive patients with special reference to oxygen sensing protein expression”



Background

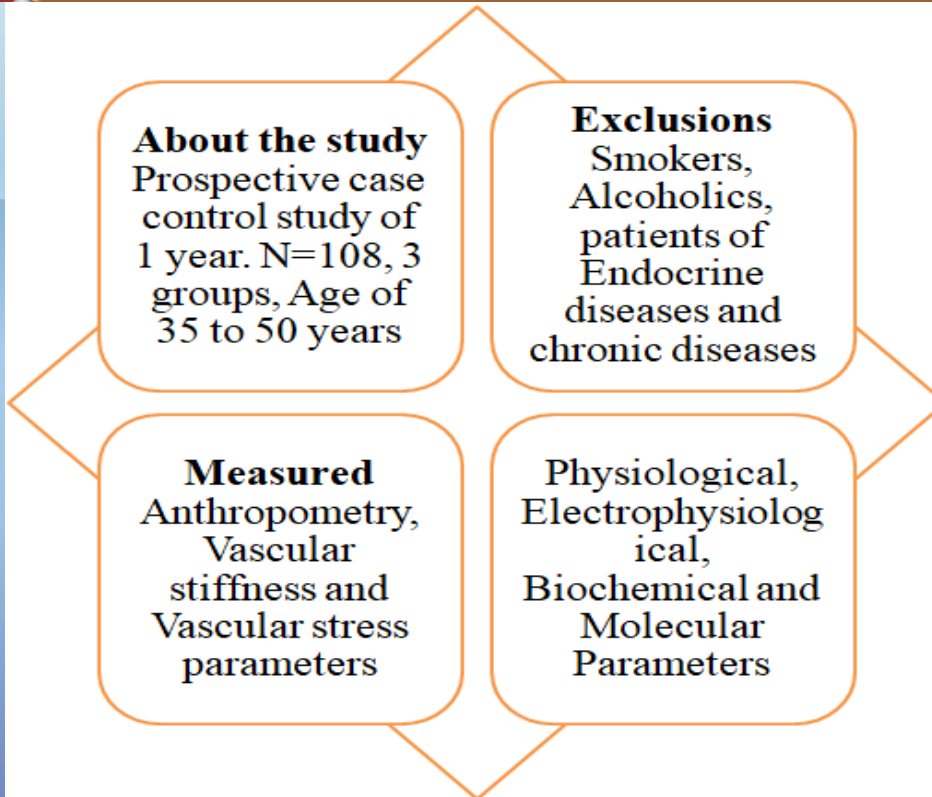


Influences of vitamin D on Arterial Stiffness in HTN patients are still debatable.

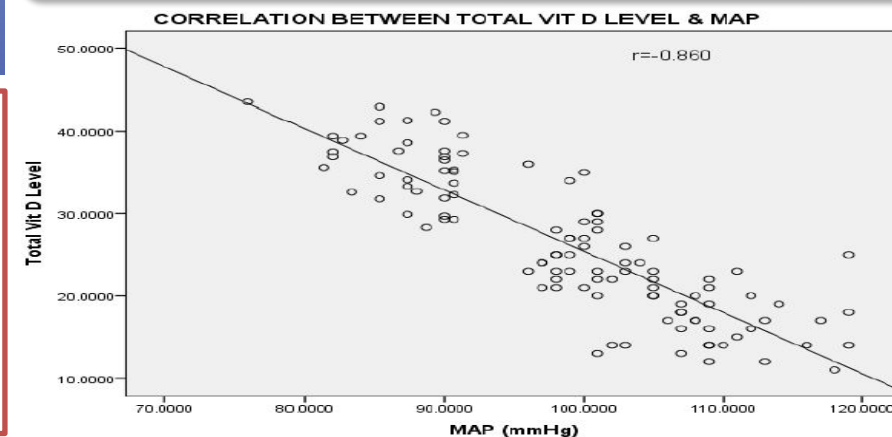
The role of oxygen sensing proteins in regulation of BP is yet to be explored.

IHCI target of Govt. of India: 25% reduction in HTN prevalence by 2025.

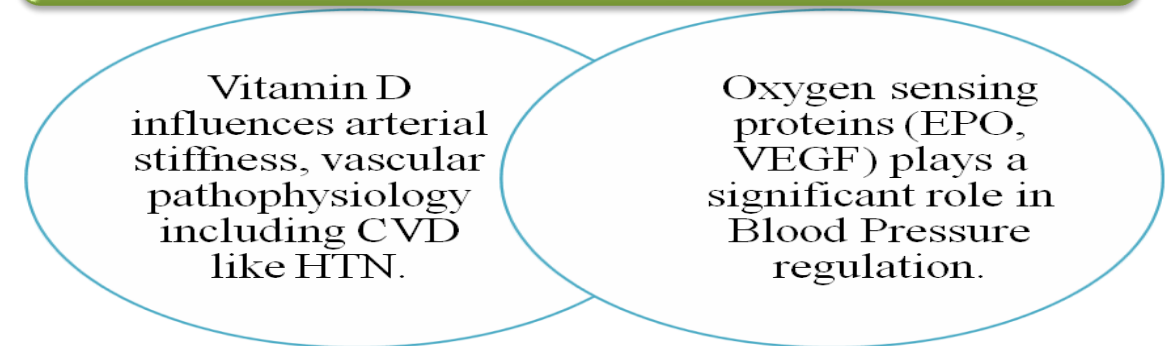
Methodology



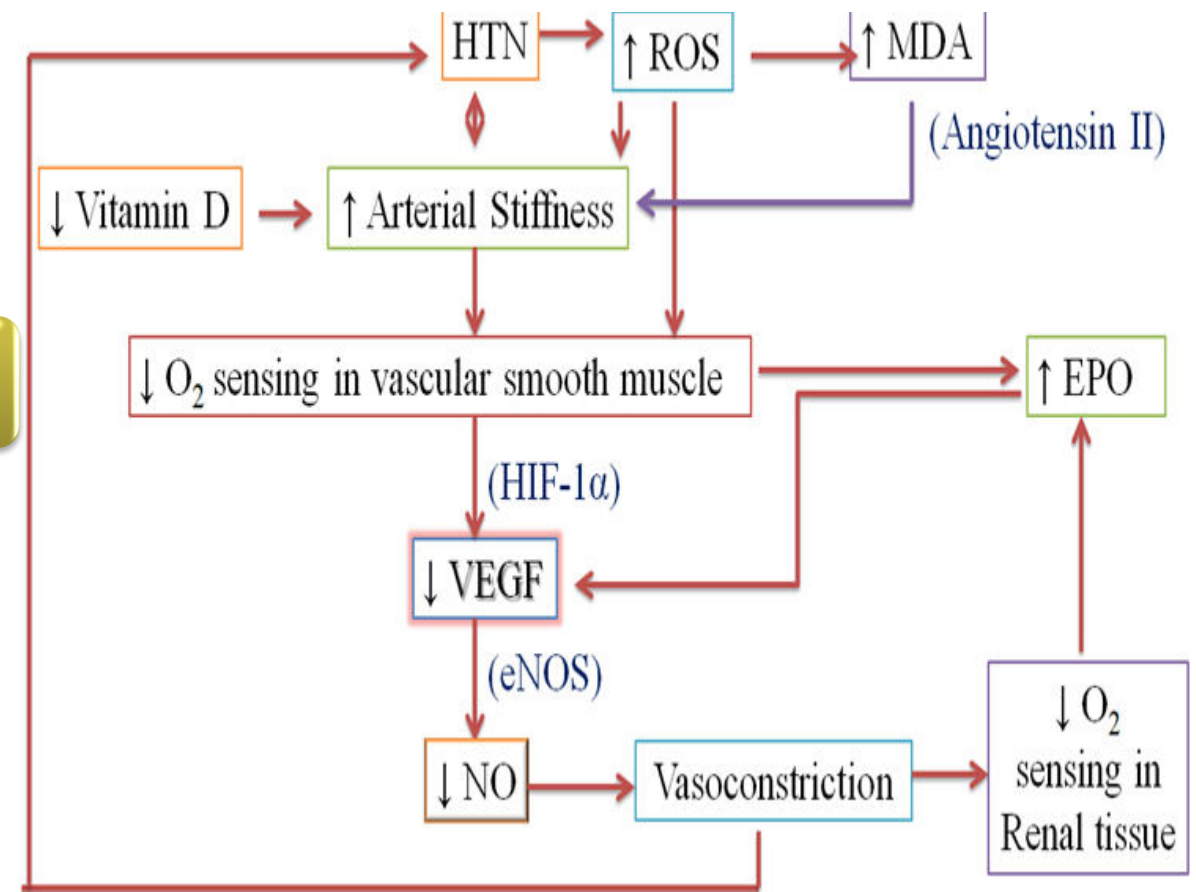
Results



Conclusion



Summary





VEGF LEVELS IN CHILDREN WITH THALASSEMIA AND ITS CORRELATION WITH SERUM FERRITIN AND PULMONARY HYPERTENSION.

NANDAKISHORE KULKARNI

Dept. of Pediatrics, BLDE (DU) Shri B M Patil Medical College Hospital and Research Centre, Vijayapur.

INTRODUCTION

Being one among most prevalent inherited diseases in Asia and the majority of the world, thalassaemia has attracted considerable scientific interest.

Burden:

Every year **new 10,000 children** are born in India.

Life span 20- 30years. With very frequent blood transfusions.

Financial and emotional stress.

Complications affecting multiple systems causing prolonged morbidity.

Pulmonary hypertension is the most common cause leading to cardiovascular failure and mortality eventually.

Serum VEGF- this indicates the hypoxic stress due to low Hb levels.

Serum ferritin – indicates amount of iron overload due to frequent transfusion.

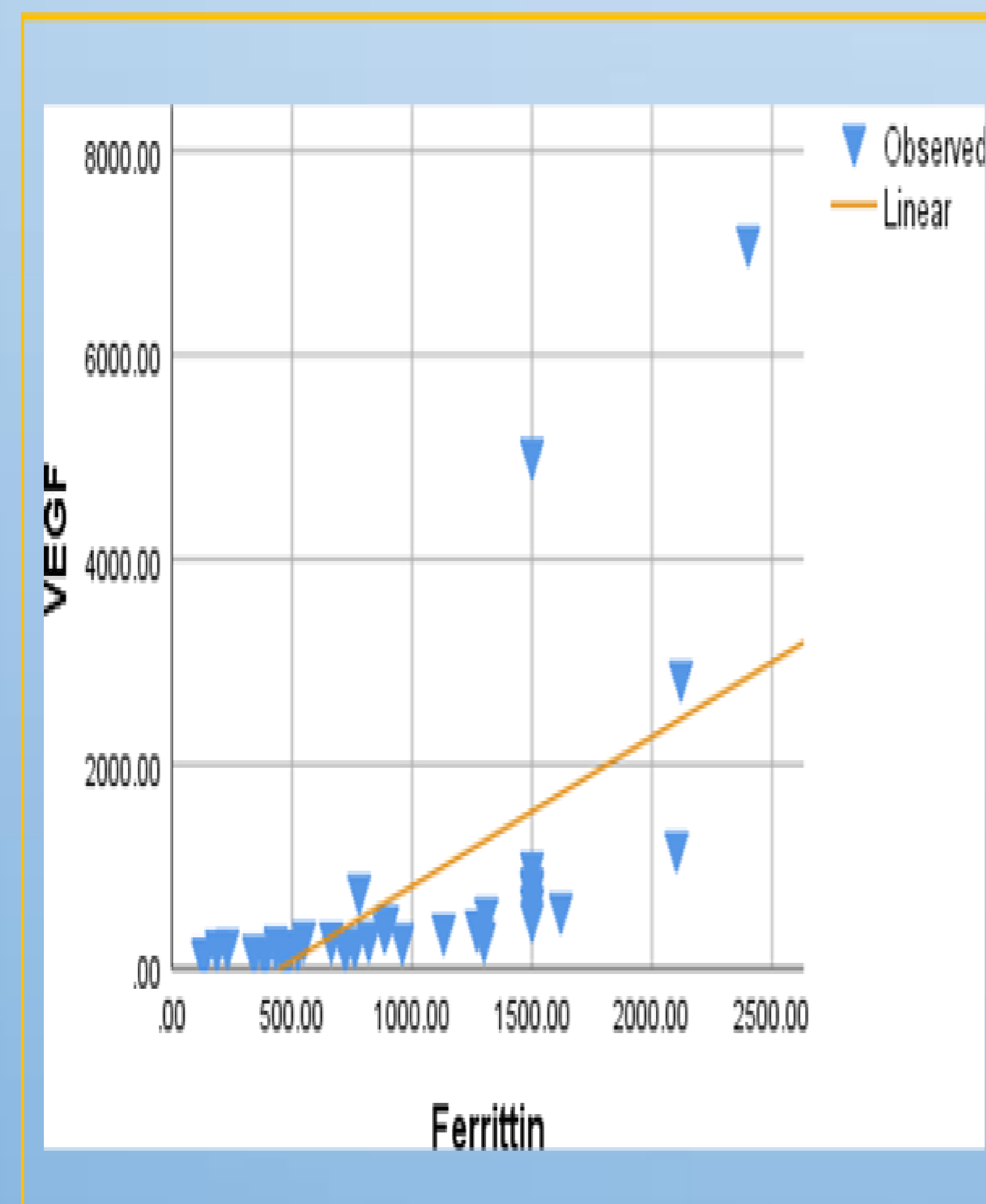
AIMS AND OBJECTIVES :

- The aim of the study was to assess serum VEGF level as a marker of angiogenesis and as an indicator of pulmonary hypertension
- And to correlate the VEGF levels with serum Ferritin and Pulmonary arterial Hypertension thalassaemic children.

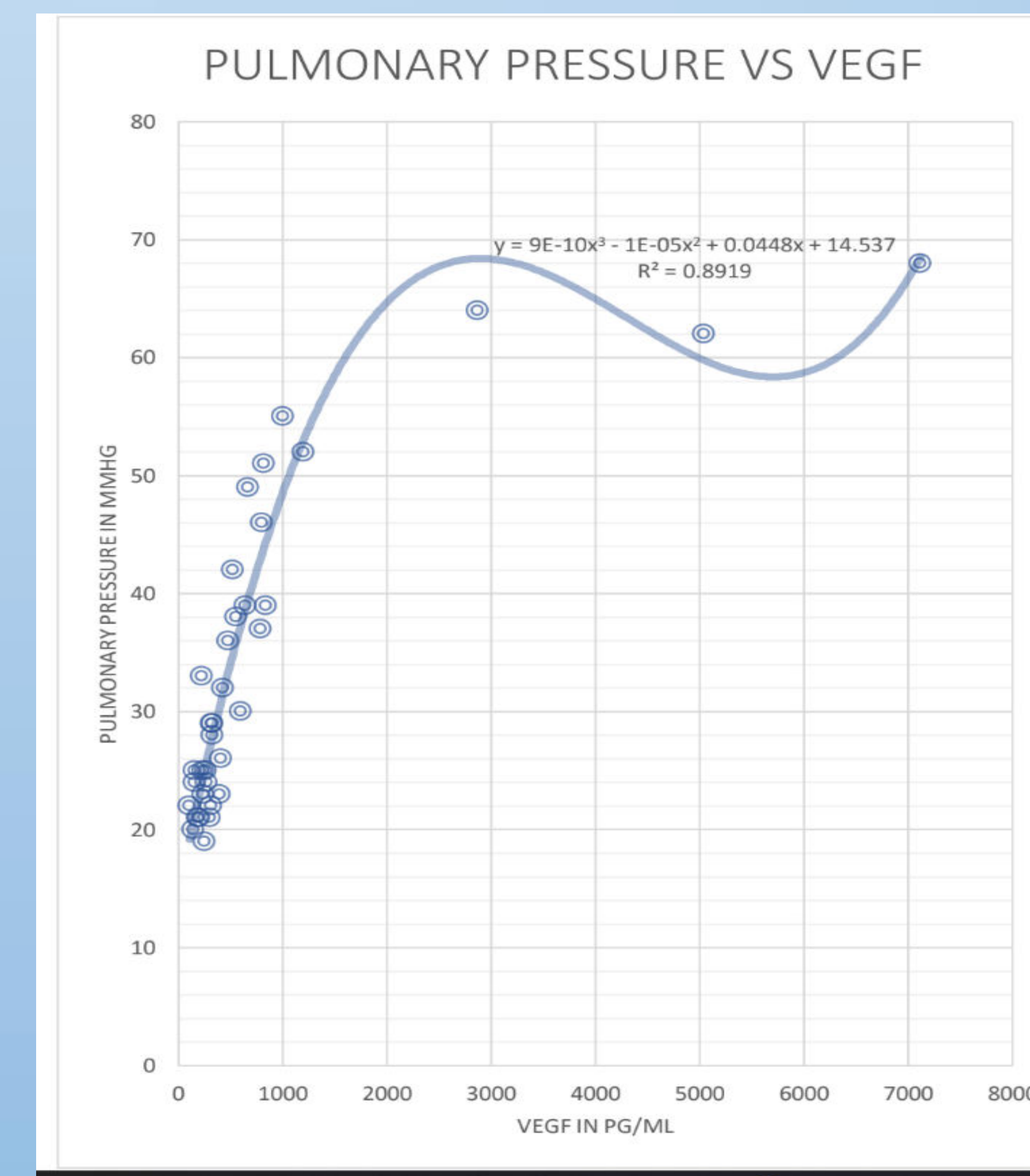
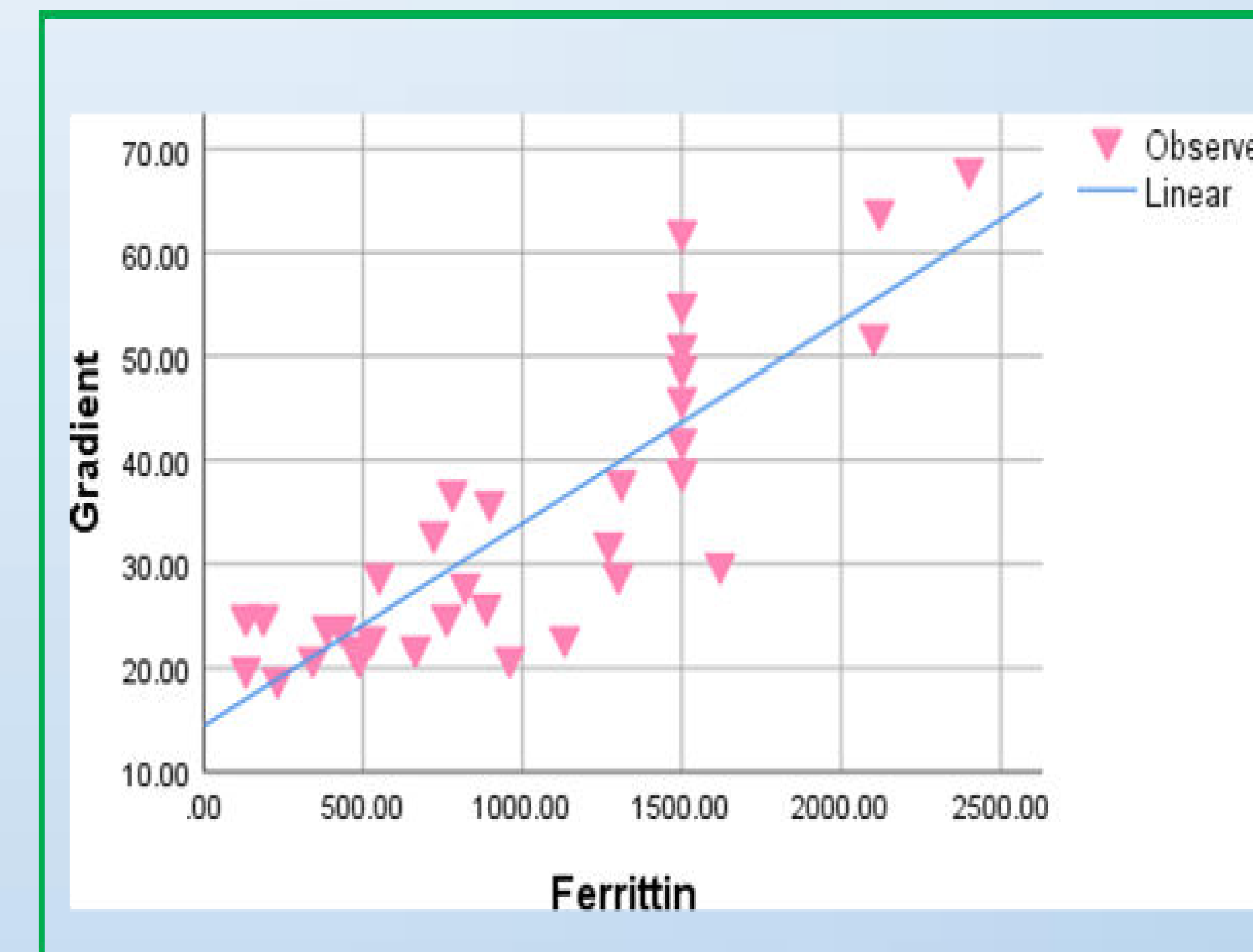
MATERIALS AND METHODS

The study's sample size consists of 32 beta-thalassemia major patients getting treated in BLDE pediatrics department. Routine blood investigations were done.

Along with that, serum ferritin and VEGF. ECHOCARDIOGRAPHY was be done in all children in the study population. Then the data will be analysed for the correlation between serum VEGF, Ferritin and PAH



RESULTS



CONCLUSION

In a country like India, where thalassaemia is highly prevalent in the general population and there is an ever-increasing load of patients we must focus on the prevention of thalassaemia. Presently blood transfusion in conjunction with chelation therapy is the most popular treatment approach in symptomatic thalassaemia cases. Hence, we conclude that better management of thalassaemia can be done by frequent transfusions to maintain optimum Hb, along with that, adequate chelation and frequent evaluation of serum ferritin, VEGF and 2D echocardiography has to be considered.

NOVELTY:

1. This study attributes the cause of the pulmonary hypertension in thalassemia patients. By correlation with VEGF and

APPLICATION:

1. We can directly address the root cause of the PAH, by frequently monitoring the VEGF levels in predicting PAH.
2. Adequate blood transfusions must be encouraged.



EXPLORING THE PREDICTIVE VALUE OF NEUTROPHIL-LYMPHOCYTE RATIO AND PLATELET-LYMPHOCYTE RATIO IN FEBRILE SEIZURES: A PROGNOSTIC MARKER

Tejas D

Dept of Pediatrics, BLDE (DU), Shri B M Patil Medical College Hospital and Research Center, Vijayapura.



Background

- Objective diagnostic markers are required to identify the type of seizures which occur outside the hospital.
- To the best of our knowledge, there are no studies from India evaluating the role of NLR or PLR in febrile seizures and their influence on the Length of hospital stay.

Aims and Objectives

- To assess the usefulness of Neutrophil-to-Lymphocyte Ratio (NLR) and Platelet Lymphocyte Ratio (PLR) as prognostic markers for febrile seizures.

Methodology

- STUDY DESIGN : A Prospective Cohort** with follow up conducted over 18 months.
- 91 febrile seizure cases between 6 months to 5 years were enrolled in the study.
- NLR was calculated by dividing the absolute neutrophil count by the absolute lymphocyte count and analysed.
- NLR above 1.13 was considered as high NLR ratio. PLR above 137.3 was considered as high PLR.
- The patients were **followed up for a period of 6 months** for recurrence of seizures.

Results

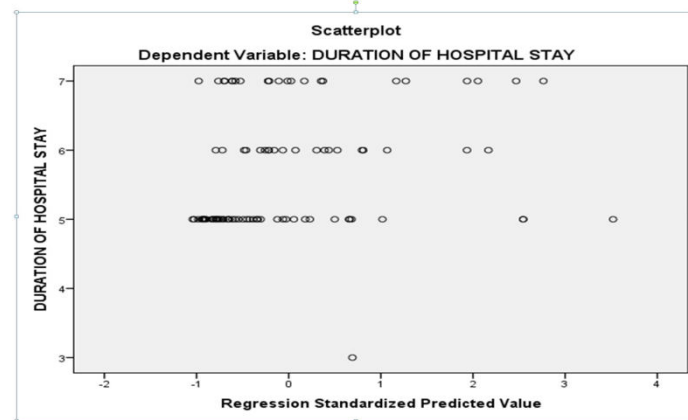
- Considering an NLR of 1.13 as a cut-off and high NLR, there was a strong association between high NLR and prolongation of hospital stay (**Table 1**) [**p=0.001**]
- The association between NLR and Length of hospitalization is depicted as a scatter plot in **Figure 1**.

Table 1: NLR levels elevated and prolonged hospital stay

		Prolongation hospital stay		Total
		Prolongation of hospital stay	No prolongation of hospital stay	
NLR_Threshold*	low	1	13	14
	high	41	36	77
Total		42	49	91

* p=0.001

Figure 1: Scatter plot of Neutrophil Lymphocyte Ratio and Duration of Hospital stay



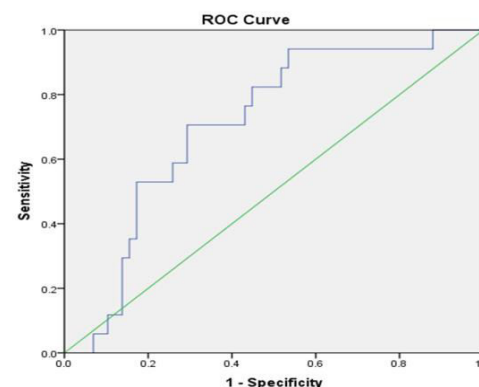
Results

- All followed-up cases of febrile seizures showed that a total of 17 cases of seizure recurrence within six months were associated with low PLR values.
- A look at coordinates from **Table 2 & figure 2** shows that a cut-off 111 and below has **70% sensitivity and 61% specificity** in predicting seizure recurrence in children presenting with febrile seizures.

Table 2: Levels of PLR and Seizure recurrence

	PLATELET - LYMPHOCYTE RATIO (PLR)		P value
	Follow Up Seizure		p=0.02
	Seizure Recurrence	No seizure recurrence	
N	17	58	
Mean	94.25	166.38	
Std. Deviation	68.14	116.57	

Figure 2: ROC - PLR & Seizure recurrence



Discussion

- In their study by **Goksugur et al.**, there was a substantial difference in the reported NLRs in the SFS and CFS groups, which were 2.18 ± 1.9 and 3.8 ± 4.2 , respectively. However, no such difference was seen in our study.
- The high NLR observed in our study is similar to the one reported by **Li et al.**
- PLR** was significantly lower in those children who had recurrence compared to those who did not.

These outcomes are identical to those of a study by Tang et al., which discovered a significant difference in PLR levels between the group with recurrent and non-recurrent seizures.

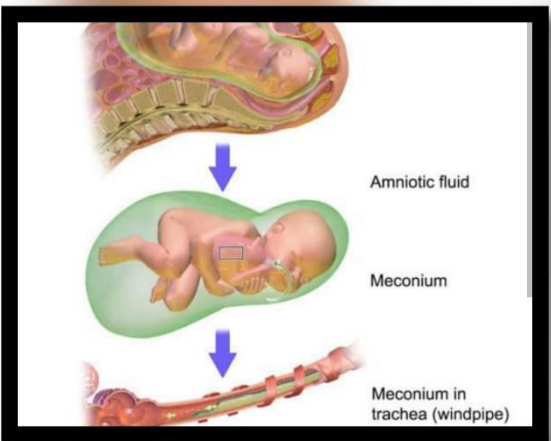
Conclusion

High NLR implies **prolonged hospital stay**.

- Seizure recurrence was seen in 22% of the children with low PLR values.

Novelty

- NLR can help in **prognosticating high-risk** children for providing appropriate care.
- A **low PLR** can be used as a predictor of **seizure recurrence**.



Pathophysiology of MAS

- Release of cytokines and proinflammatory factors
- Obstruction of airways
→ gas trapping
→ alveolar rupture
- Deactivation and decreased synthesis of surfactant

METHODOLOGY

108 MAS NEONATES WERE ENROLLED.

LEVEL IIIA NICU - SHRI B.M. PATIL MEDICAL COLLEGE.

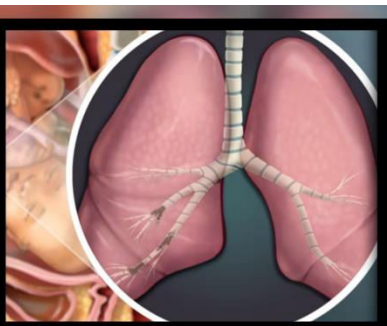
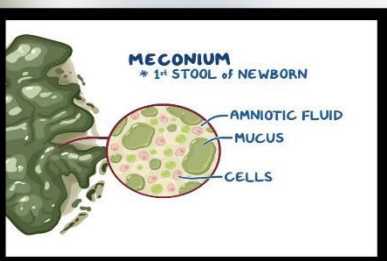
54 - BUDESONIDE NEBULIZATION

54 - NORMAL SALINE NEBULIZATION

STUDY OF BUDESONIDE THERAPY IN MECONIUM ASPIRATION

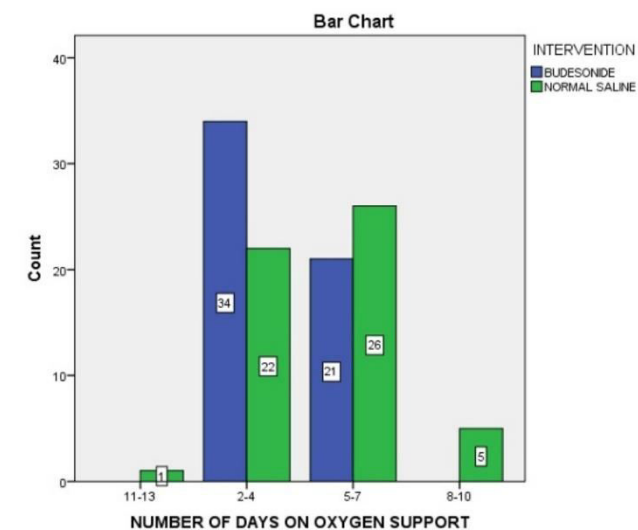
Shri B.M. Patil Medical College

-Dr.Shravani



**AIMS
TO STUDY THE EFFECTS OF
EARLY INHALED BUDESONIDE
THERAPY**

**ON MECONIUM ASPIRATION
IN TERM AND POST TERM**





- A Prospective Cohort Study.

CHINTAM V K KUMAR REDDY*, S.S. KALYANSHETTAR, S.V. PATIL, M.M. PATIL

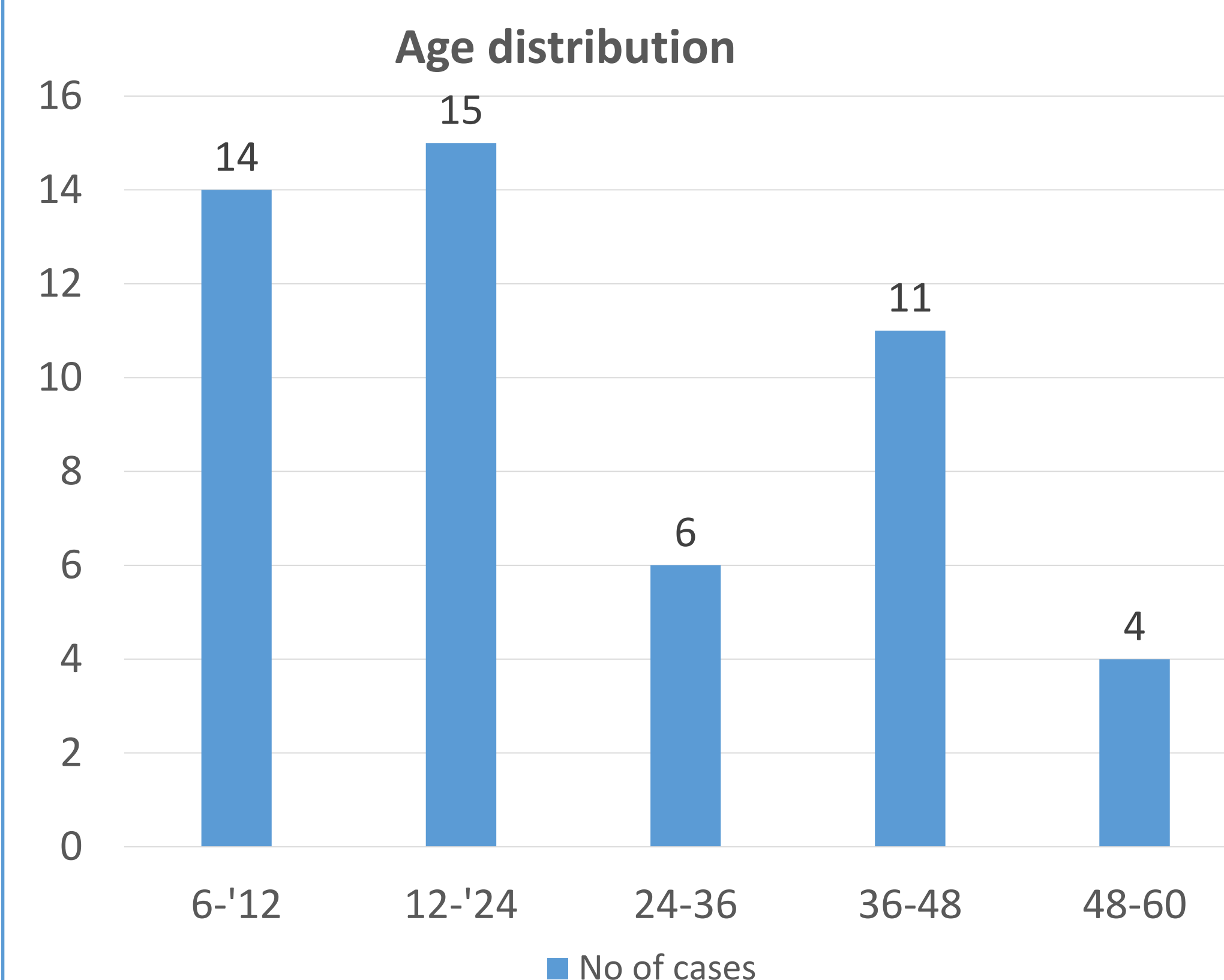
Dept. of Pediatrics, BLDE (DU) Shri B M Patil Medical College Hospital and Research Centre, Vijayapur.

INTRODUCTION

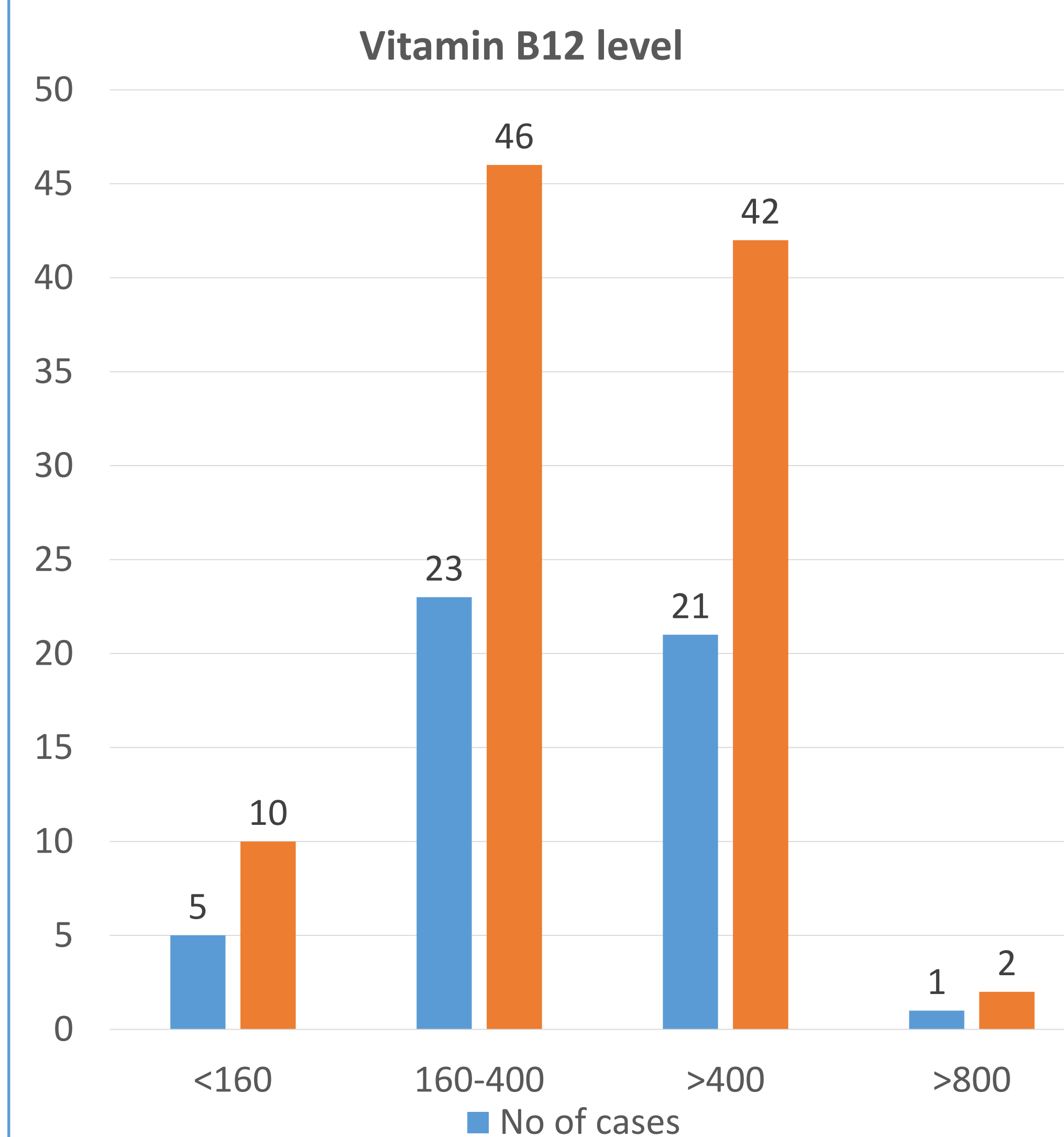
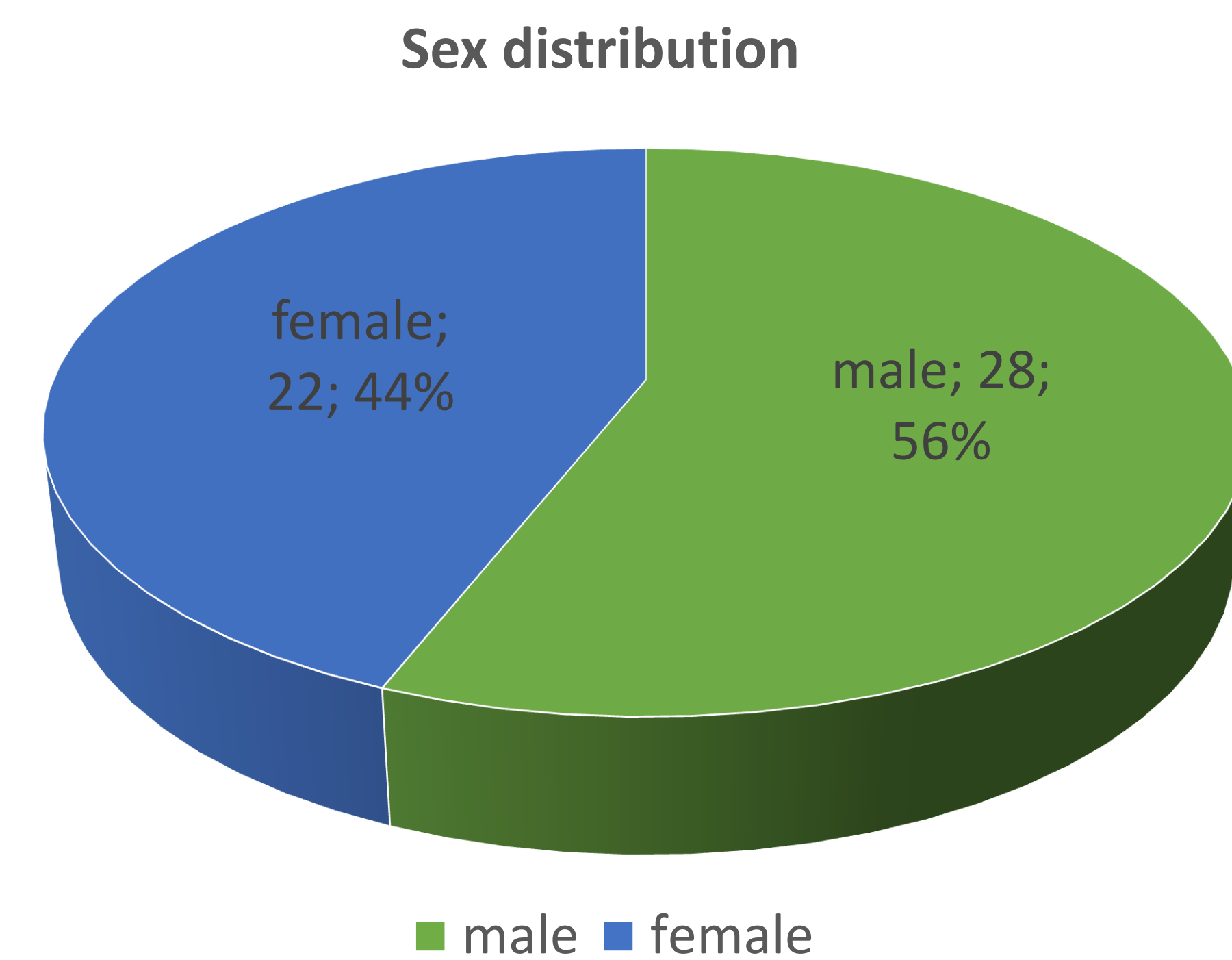
Febrile seizure defined by national institute of health as “an event in infancy or childhood usually occurring between 3 months to 5 years but without evidence of intracranial infection or defined cause for seizure”. Serum Vitamin B₁₂ and folic acid levels are shown to be low in febrile seizures in some studies.

AIMS and OBJECTIVES

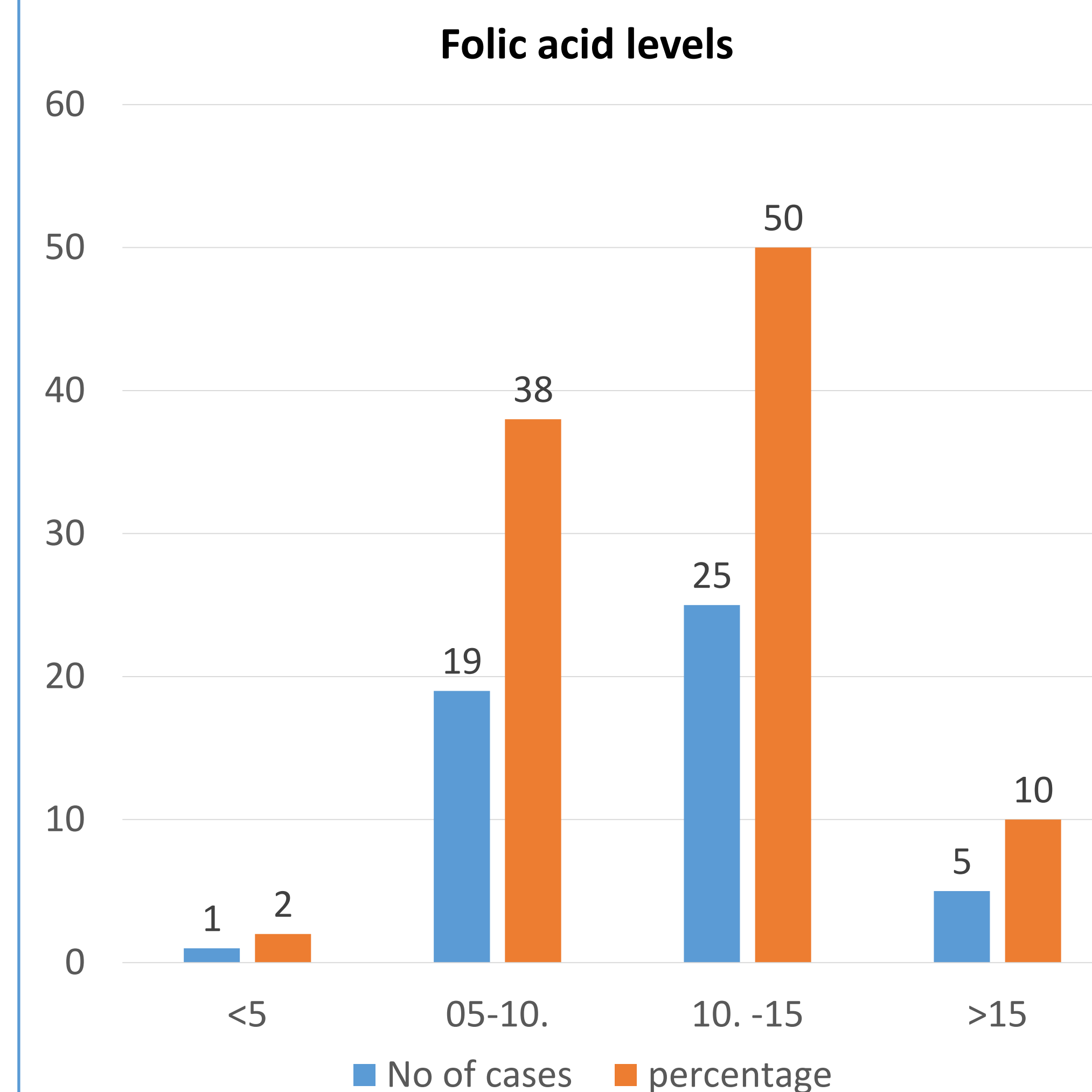
- To assess vitamin B12 and folic acid levels in children with febrile seizures.
- To see the correlation between vitamin B12 and folic acid levels and recurrence of febrile seizures.

**MATERIALS AND METHODS**

This study was Prospective observational study, conducted in Pediatric ward and PICU of B.L.D.E.U's, Shri.B.M. Patil medical college hospital & research centre. From Jan 2021 to June 2022.

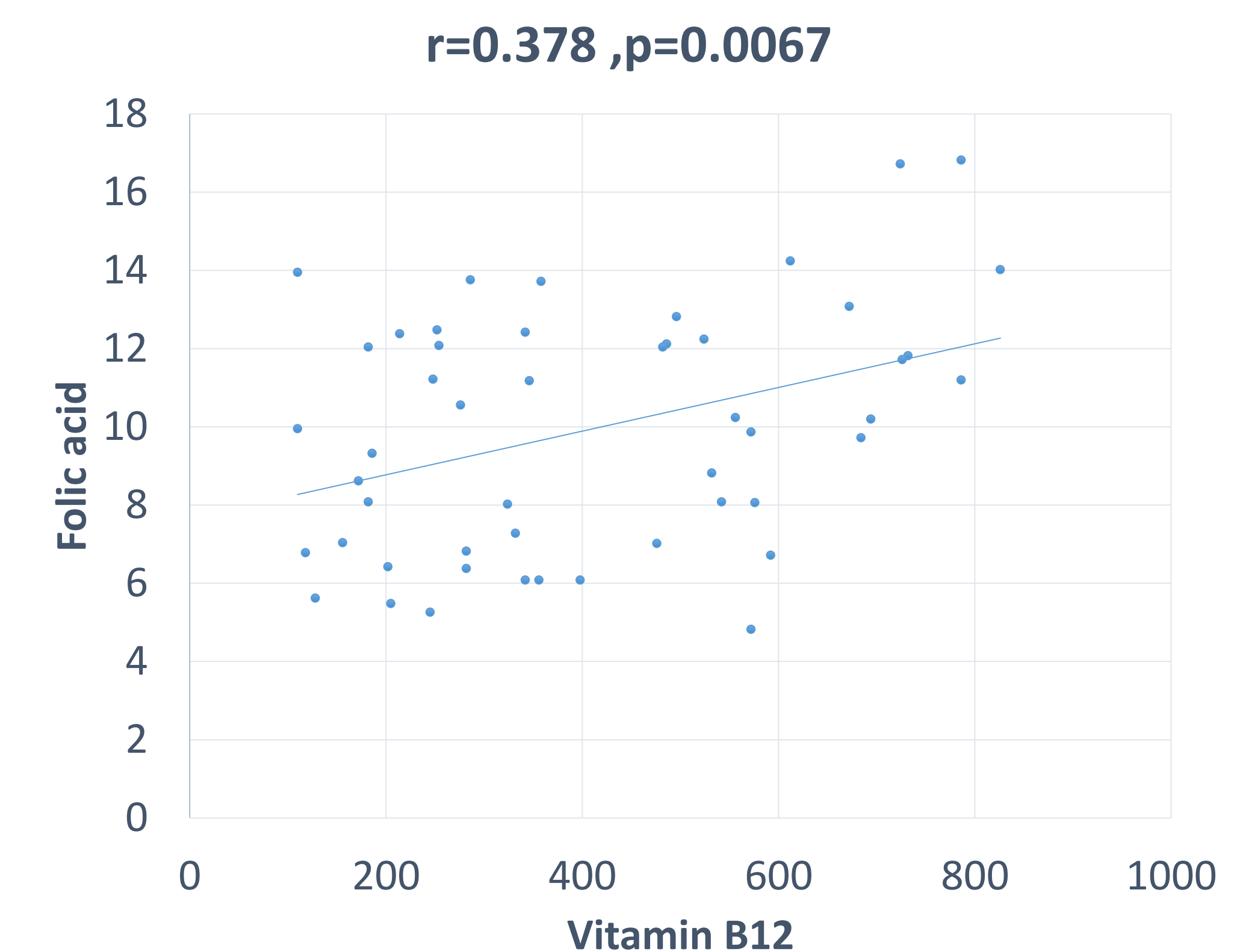
**RESULTS**

Out of 50 cases 28 were male children, 22 were female children with peak age incidence between 12-24 months. 6 children had recurrence febrile seizures. Out of 50, 5 children had very low levels of serum vitamin B₁₂ and 21 children had normal values. 20 children had low serum folic acid levels and 30 had normal values. The Correlation coefficient between vitamin B12 and folic acid $r=0.378$ and p -value - 0.0067. There is a significant positive correlation between vitamin B12 and folic acid.

**CONCLUSION**

In this current study we observed that vitamin B12 and folic acid levels were low in children with febrile seizures. The correlation between vitamin B12 and folic acid is positive, significant correlation (P value = 0.0067). In recurrent febrile children both vitamin B12 and folic acid levels were low. In this study MPV values were low in children with febrile seizures. These findings could be attributed to immature hematopoietic systems in children or to active inflammatory states.

Correlation between vitamin B12 and Folic acid



A PROSPECTIVE STUDY OF FACTORS INFLUENCING THE OUTCOME OF ENDOSCOPIC FRONTAL SINUS SURGERY

PRESENTER : DR.NEETHU.M.B

GUIDE : DR.H.T.LATHADEVI

AIMS AND OBJECTIVES:

1. Relation between the pneumatization of the frontal sinus and the outcome of the surgery.
2. Correlation between the status of frontal recess at the end of surgery and the final outcome of the surgery.
3. Correlation between post-operative findings with improvement in symptoms of the patient.

METHODS

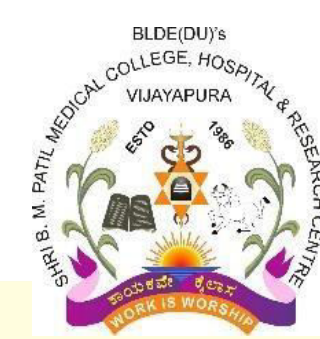
A prospective study done in 30 patients with chronic sinus pathologies involving frontal sinus over a period of 2 years.

The factors assessed includes

- 1.pneumatisation of frontal recess on CT scan .
2. frontal glow after opening frontal recess
3. state of frontal recess,
- 4.symptomatic relief of patients using SNOT-22 score.

CONCLUSION

- The study showed that there is no significant relation between pneumatization of frontal sinus and final outcome of surgery.
- There is significant correlation between condition of frontal recess (Mucosa lined frontal recess has better surgical outcome) and surgical outcome.



3MT (3 Minute Thesis) Presentation

Effect of cilnidipine as an antihypertensive agent on two forms (L-NAME & L-NAME+4%NaCl) of hypertension in rats

Gouher Banu-PhD Scholar, Kusal K Das-PhD Supervisor

Department of Physiology BLDE(DU) Shri B.M.Patil Medical College, Hospital & Research Centre

INTRODUCTION

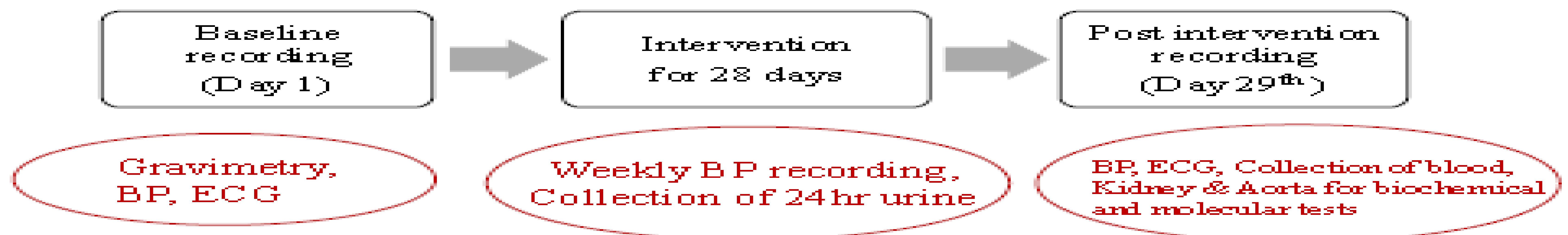
Cilnidipine is a dihydropyridine, 4th generation calcium channel blocker (CCB). It inhibits both L/N type calcium channels. Vasodilating effects from cilnidipine are slow-acting and persistent. Very few research studies have been done to clarify how N-type calcium channel blockers affect nitric oxide deficient hypertensive rats.

OBJECTIVES

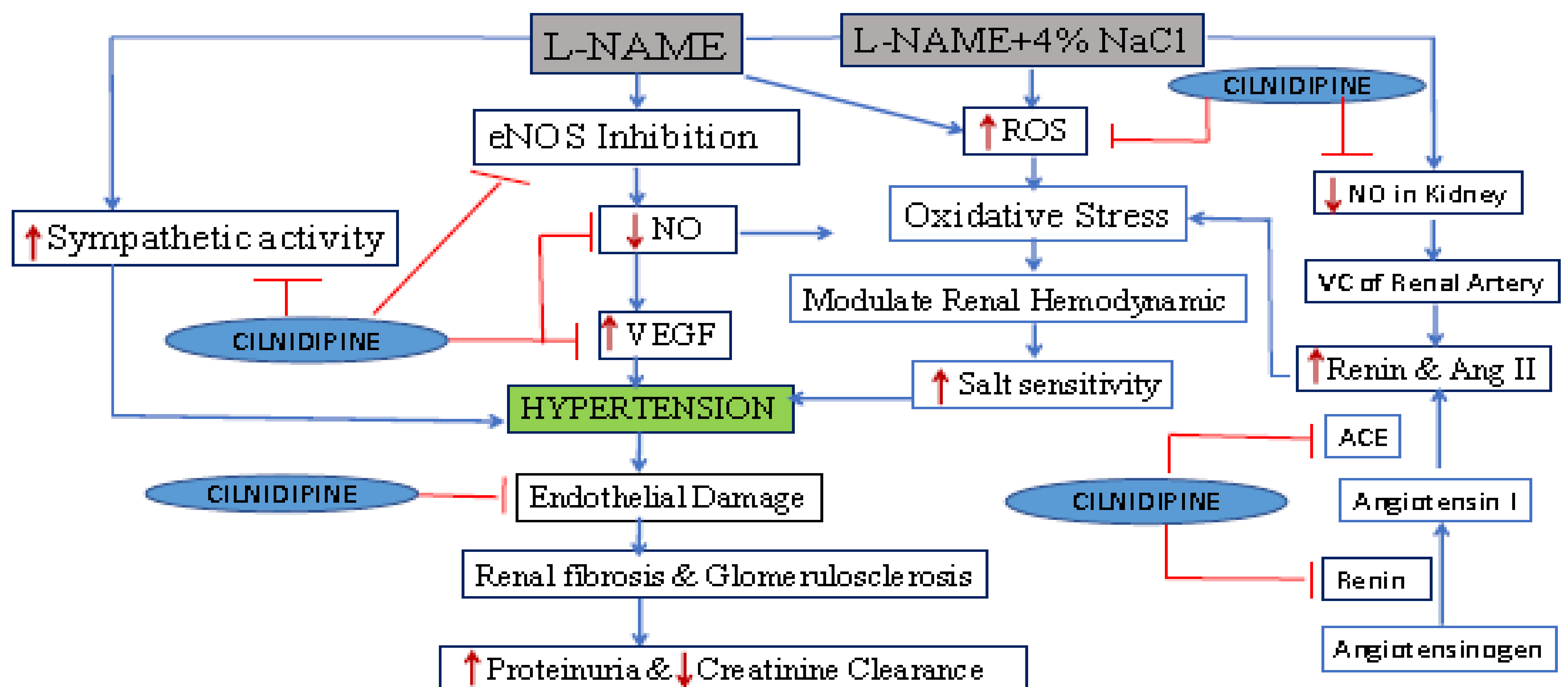
The purpose of our study was to show protective effect of cilnidipine on L-NAME or L-NAME plus salt induced experimental hypertension rats

METHODS

Study Protocol



RESULTS & CONCLUSION



ATTENDANCE SHEET

BLDE (Deemed To BE University)







Research & Development (R & D) Cell

List of PG Students 3 MINUTE THESIS (3MT) Competition





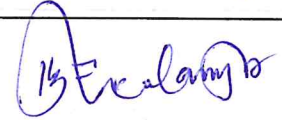

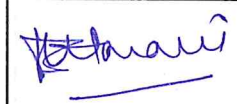



Date:-07th March 2023







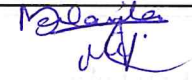



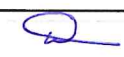
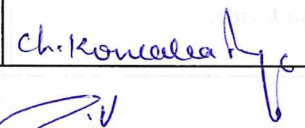
Time :-3.00 PM


Venue:- Medical Education Hall Hospital


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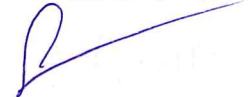

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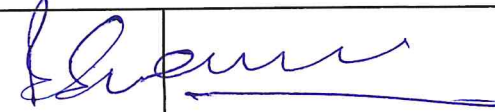

Dr. Akshat
D. Akshat

Surya R
Surya R

Abdul Ashraf
Abdul Ashraf
799989900
799989900

Dr S M. Bhatnagar medicine prof



	Dr Shivan Bhatnagar	medicine	Professor HOD		
	Dr S. S. Nandi	orthopaedic	Professor HOD		

Mr. RAHUL C

Anaesthesia

AP. Anaesthesia



Dr. Y. B. Kulkarni

Paediatrics

SR



Dr. Surekha B. Hippargi

Pathology
Gen.

Professor

10.03.23

Dr. Priyanka Tomar

Medicine

PG - 3rd yr. Medicine



Dr. Sneha Mukherjee

Gen. Medicine

PG - 3rd yr Med.

P2

Dr. Gaurav Somani

Gen medicine

PG 2nd yr

ES.

Dr. Jahangir Alam

Gen Medicine

PG 1st yr



Dr. Vijayalaxmi Patil

Pathology

Assoc. Prof



Dr. Vijay. V. Katti

Anaesthesiology

"



Dr. Santosh. Alalamath

Anaesthesia

Asst Prof



Dr. Anurag. Ingath.

Medicine

Asst. Prof.



Dr. Rahul Gouk

Gen medicine

PG 1st year



Dr. K. Kulkarni

Resp med.

MD 1st yr



Dr. A. P. Ambale

Gen med

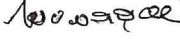
Professor



Dr. Manjunatha Athada

Physiology

Professor



3 Minute Thesis (3MT)

Research & Development (R&D) Cell of the University organized a unique 3 Minute Thesis (3MT) competition for postgraduates on **07th March 2023** at Medical Education Hall. A total of **28** PGs participated in the competition. All the participants presented their research in 3 minutes.

The competition was judged by jury Panel comprising of

1. Dr. Akram Naikwadi, Professor & Head, Dept of Pharmacology
2. Dr. K.G.Akmanchi, Professor, Department of Allied Health Sciences
3. Dr. A.V.Raghu, Professor, Allied Health Sciences.

The event was attended by Dr. Aravind Patil, Principal & Dean Faculty of Medicine, Dr. S.S.Kalyanappagol, Dr. Sharan Badiger and other faculty members and postgraduates and hugely appreciated by all.

The gathering was welcomed by Dr. M.M.Patil, Director of R & D and Dr. Siddling Talikoti presented the participants. Dr.Chandrika Doddihal, Deputy Director, R & D proposed the vote of thanks.

Faculty of R & D Cell, Dr. Nirmala G, Mr. Vijay, Mr. Santosh, Mr. Harish & IT department were present at the event.

The winners of the competition were awarded a cash prize of Rs. 10000 for First Prize, Rs 7500 for second prize and Rs.5000 for third prize

The results of the competition was as below

First Prize : Dr. Sharvani K (Dept of Paediatrics)

Second Prize : Dr. Anju T (Dept of Paediatrics)

Third Prize : Dr. Lalwani Karan Manohar (Dept of Psychiatry)

Third Prize : Dr. Monish Shekhar (Dept of Dermatology)



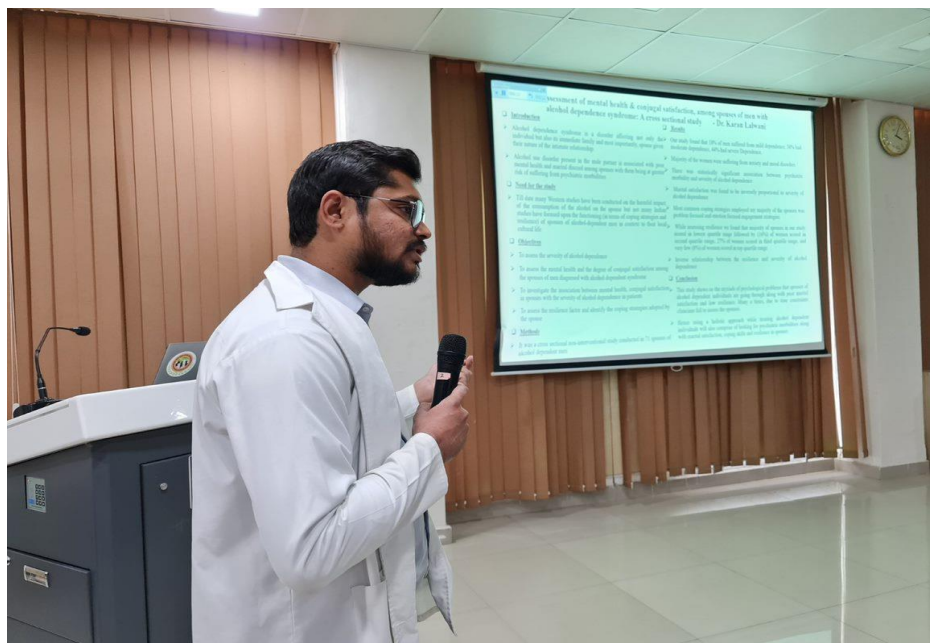
Dr. Shravani K



Dr. Anju T



Dr. Monish Shekhar



Dr. Lalwani Karan







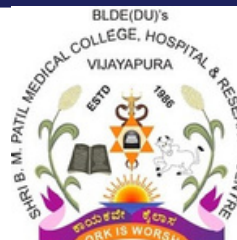




BLDE (DEEMED TO BE UNIVERSITY)

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

Accredited with 'A' Grade by NAAC (Cycle-2)



RESEARCH AND DEVELOPMENT CELL

3 MINUTE THESIS COMPETITION (3MT)

CERTIFICATE OF PARTICIPATION

PROUDLY PRESENTED TO

DR. SHRAVANI K



has participated in 3 Minute Thesis (3MT) Competition conducted on 7th March 2023
& has secured First Prize

Dr. R.S.Mudhol

Vice Chancellor

Dr. Aravind V Patil

Dean Faculty of Medicine

Dr. M.M.Patil

Director R & D Cell



BLDE (DEEMED TO BE UNIVERSITY)

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RESEARCH AND DEVELOPMENT CELL

3 MINUTE THESIS COMPETITION (3MT)

CERTIFICATE OF PARTICIPATION

PROUDLY PRESENTED TO

DR. ANJU T



has participated in 3 Minute Thesis (3MT) Competition conducted on 7th March 2023
& has secured Second Prize

Dr. R.S.Mudhol

Vice Chancellor

Dr. Aravind V Patil

Dean Faculty of Medicine

Dr. M.M.Patil

Director R & D Cell



BLDE (DEEMED TO BE UNIVERSITY)

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.
Accredited with 'A' Grade by NAAC (Cycle-2)



RESEARCH AND DEVELOPMENT CELL

3 MINUTE THESIS COMPETITION (3MT)

CERTIFICATE OF PARTICIPATION

PROUDLY PRESENTED TO

DR. LALWANI KARAN MANOHAR



has participated in 3 Minute Thesis (3MT) Competition conducted on 7th March 2023
& has secured Third Prize

Dr. R.S.Mudhol
Vice Chancellor

Dr. Aravind V Patil
Dean Faculty of Medicine

Dr. M.M.Patil
Director R & D Cell



BLDE (DEEMED TO BE UNIVERSITY)

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

Accredited with 'A' Grade by NAAC (Cycle-2)



RESEARCH AND DEVELOPMENT CELL

3 MINUTE THESIS COMPETITION (3MT)

CERTIFICATE OF PARTICIPATION

PROUDLY PRESENTED TO

DR. MONISH SHEKHAR



has participated in 3 Minute Thesis (3MT) Competition conducted on 7th March 2023
& has secured Third Prize

Dr. R.S.Mudhol

Vice Chancellor

Dr. Aravind V Patil

Dean Faculty of Medicine

Dr. M.M.Patil

Director R & D Cell



BLDE (DEEMED TO BE UNIVERSITY)

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

Accredited with 'A' Grade by NAAC (Cycle-2)



RESEARCH AND DEVELOPMENT CELL

3 MINUTE THESIS COMPETITION (3MT)

CERTIFICATE OF PARTICIPATION

PROUDLY PRESENTED TO

DR. GOUHER BANU SHAIKH



has participated in 3 Minute Thesis (3MT) Competition conducted on 7th March 2023
& has awarded Special Appreciation Prize

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Vice Chancellor

Dr. Aravind V Patil
Dean Faculty of Medicine

Dr. M.M. Patil
Director R & D Cell

ATTENDANCE SHEET**BLDE (Deemed To BE University)****Research & Development (R & D) Cell****List of PG Students 3 MINUTE THESIS (3MT) Competition****Date:-07th March 2023****Time :-3.00 PM****Venue:- Medical Education Hall Hospital**

SI NO	Name	Department	Email ID	Contact No	Signature
1	Dr Amrit Podder	Physiology			
2	Dr.Ravi Apporva	Respiratory Medicine			
3	Dr.Gouher Banu Shaikh	Physiology			
4	Dr.Pranavi V	Respiratory Medicine			
5	Dr.Pidikiti Lavanya	Pediatrics			
6	Dr Radhika R Krishnan	ENT			
7	Dr.Chidvitha Sai Kurra	Pediatrics			

8	Dr.Shraddha Barate	Pathology			
9	Dr Mohnish Sekar	Dermatology,Venereology & Leprosy			
10	Dr Santosh B T	General Medicine			
11	Dr Anju T	Pediatrics			
12	Dr.K Elizabeth	Pathology			
13	Dr Shravani K	Pediatrics			
14	Dr Lalwani Karan Manohar	Psychiatry			
15	Dr KavyaDeepu R M	Dermatology,Venereology & Leprosy			
16	Dr Tejas D	Pediatrics			
17	Dr Sultana S Talukahs	Pathology			

18	Dr Marri Shiva Shankar	Dermatology,Venereology & Leprosy			
19	Dr JayeshKumar Soni	Orthopaedics			
20	Dr Nandakishore Kulkarni	Pediatrics			
21	Dr Melkala bhargave Swaraj	Psychiatry			
22	Dr Ekalavya Bilkhiwal	Dermatology,Venereology & Leprosy			
23	Dr Prashanth MR	General Medicine			
24	Dr Bhargavi Uttmani	Dermatology,Venereology & Leprosy			
25	Dr Pratyusha Karuko	Pathology			
26	Dr Harshitha G D	Pediatrics			
27	Dr.Hina Gami	Pathology			

28	Dr Venkatesh Reddy A	Pediatrics			
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3 Minute Thesis (3MT) Feedback Form

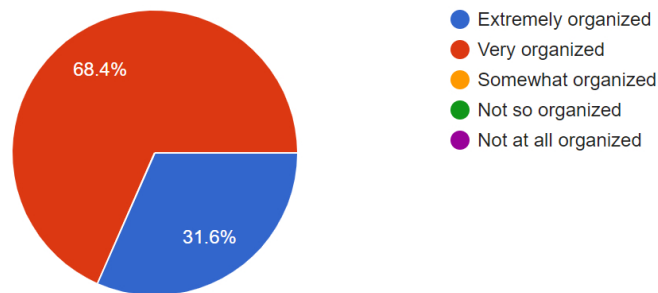
19 responses

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How organized was the event?

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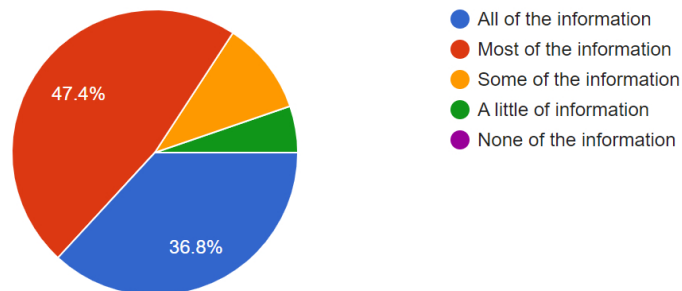
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Prior to the event, how much of information that you needed did you get?

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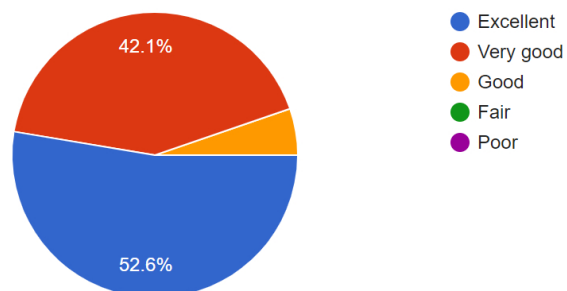
19 responses



Overall how do you rate the event?

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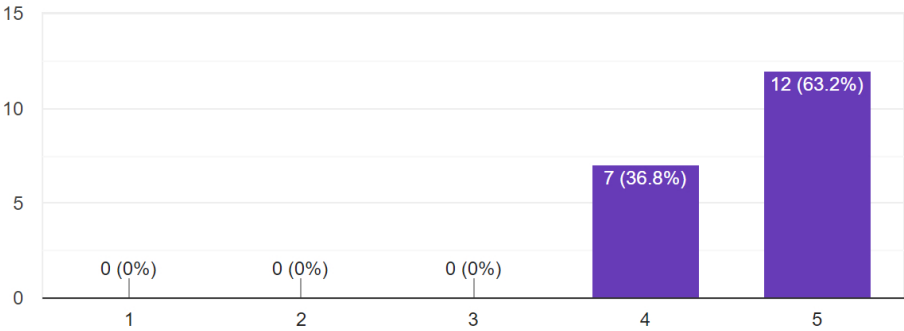
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How likely is that you would recommend this competition to your friend/colleague?

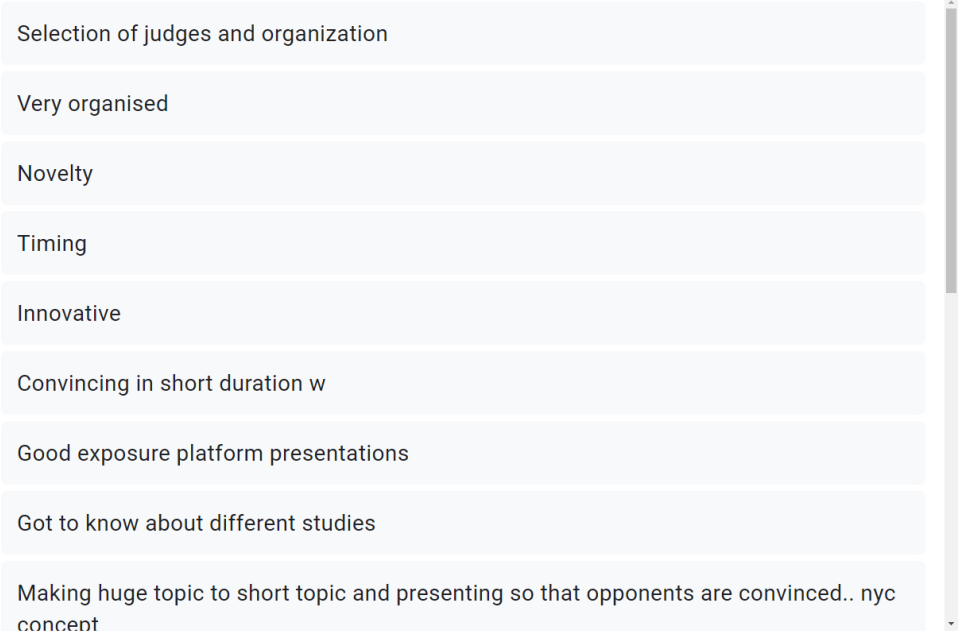
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19 responses



What did you like about the event

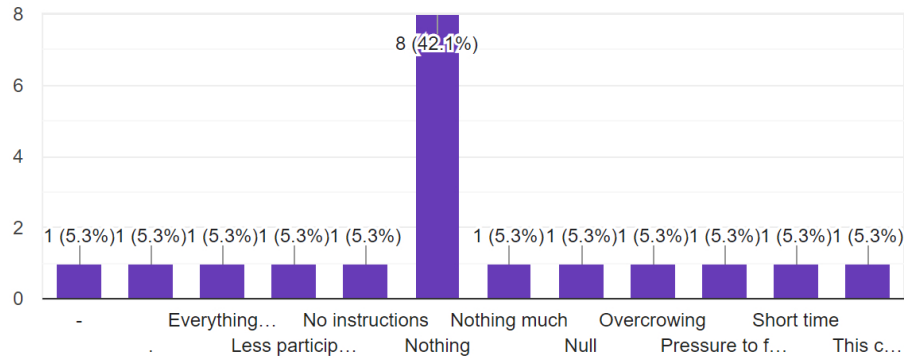
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What did you dislike about the event?

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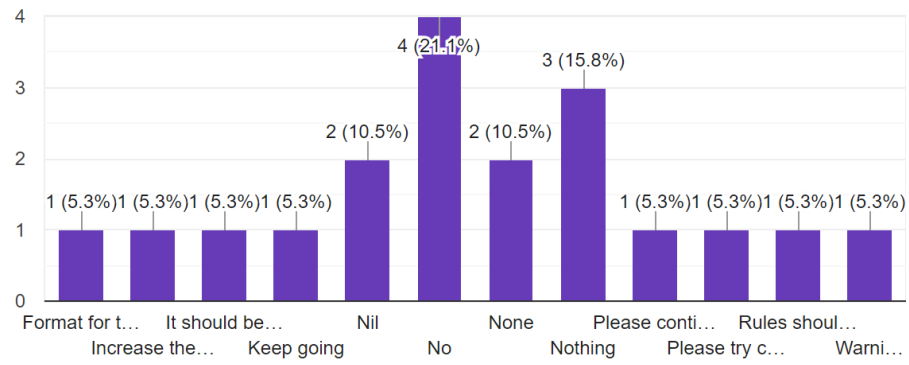
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Any other suggestions

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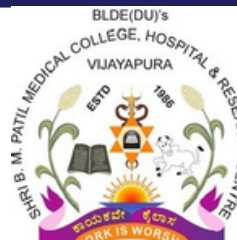
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