#### **BLDE (DEEMED TO BE UNIVERSITY)** SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

# CAPACITY BULDING PROGRAMMES

gain, improve, and retain the skills and knowledge



## These are the processes by which individuals and organizations

# INTRODUCTION

These programs are created based on:

**Institutional arrangements:** To fix problems associated with institutional arrangements by developing human resource frameworks cover policies and procedures for recruitment, deployment, and transfer, incentives systems, skills development, performance evaluation systems, and ethics and values." **Leadership:** Strong leadership allows for easier adaption to changes, strong leaders can also influence people. The institution uses coaching and mentoring programmers to help encourage the development of leadership skills such as priority setting, communication, and strategic planning. Knowledge: Knowledge is the foundation of capacity. Greater investments are made in establishing strong education systems and opportunities for continued learning and the development of professional skills. Accountability: The implementation of accountability measures facilitates better performance and efficiency. Institute promotes the development of capacities such as

literacy and language skills.









#### Language and Communication Skill Development

#### **Analytical Skills**

#### **Personality and Professional** Development





### SOFT SKILL DEVELOPMENT

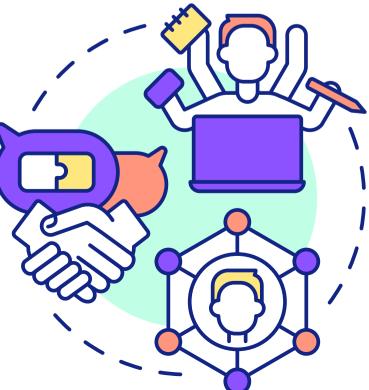
The real key to the effectiveness of professionals is their ability to put their domain knowledge into effective practice. In this context, soft skills have a crucial role to play. If future healthcare professionals know how to deal with people at the emotional level (peers, subordinates, superiors, patients & Patient attenders, etc.) through Emotional Intelligence (EI), they can build and sustain effective relationships that will result in mutual gain. The training benefits the students, both in their early professional careers and in their social interactions in the business environment.

**Conducted by**: Department of Medical Education, one day programme comprising various lectures which will cover the important aspects of the soft skill development in Medical professionals.

**TARGET GROUP**: Interns and First-year post-graduate students

**DURATION:** 6hrs

**OUTCOME**: Soft skills empower our students to collaborate and work together in order to collectively meet Institutional goals and objectives. In turn, this leads to improved efficiency and heightened productivity.





### LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

Language is essentially a skill. Since language is a skill, it naturally comes under a psychomotor domain. Communication skills are the abilities you use when giving and receiving different kinds of information. Communication skills involve listening, speaking, observing, and empathizing. It is also helpful to understand the differences in how to communicate through face-to-face interactions, phone conversations, and digital communications like email and social media. This skill is essential, especially for students from various states of India who don't know the Local Language (Kannada), who will be trained here which help students to converse clearly with the patients.

**Conducted by:** Kannada & Kannada Culture Department

**TARGET GROUP**: First-year UG and PG students.

**DURATION**: 20 hrs (Weekly 2 Classes)

**OUTCOME**: Students will be able to understand and apply knowledge of Kannada language processes as they occur across various contexts, e.g., interpersonal, intrapersonal, small group, organizational, media, gender, family, intercultural communication, technologically-mediated communication, etc. from multiple perspectives.

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### **YOGA AND WELLNESS**

Yoga has been great art and science of healthy living This is one of the most ancient systems of Psychosomatic training known for human beings. Wellness is a process of achieving the full potential to enhance the higher quality of life experiences. It is relevant in the reduction of stress as well as to ensure positive health through multidimensional approaches based on sustainable principles and practices.

**Conducted by**: Yoga & Wellness department every day for one hour for 21 days (Yearly twice). TARGET GROUP: All undergraduates, post-graduate students, and faculty batch (1 batch 40 members).

#### TOTAL DURATION: 21 hrs

**OUTCOME**: Enable the student to have good health, possess emotional stability, integrate moral values, and attain a higher level of consciousness.





### **ANALYTICAL SKILLS**

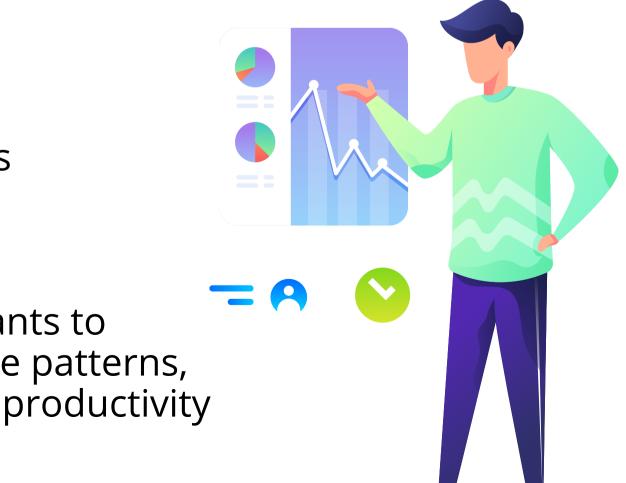
Analytical skills are important because they allow people to find solutions to various problems and make concrete decisions and action plans to solve those problems. They are important skills in all disciplines, ranging from data science, project management, marketing, law, medicine, scientific research, accounting, etc

**Conducted by**: Department of Medical Education, one day programme comprising 6 lectures which will cover the important aspects of the Analytical skill development in Medical professionals

**TARGET GROUP**: Interns and First-year post-graduate students

#### **DURATION:** 6hrs

**OUTCOME**: Analytical skills are the abilities that allow participants to collect, organize, visualize, and assimilate data. They let you see patterns, draw conclusions, and find solutions that can boost employee productivity and bottom-line performance.





### HUMAN VALUE DEVELOPMENTS

Basic human values refer to those values which are at the core of being human. The values which are considered basic inherent values in humans include truth, honesty, loyalty, love, peace, etc. because they bring out the fundamental goodness of human beings and society at large. Provides an understanding of attitudes, motivation, and behavior. Influences our perception of the world around us. Represents interpretation of "right and wrong" & provides a way to understand humans and organization.

**Conducted by**: Department of Medical Education

**TARGET GROUP**: UG, Interns, and postgraduate students.

#### **DURATION:** 6 hrs

**OUTCOME**: Understand the significance of value inputs in a classroom and start applying them in their life and profession. Distinguish between values and skills, happiness and accumulation of physical facilities, the Self and the Body, Intention, and Competence of an individual, etc. Understand the value of harmonious relationships based on trust and respect in their life and profession. Understand the role of a human being in ensuring harmony in society and nature. Distinguish between ethical and unethical practices, and start identifying a strategy to actualize a harmonious environment wherever they work.





### PERSONALITY AND PROFESSIONAL DEVELOPMENT

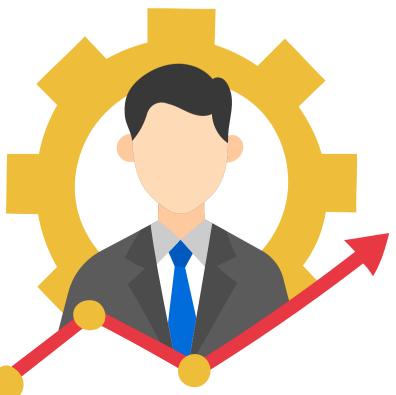
Personality development is really a felt need in our newly built tertiary care medical institution. There is a definite and vital role of professionalism based on personality development programs, especially in their early adjustment, understanding of the medical stream, and more importantly helping them to grow more effectively in all the spheres of life and to actualize their inherent potential.

**Conducted by:** Department of Medical Education

**TARGET GROUP**: Interns and post-graduate students.

#### **DURATION**: 6 hrs

**OUTCOME**: The implementation of a portfolio for the assessment of the Personality & Professional development domain in the medical program has proved to be an important part of the redeveloped curriculum. It has highlighted the importance of Personality & Professional development topics and has provided an opportunity and incentive for students to reflect on aspects of their personal and professional development, with the aim of improving their practice as doctors.





### **EMPLOYABILITY SKILL DEVELOPMENT**

Institution's doctors are required to possess the knowledge and skills for increasing the hospital's performance, competitiveness and advancement. Therefore, skills need to be updated with time. To inculcate the required skills in the institute's doctors there is a need for skill identification or skill evaluation mechanism, training programs, and the kind of motivation required at all the hierarchal levels of the employees along with the level of skill transfer at work, and evaluation of success or failure of the skill transfer program.

**Conducted by:** Department of Medical Education

**TARGET GROUP**: Interns and post-graduate students.

**DURATION**: 6 hrs

**OUTCOME**: Employability Skills are identified as one of the valuable policy tools to upgrade mobility and earnings

