



Government of India  
Ministry of Ayush, New Delhi  
BLDE (Deemed to be University), Vijayapura (ACCREDITED NAAC A GRADE)  
AND



Vedant Kesari Shri. Mallikarjun Gurudeva Tapovan Trust, Hulyal  
In collaboration with  
Morarji Desai National Institute Of Yoga Centre,  
New Delhi



## Report

**YOGOTSAV** at GOL GUMBAZ , Vijayapur

### Theme “Yoga For Disease Free Life And Healthy Ageing “

Morarji Desai National Institute of Yoga , New Delhi in collaboration with Centre for Yoga and Exercise Science, Department of Physiology BLDE(Deemed to be University) and Vedant Kesari Sri.Mallikarjun Tapovan trust, had organized the “YOGOTSAV” at GolGumbaz on 25<sup>th</sup> of April 2022 at 6:30 am.

The Theme of function was” Yoga for Disease free life and Healthy Ageing”.

The function was held in the august presence of Param Pujya Sri.Harshanand Swamiji of and Vedant Kesari Sri.Mallikarjun Tapovan trust, Hulyal. Param Pujya Sri.Harshanand Swamiji in their blessings impressed on joining of physical and mental body lead to successful life and that will be achieved by practice of yoga. Before getting any diseases we should practice yoga to prevent the non communicable diseases like BP and DM. Yoga is a gift from India to the world.

Superintendent of Police. Mr. H.D. Anand Kumar , Vijayapur honoured as chief guest. Dr.S.L Lakkanavr, District Surgeon and Dean faculty of Medicine , Principal Dr.Aravind V. Patil were guests of honour. Mr. H.D. Anand Kumar in their speech stressed about practical aspect of yoga how the yoga is beneficial to reduce physical, mental as well as psychological stress. Every one should practice yoga to be healthy.

The program was presided over by Honorable Vice Chancellor of BLDE(DU) Dr.R.S.Mudhol. VC in their presidential address assured to introduce yoga curriculum and degree courses in the University. Around 300 students, staff & others attended the programme

Dr.Jyoti Khodnapur, Co-ordinator , Center for yoga & exercise science, Department of Physiology, Sri M.P.Doddamani, Yoga instructor have demonstrated common yoga protocol developed by MDNIY including Yogasanas, Pranayama & Dhyana to the Participants.

Administrators of BLDE(DU) & Organizing Chairman, Prof and Head of department of Physiology BLDE(DU) Shri B M Patil Medical College,Dr.Sumangala M. Patil were also present during the function. Param Pujya Sri.Harshanand Swamiji of Hulyal, felicitated all the guests and organisers.

**Organizing Chairmam**  
**Dr.Sumangala Patil**

HOD, Department of Physiology

**Co-ordinator**  
**Dr.Jyoti Khodnapur**  
Asso Prof. Dept. of Physiology,  
Coordinator,  
CVES and ACYCP&R