

Government of India
Ministry of Ayush, New Delhi
BLDE (Deemed to be University), Vijayapura (ACCREDITED NAAC A GRADE)
In collaboration with
Morarji Desai National Institute Of Yoga Centre,
New Delhi



Report

International Day of Yoga 2022

Common Yoga Protocol Training for Medical Students

Theme: Yoga for Humanity

**Awareness campaign about benefits of Yoga on health among
Students/Faculty/Patients/Public**

The Centre for Yoga and Exercise Science, Department of Physiology, in collaboration with Morarji Desai National Institute Of Yoga Centre, Ministry Of Ayush, Government Of India.

We organized awareness campaign about benefits of Yoga on health among Students/ Faculty/ Patients/ Public through

1. You tube video streaming (Common Yoga Protocol) :
<https://www.youtube.com/watch?v=NVP9Ly9tLPk&t=1s>
2. You tube video streaming (Y Break): <https://www.youtube.com/watch?v=NVP9Ly9tLPk&t=1s>
3. Conducted Yogotsava countdown programme at Golgumbaz:
<https://www.youtube.com/watch?v=7FSYGykwNqs&t=1232s>
4. Organised guest lecture on Mudra Yoga:
<https://www.youtube.com/watch?v=mVnxgUI3QzE&t=4334s>
5. Through distribution of Charts and
6. Displayed standies at campus

Organizing Chairmam

Dr.Sumangala Patil

Prof and HOD, Department of
Physiology, Vice Principal Pre and Para
clinical

Co-ordinator

Dr.Jyoti Khodnapur

Asso Prof. Dept. of Physiology,
Coordinator,
CYES and ACYCP&R