



BLDE

(DEEMED TO BE UNIVERSITY)

Declared as Deemed to be University u/s 3 of UGC Act, 1956

The Constituent College

SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

Department of Physiology

Title of the Course: Yoga value added course

Time schedule for classes;Practical classes

Sl.No	Name of the Staff	Date	Hours	Demonstration & Practice of Yoga
01.	Dr.Sateesh.S.Patil	03-08-2020	1hr	Loosening Exercises (Shithilikarana Vyayama)
02.	Dr.Sanjay.M.Kadlimatti	05-08-2020	1hr	Suryanamaskara
		07-08-2020	1hr	Suryanamaskara
	Dr.Sateesh.S.Patil	10-08-2020	1hr	Suryanamaskara
03.	Dr.Sanjay.M.Kadlimatti	12-08-2020	1hr	Standing Posture Asanas
		14-08-2020	1hr	Standing Posture Asanas
	Dr.Sateesh.S.Patil	17-08-2020	1hr	Standing Posture Asanas
04.	Dr.Sanjay.M.Kadlimatti	19-08-2020	1hr	Sitting Posture Asanas
		20-08-2020	1hr	Sitting Posture Asanas
	Dr.Sateesh.S.Patil	24-08-2020	1hr	Sitting Posture Asanas
05.	Dr.Sanjay.M.Kadlimatti	26-08-2020	1hr	Prone Posture Asanas
		28-08-2020	1hr	Prone Posture Asanas
	Dr.Sateesh.S.Patil	29-08-2020	1hr	Prone Posture Asanas
06.	Dr.Sanjay.M.Kadlimatti	31-08-2020	1hr	Supine Posture Asanas
		02-09-2020	2hrs	Supine Posture Asanas
	Dr.Sateesh.S.Patil	03-09-2020		Supine Posture Asanas

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

BLDE (DU): Phone: +918352-262770, Fax: +918352-263303, Website: www.bldedu.ac.in, E-mail: office@bldedu.ac.in
College: Phone: +918352-262770, Fax: +918352-263019, E-mail: bmpmc.principal@bldedu.ac.in

REGISTRAR

BLDE (Deemed to be University)
Vijayapura-586103, Karnataka



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Theory Classes;

Sl.No	Name of the Staff	Date	Hours	Topic Covered
01.	Dr. Sateesh.S.Patil	01-07-2020	1hr	Introduction of Yoga
02.	Dr. Sanjay.M.Kadlimatti Theory Classes	02-07-2020	1hr	The Yogic Concept of Mind & Body
03.	Dr. Sanjay.M.Kadlimatti	08-07-2020	1hr	The Yogic Concept of Mind & Body
04.	Dr. Sateesh.S.Patil	09-07-2020	1hr	Streams of Yoga
05.	Dr. Sateesh.S.Patil	15-07-2020	1hr	Streams of Yoga
06.	Dr. Praveen.V.Toravi	16-07-2020	1hr	Difference b/w Yoga & Exercise
07.	Dr. Praveen.V.Toravi	22-07-2020	1hr	Yoga Diet
08.	Dr .Jyoti.Khodnapur	23-07-2020	1hr	Physiological of Asanas
09.	Dr. Sumangala.Patil	29-07-2020	1hr	Physiological of Pranayama
10.	Dr. Sanjay.M.Kadlimatti	30-07-2020	1hr	Physiological of Meditation

Dr.Jyoti Khodnapur

Co-ordinator

Dr.Sumangala Patil

Professor and HoD
Prof. and Head
Dept. of Physiology
BLDE(DU) Shri B.M.Patil Medical
College, Hospital & R.C.
Vijayapur-586103.

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

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REGISTRAR
BLDE (Deemed to be University)
Vijayapura-586103, Karnataka

Title of the Course: Yoga value added course
 Conducted by: Department of Physiology, BLDE(DU), Shri.B.M.Patil Medical college,
 hospital and research centre, Vijayapur
 Theory classes Attendance.

S.NO	NAME OF THE STUDENT	1	2	3	4	5	6	7	8	9	10	11	12	13
1	INAMDAR. SALWA ASHFAQE	P	P	P	P	P	P	P	P	P	P			
2	NANDA VITHAL .KURI	P	P	P	P	P	P	P	P	P	P			
3	ANITHA. BAJANTRI	P	P	P	P	P	P	P	P	P	P			
4	MAHE JABEEN. A. CHOUDHARI	P	P	P	P	P	P	P	P	P	P			
5	PAVITRA.D .BIRADAR	P	P	P	P	P	P	P	P	P	P			
6	KUMBAR RUSHIKESH LAXMAN	P	P	P	P	P	P	P	P	P	P			
7	MANE BHAKTI MADHUKAR	P	P	P	P	P	P	P	P	P	P			
8	TAMBE ROZINA RAFIQUE	P	P	P	P	P	P	P	P	P	P			
9	JOSHI GUNDU PANDITH. MILIND MUKUND	P	P	P	P	P	P	P	P	P	P			
10	SHRUTI SURESH GHANTEPPAGOL	P	P	P	P	P	P	P	P	P	P			
11	BAMNE ARBINA SALEEM	P	P	P	P	P	P	P	P	P	P			
12	SHRUTI SHANKAR GOUDA BIRADAR	P	P	P	P	P	P	P	P	P	P			
13	GAURANG SUDHIR DAMLE	P	P	P	P	P	P	P	P	P	P			
14	SRUSHTI PATIL	P	P	P	P	P	P	P	P	P	P			
15	TARANNUM HARUN RASHID	P	P	P	P	P	P	P	P	P	P			
16	CHAUDHARI PAYAL MANISH	P	P	P	P	P	P	P	P	P	P			
17	LAXMI SHIVAPUTRA MUDAGI	P	P	P	P	P	P	P	P	P	P			
18	PUJARI AISHWARYA YALLAPPA	P	P	P	P	P	P	P	P	P	P			
19	RAKESH .C. JAMAKHANDI	P	P	P	P	P	P	P	P	P	P			
20	ASHWINI .R.HUNASHIKATTI	P	P	P	P	P	P	P	P	P	P			
21	PRAJWAL IRESH KHUNE	P	P	P	P	P	P	P	P	P	P			
22	SACHIN .K. BIRADAR	P	P	P	P	P	P	P	P	P	P			
23	KALPESH .BHAUSAHEB. SUPEKAR.	P	P	P	P	P	P	P	P	P	P			
24	MANE AKSHATA ARUN	P	P	P	P	P	P	P	P	P	P			
25	SAMRIN NADAF	P	P	P	P	P	P	P	P	P	P			
26	MEGHA HEBBALATTI	P	P	P	P	P	P	P	P	P	P			
27	VINAYAK.DNYANESHWAR	P	P	P	P	P	P	P	P	P	P			
28	KRUTIKA. S. BIRADAR	P	P	P	P	P	P	P	P	P	P			
29	AISHWARYA.G. HUBBALLI	P	P	P	P	P	P	P	P	P	P			
30	MAHADEV .S.JOGAND	P	P	P	P	P	P	P	P	P	P			
31	PREETI .S. BANTHANAL	P	P	P	P	P	P	P	P	P	P			
32	MANOJ. C.LANGOTE	P	P	P	P	P	P	P	P	P	P			
33	ANKITA .A. GONASAGI	P	P	P	P	P	P	P	P	P	P			
34	BHAGYASHREE .B. DHARED	P	P	P	P	P	P	P	P	P	P			
35	NISHMATH .B.M	P	P	P	P	P	P	P	P	P	P			
36	POOJA .VISHNU. SURYAVANSHI	P	P	P	P	P	P	P	P	P	P			
37	SHILPA .K. SURYAVANSHI	P	P	P	P	P	P	P	P	P	P			
38	AMITH .G. R.	P	P	P	P	P	P	P	P	P	P			
39	KASTURI.K. HIREMATH	P	P	P	P	P	P	P	P	P	P			
40	GAYATRI .MISAL	P	P	P	P	P	P	P	P	P	P			
41	ARSHIYA ANAM .INAMDAR	P	P	P	P	P	P	P	P	P	P			
42	TILOTTAMA. SUNIL .APSINGEKAR	P	P	P	P	P	P	P	P	P	P			
43	MUSKAN .W.RISALDAR	P	P	P	P	P	P	P	P	P	P			
44	SIDDANGOUDA.G. PATIL	P	P	P	P	P	P	P	P	P	P			
45	SHAFIYA. KHANGAVI	P	P	P	P	P	P	P	P	P	P			
46	RESHMA .A. RATHOD	P	P	P	P	P	P	P	P	P	P			
47	ANKITA .HEMANT. PANDARE	P	P	P	P	P	P	P	P	P	P			
48	SONALI .GHATAGE	P	P	P	P	P	P	P	P	P	P			
49	SHWETA. SINDAGI	P	P	P	P	P	P	P	P	P	P			
50	SOUMYA.S. MADHVAI	P	P	P	P	P	P	P	P	P	P			

Title of the Course: Yoga value added course
 Conducted by: Department of Physiology, BLDE(DU), Shri.B.M.Patil Medical college,
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 Practical classes Attendance.

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27	VINAYAK.DNYANESHWAR	P	P	P	P	P	P	P	P	P	P	P	P	P
28	KRUTIKA. S. BIRADAR	P	P	P	P	P	P	P	P	P	P	P	P	P
29	AISHWARYA.G. HUBBALLI	P	P	P	P	P	P	P	P	P	P	P	P	P
30	MAHADEV .S.JOGAND	P	P	P	P	P	P	P	P	P	P	P	P	P
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38	AMITH .G. R.	P	P	P	P	P	P	P	P	P	P	P	P	P
39	KASTURI.K. HIREMATH	P	P	P	P	P	P	P	P	P	P	P	P	P
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50	SOUMYA.S. MADBHAVI	P	P	P	P	P	P	P	P	P	P	P	P	P

BLDE (Deemed to be University)

REGISTRAR OFFICE

DATE : 08/06/2020

INWARD No. 470/1

Phyl. 406B of 15 Dt. 5/6/20

BLDE (DU)

Shri B. M. Patil Medical College, Vijayapura



BLDE (DEEMED TO BE UNIVERSITY)

**SHRI.B.M.PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE,
VIJAYAPURA.**

Department of Physiology

Date: 5-6-2020

From
Professor and Head
Department of Physiology
BLDE (Deemed to be University)
Shri B.M.Patil Medical College, Hospital and Research Center
Vijayapura, Karnataka

To
The Registrar
BLDE (Deemed to be University)
Vijayapura, Karnataka

Subject: Regarding permission to start a new value added course titled- "*Yoga value added course*".

Respected Sir,

We would like to start a new value added course titled- "*Yoga value added course*" from this academic year (2019-20). So, we request you to kindly permit us to start the above mentioned value added course under the Department of Physiology.

Thanking you

Professor and Head
Department of Physiology

Prof. and Head

Dept. of Physiology

BLDE(DU) Shri B.M.Patil Medical
College, Hospital & R.C.
Vijayapura-586103.



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The Constituent College

SHRI. B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA
BLDE(DU)/REG/ VAC/2020-21/391 June 09, 2020

To,
The Prof. and HOD
Dept. of Physiology
BLDE(DU)'s Shri B. M. Patil Medical College,
Hospital and Research Centre,
Vijayapura

Sub: Permission to start a new Value Added Course titled "Yoga value added course" - Reg
Ref: Your Letter No. Phy/406B of 15 Dt 05/06/2020

Sir,

With reference to the subject and letter cited above, I am to inform you that, you are hereby permitted to start a new Value Added Course titled "Yoga value added course".

Further, you are informed to maintain the records as per the norms.

Thank You

REGISTRAR
REGISTRAR

BLDE (Deemed to be University)
Vijayapura-586103. Karnataka.

Copy to:

- The Dean, Faculty of Medicine & Principal
- The Dean, Faculty of Allied Health Sciences
- The Vice Principal (Academics)
- The Co-ordinator IQAC
- PS to the Hon'ble Vice-Chancellor

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

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BLDE (Deemed to be University)
Shri B. M. Patil Medical College, Hospital & Research Centre, Vijayapura

Certificate

This is to certify that Dr./Miss./Mrs./Mr. : Inamdar Salwa Ashfaq.....

has attended and completed successfully the necessary requisites of the **Value added course**
titled ".....YOGA COURSE....." conducted by

BLDE (DU)'s SBMPMC. This course was conducted for 26 hrs from 1-7-2020 to 3-9-2020.

Course Specific Co-ordinator

Course Co-ordinator

Dean Faculty of Medicine & Principal
PRINCIPAL

BLDE (Deemed to be University)
Shri B. M. Patil Medical College
Hospital & Research Centre,
VIJAYAPURA-586103.

