



BLDE

(DEEMED TO BE UNIVERSITY)

Declared as Deemed to be University u/s 3 of UGC Act, 1956

The Constituent College

SHRI B. M. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, VIJAYAPURA

Department of Physiology

Title of the Course: Yoga value added course

Time schedule for classes;Practical classes

Sl.No	Name of the Staff	Date	Hours	Demonstration & Practice of Yoga
01.	Dr.Sateesh.S.Patil	03-08-2020	1hr	Loosening Exercises (Shithilikarana Vyayama)
02.	Dr.Sanjay.M.Kadlimatti	05-08-2020	1hr	Suryanamaskara
	Dr.Sateesh.S.Patil	07-08-2020	1hr	Suryanamaskara
	Dr.Praveen.V.Toravi	10-08-2020	1hr	Suryanamaskara
03.	Dr.Sanjay.M.Kadlimatti	12-08-2020	1hr	Standing Posture Asanas
	Dr.Sateesh.S.Patil	14-08-2020	1hr	Standing Posture Asanas
	Dr.Praveen.V.Toravi	17-08-2020	1hr	Standing Posture Asanas
04.	Dr.Sanjay.M.Kadlimatti	19-08-2020	1hr	Sitting Posture Asanas
	Dr.Sateesh.S.Patil	20-08-2020	1hr	Sitting Posture Asanas
	Dr.Praveen.V.Toravi	24-08-2020	1hr	Sitting Posture Asanas
05.	Dr.Sanjay.M.Kadlimatti	26-08-2020	1hr	Prone Posture Asanas
	Dr.Sateesh.S.Patil	28-08-2020	1hr	Prone Posture Asanas
	Dr.Praveen.V.Toravi	29-08-2020	1hr	Prone Posture Asanas
06.	Dr.Sanjay.M.Kadlimatti	31-08-2020	1hr	Supine Posture Asanas
	Dr.Sateesh.S.Patil	02-09-2020	2hrs	Supine Posture Asanas
		03-09-2020		Supine Posture Asanas

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

BLDE (DU): Phone: +918352-262770, Fax: +918352-263303, Website: www.bldedu.ac.in, E-mail: office@bldedu.ac.in
College: Phone: +918352-262770, Fax: +918352-263019, E-mail: bmpmc.principal@bldedu.ac.in

REGISTRAR

**BLDE (Deemed to be University)
Vijayapura-586103, Karnataka**



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Theory Classes;

Sl.No	Name of the Staff	Date	Hours	Topic Covered
01.	Dr. Sateesh.S.Patil	01-07-2020	1hr	Introduction of Yoga
02.	Dr. Sanjay.M.Kadlimatti Theory Classes	02-07-2020	1hr	The Yogic Concept of Mind & Body
03.	Dr. Sanjay.M.Kadlimatti	08-07-2020	1hr	The Yogic Concept of Mind & Body
04.	Dr. Sateesh.S.Patil	09-07-2020	1hr	Streams of Yoga
05.	Dr. Sateesh.S.Patil	15-07-2020	1hr	Streams of Yoga
06.	Dr. Praveen.V.Toravi	16-07-2020	1hr	Difference b/w Yoga & Exercise
07.	Dr. Praveen.V.Toravi	22-07-2020	1hr	Yoga Diet
08.	Dr .Jyoti.Khodnapur	23-07-2020	1hr	Physiological of Asanas
09.	Dr. Sumangala.Patil	29-07-2020	1hr	Physiological of Pranayama
10.	Dr. Sanjay.M.Kadlimatti	30-07-2020	1hr	Physiological of Meditation

Dr.Jyoti Khodnapur

Co-ordinator

Dr.Sumangala Patil

Professor and HoD
Prof. and Head
Dept. of Physiology
BLDE(DU) Shri B.M.Patil Medical
College, Hospital & R.C.
Vijayapur-586103.

Smt. Bangaramma Sajjan Campus, B. M. Patil Road (Sholapur Road), Vijayapura - 586103, Karnataka, India.

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Vijayapura-586103, Karnataka

Title of the Course: Yoga value added course
 Conducted by: Department of Physiology, BLDE(DU), Shri.B.M.Patil Medical college,
 hospital and research centre, Vijayapur
 Theory classes Attendance.

S.NO	NAME OF THE STUDENT	1	2	3	4	5	6	7	8	9	10	11	12	13
1	INAMDAR. SALWA ASHFAQUE	P	P	P	P	P	P	P	P	P	P			
2	NANDA VITHAL .KURI	P	P	P	P	P	P	P	P	P	P			
3	ANITHA. BAJANTRI	P	P	P	P	P	P	P	P	P	P			
4	MAHE JABEEN. A. CHOUDHARI	P	P	P	P	P	P	P	P	P	P			
5	PAVITRA.D .BIRADAR	P	P	P	P	P	P	P	P	P	P			
6	KUMBAR RUSHIKESH LAXMAN	P	P	P	P	P	P	P	P	P	P			
7	MANE BHAKTI MADHUKAR	P	P	P	P	P	P	P	P	P	P			
8	TAMBE ROZINA RAFIQUE	P	P	P	P	P	P	P	P	P	P			
9	JOSHI GUNDU PANDITH. MILIND MUKUND	P	P	P	P	P	P	P	P	P	P			
10	SHRUTI SURESH GHANTEPPAGOL	P	P	P	P	P	P	P	P	P	P			
11	BAMNE ARBINA SALEEM	P	P	P	P	P	P	P	P	P	P			
12	SHRUTI SHANKAR GOUDA BIRADAR	P	P	P	P	P	P	P	P	P	P			
13	GAURANG SUDHIR DAMLE	P	P	P	P	P	P	P	P	P	P			
14	SRUSHTI PATIL	P	P	P	P	P	P	P	P	P	P			
15	TARANNUM HARUN RASHID	P	P	P	P	P	P	P	P	P	P			
16	CHAUDHARI PAYAL MANISH	P	P	P	P	P	P	P	P	P	P			
17	LAXMI SHIVAPUTRA MUDAGI	P	P	P	P	P	P	P	P	P	P			
18	PUJARI AISHWARYA YALLAPPA	P	P	P	P	P	P	P	P	P	P			
19	RAKESH .C. JAMAKHANDI	P	P	P	P	P	P	P	P	P	P			
20	ASHWINI .R.HUNASHIKATTI	P	P	P	P	P	P	P	P	P	P			
21	PRAJWAL IRESH KHUNE	P	P	P	P	P	P	P	P	P	P			
22	SACHIN .K. BIRADAR	P	P	P	P	P	P	P	P	P	P			
23	KALPESH .BHAUSAHEB. SUPEKAR.	P	P	P	P	P	P	P	P	P	P			
24	MANE AKSHATA ARUN	P	P	P	P	P	P	P	P	P	P			
25	SAMRIN NADAF	P	P	P	P	P	P	P	P	P	P			
26	MEGHA HEBBALATTI	P	P	P	P	P	P	P	P	P	P			
27	VINAYAK.DNYANESHWAR	P	P	P	P	P	P	P	P	P	P			
28	KRUTIKA. S. BIRADAR	P	P	P	P	P	P	P	P	P	P			
29	AISHWARYA.G. HUBBALLI	P	P	P	P	P	P	P	P	P	P			
30	MAHADEV .S.JOGAND	P	P	P	P	P	P	P	P	P	P			
31	PREETI .S. BANTHANAL	P	P	P	P	P	P	P	P	P	P			
32	MANOJ. C.LANGOTE	P	P	P	P	P	P	P	P	P	P			
33	ANKITA .A. GONASAGI	P	P	P	P	P	P	P	P	P	P			
34	BHAGYASHREE .B. DHARED	P	P	P	P	P	P	P	P	P	P			
35	NISHMATH .B.M	P	P	P	P	P	P	P	P	P	P			
36	POOJA .VISHNU. SURYAVANSHI	P	P	P	P	P	P	P	P	P	P			
37	SHILPA .K. SURYAVANSHI	P	P	P	P	P	P	P	P	P	P			
38	AMITH .G. R.	P	P	P	P	P	P	P	P	P	P			
39	KASTURI.K. HIREMATH	P	P	P	P	P	P	P	P	P	P			
40	GAYATRI .MISAL	P	P	P	P	P	P	P	P	P	P			
41	ARSHIYA ANAM .INAMDAR	P	P	P	P	P	P	P	P	P	P			
42	TILOTTAMA. SUNIL .APSINGEKAR	P	P	P	P	P	P	P	P	P	P			
43	MUSKAN .W.RISALDAR	P	P	P	P	P	P	P	P	P	P			
44	SIDDANGOUDA.G. PATIL	P	P	P	P	P	P	P	P	P	P			
45	SHAFIYA. KHANGAVI	P	P	P	P	P	P	P	P	P	P			
46	RESHMA .A. RATHOD	P	P	P	P	P	P	P	P	P	P			
47	ANKITA .HEMANT. PANDARE	P	P	P	P	P	P	P	P	P	P			
48	SONALI .GHATAGE	P	P	P	P	P	P	P	P	P	P			
49	SHWETA. SINDAGI	P	P	P	P	P	P	P	P	P	P			
50	SOUMYA.S. MADHVAI	P	P	P	P	P	P	P	P	P	P			

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36	POOJA .VISHNU. SURYAVANSHI	P	P	P	P	P	P	P	P	P	P	P	P	P
37	SHILPA .K. SURYAVANSHI	P	P	P	P	P	P	P	P	P	P	P	P	P
38	AMITH .G. R.	P	P	P	P	P	P	P	P	P	P	P	P	P
39	KASTURI.K. HIREMATH	P	P	P	P	P	P	P	P	P	P	P	P	P
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